

Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development

Sponsored By:

LA County Department of Public Health, Substance Abuse Prevention and Control (SAPC)
UCLA Integrated Substance Abuse Programs
Pacific Southwest Addiction Technology Transfer Center

Hosted By:

Phoenix House



Date and Time:	Tuesday, October 4, 2016, 9:00 a.m. – 4:30 p.m. Sign-in will begin at 8:30 a.m. and the training will begin promptly at 9:00 a.m.
Location and Parking Information:	Phoenix House 11600 Eldridge Ave Lake View Terrace, CA 91342 Parking is available in the lot in front of the facility.
Who Should Attend:	This six-hour training is free and is open to staff who are interested in providing Cognitive Behavioral Therapy and Relapse Prevention, including: <ul style="list-style-type: none"> • Psychologists • LMFTs and LCSWs • Registered Nurses • Certified Substance Use Disorder Treatment Counselors • Other Behavioral Health Specialists/Clinicians • Clinical Supervisors/Clinical Trainers are encouraged to attend, as well, in preparation for future Training of Trainer sessions
Training Description and Core Clinical Components:	Motivational interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. Following a brief review of the fundamental MI principles and micro-skills, this experiential MI Skill Development training will focus on helping clients to engage in change talk, and then make commitments to make behavioral changes based on goals that they have identified. Ample time will be devoted to role play practice to enable participants to gain skills necessary to elicit change talk from clients with low levels of readiness for change, thereby increasing levels of motivation and moving them toward action to address their substance use issues.
<u>Prerequisites</u>	**IMPORTANT** In order to attend this in-person training session, you must first complete a pre-requisite online course, even if you have participated in MI training in the past. Enrollment information for the self-paced, online course, entitled A Tour of Motivational Interviewing, is available at: http://tinyurl.com/hbenh3g . This 4-hour self-paced course can be completed free of charge; CE credit is available for a nominal fee of \$20. After completing the online course, you will receive a certificate of completion that you must submit to UCLA ISAP as part of the training registration process. If you have any issues locating your certificate or completing the course, please contact the HealthEKnowledge support center at 888-998-6028. Please note: You will not be confirmed to attend this in-person training, nor will you receive a confirmation email, until your online MI course certificate of completion has been submitted to Shannon Berteau (sberteau@mednet.ucla.edu).

<p>Learning Objectives:</p>	<p>At the conclusion of the MI Skill Development training session, participants should be able to:</p> <ol style="list-style-type: none"> 1. Define at least three (3) key principles of Motivational Interviewing that can be utilized with clients. 2. Compare the effectiveness of Motivational Interviewing to traditional medical approaches to counseling clients with substance use problems. 3. Describe and demonstrate the effective delivery of at least three MI micro-skills that be used to help clients increase motivation for substance use related changes. 4. Explain how to apply Motivational Interviewing techniques in typical circumstances encountered in behavioral health treatment.
<p>Trainer:</p>	<p>Andrew Kurtz, MA, MFT, UCLA Integrated Substance Abuse Programs</p>
<p>Continuing Education:</p> 	<p>The training course meets the qualifications for the provision of six (6) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N-00-445-1117), CATCs (ACCBC/CAADE, #CP 20 872 C 0819), and CAODCs (CADTP, #151). Provider approved by the California Board of Registered Nursing, Provider #15455, for six (6) contact hours.</p> <p>CE credit will be awarded at the conclusion of the training. Partial credit will not be available for those participants who arrive late or leave early.</p> <p>Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program: Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing (UCLA ISAP, 11075 Santa Monica Boulevard, Suite 200, Los Angeles, CA 90025) or by phone (310-267-5397).</p>

**Motivational Interviewing Training
Tuesday, October 4, 2016
Registration Form**

Phoenix House
11600 Eldridge Ave, Lake View Terrace, CA 91342

Seating is limited to 40 participants; to allow the training to be accessible to all interested agencies, a per agency cap may be applied. Please RSVP to Shannon Berteau by **Friday, September 30, 2016. To register online, please visit www.uclaisap.org/sapc-laces. To register by e-mail, please complete the bottom portion of this page and send it to sberteau@mednet.ucla.edu. To register by fax, complete the bottom portion of this page and fax it to Shannon's attention at (310) 312-0538. Registrations will be accepted on a first-come, first-served basis. You will be notified if space has been reserved for you upon receipt of your registration form. If completing this form by hand, please print clearly. Contact Jessica Sinks by phone (310) 267-5399 or e-mail (jsinks@mednet.ucla.edu) if you have questions, special needs, or need additional information to register for this training.

****REGISTRATIONS WILL NOT BE ACCEPTED WITHOUT PREREQUISITE COMPLETION****

First and Last Name:		
Position/Title:		
Agency Name:		
Mailing Address:		
City:	State:	Zip Code:
Phone Number:		Fax Number:
E-mail Address:		
Type (s) of continuing education credit needed*:		License or Certification Number**:

*Continuing education choices include: **RADT I/II, CADC-CAS, CADC I/II, CADC-CS, LAADC** (CCAPP); **CATC** (ACCBC/CAADE); **CAODC** (CADTP); **LMFT, LPCC, LEP, LCSW** (CA BBS); **Psychologist** (APA); and **Registered Nurse** (CA BRN).

**License number is required for participating licensed psychologists and registered nurses.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Jessica Sinks at (310) 267-5399, jsinks@mednet.ucla.edu by Sept 30.

Refund/Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Shannon Berteau by phone (310-267-5398) or email (sberteau@mednet.ucla.edu).