Keeping Your Pet Fit:
Food and Play

What can you do to help keep pets healthy?


## What do dogs and cats eat?



## How much should they eat?



## All pets don't need the same amount



## A cup is not always a cup

Demonstration: Measuring cup, coffee can, dry beans or kibble, 2 food bowls


## How much do we want?



## Pets need exercise too!



Are these pets overweight?


How can you tell if
your pet needs to lose weight?


## Practice

- Interactive: have them measure our a cup and can of food and put them in the food bowls
- Dog food bag: point to where it says how much to feed the dog


Questions


