Nitazenes: potent synthetic opioids

December 10th, 2025

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No financial conflicts of interests

Brian is the Immediate-Past President of the American Society of Addiction Medicine, so comments on topics involving ASAM may be biased towards ASAM





Summary



- Nitazenes are a class of very high potency opioids
- First synthesized in 1950s, emerged in the illicit US drug supply in 2019
- LA County have one confirmed nitazene fatality in April 2024, but no significant signal of nitazene involved overdoses from LA County medical examiner
- Opioid overdose involving nitazenes can be reversed by naloxone but may require multiple doses.



Pharmacology



- Nitazenes: potent activator of μ-opioid receptor
- Potency: some nitazenes have greater potency than fentanyl
 - Protonitazene has 3x the potency of fentanyl
- Increase risk of fatal respiratory arrest at small doses
- Not detected on routine drug testing requires laboratory testing



Common nitazene analogs



- Frequent analogs in reports: isotonitazene, butonitazene, protonitazene, metonitazene, etonitazene.
- Detected forms: powders and counterfeit pills (pressed as oxycodone/oxycodone/benzodiazepines), vape liquids, and nasal sprays
- Supply sources: illicit synthesis and diversion in illicit drug supply



Nitazene Overdose



- Nitazenes can cause opioid overdose: Respiratory depression, constricted pupils, decreased consciousness
- Naloxone and nalmafene: effective, but repeated doses may be required as compared with lower potency opioid exposures.
- Supportive care: airway control, ventilation, continuous monitoring (given long or variable metabolite activity).



Public health risks



- High overdose risk among people using counterfeit pills or using multiple types of substances.
- Overdose risk increased by:
 - Use alongside sedatives or stimulants
 - Variable potency across batches
- Public health interventions include naloxone distribution, drug checking services, availability of medications for opioid use disorder and treatment services



References



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- DEA press release (Nov 22, 2024).
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- LA County Public Health reports on fentanyl and overdose trends (2015–2024).



For More Information



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