**PROGRAM PC-A**

Primary Care Setting

Managing Withdrawal

Clonidine- anxiety

Initial, 0.1 to 0.2 mg/dose orally 2 to 4 times daily, increasing to a MAX of about 1 mg/day. Adjust based on response. Taper and discontinue 7 to 10 days after cessation of opioids. Withhold or reduce for excessive hypotension.

Hydroxyzine- for anxiety or sleep

 25-50mg po q 6 hours for anxiety or insomnia

Loperamide- for diarrhea

 4 mg ORALLY followed by 2 mg after each loose stool up to a maximum of 16 mg/day

Promethazine- for nausea

25mg po then doses of 12.5 to 25 mg orally may be repeated every 4 to 6 hours as needed.

Trazadone- for sleep

 50-100mg po q hs for sleep

Tylenol or NSAIDS- for MS pain