

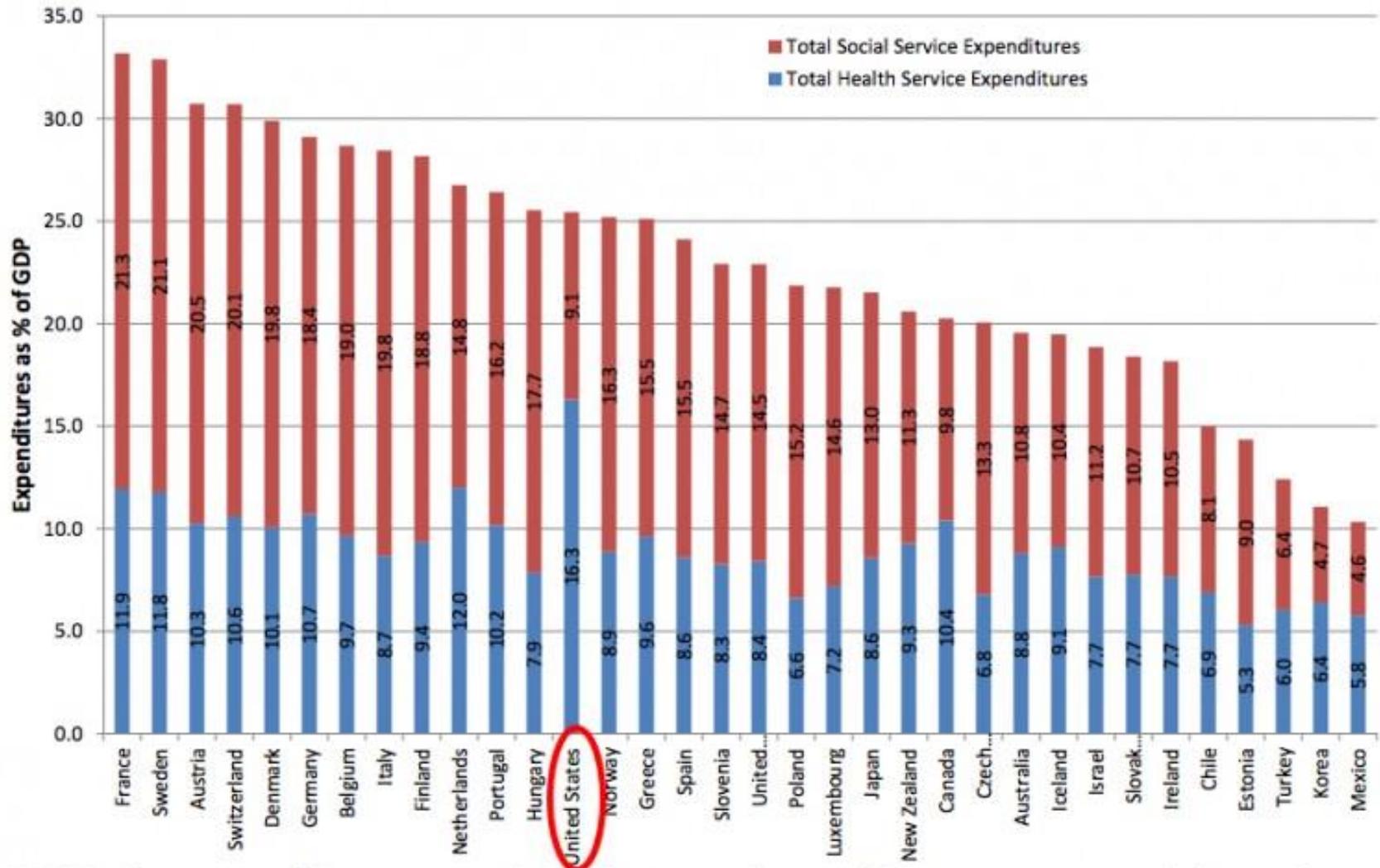
HEALTHY AGING: EMERGING ISSUES

LAACHA

W. June Simmons, CEO
Partners in Care Foundation
April 21, 2014



Total health care investment in US is *less*



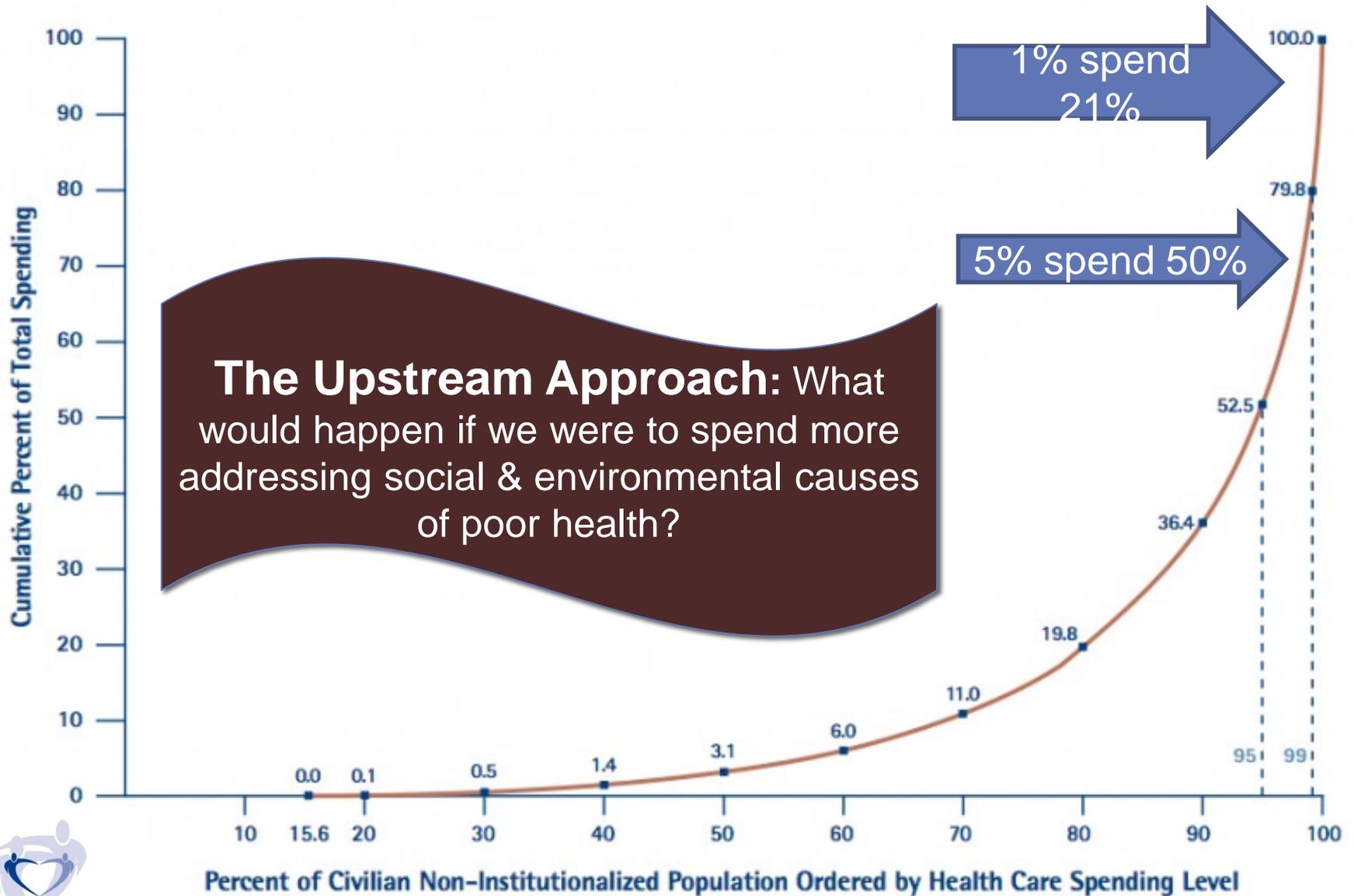
In OECD, for every \$1 spent on health care, about \$2 is spent on social services
 In the US, for \$1 spent on health care, about 55 cents is spent on social services

Social Factors and Health Outcomes

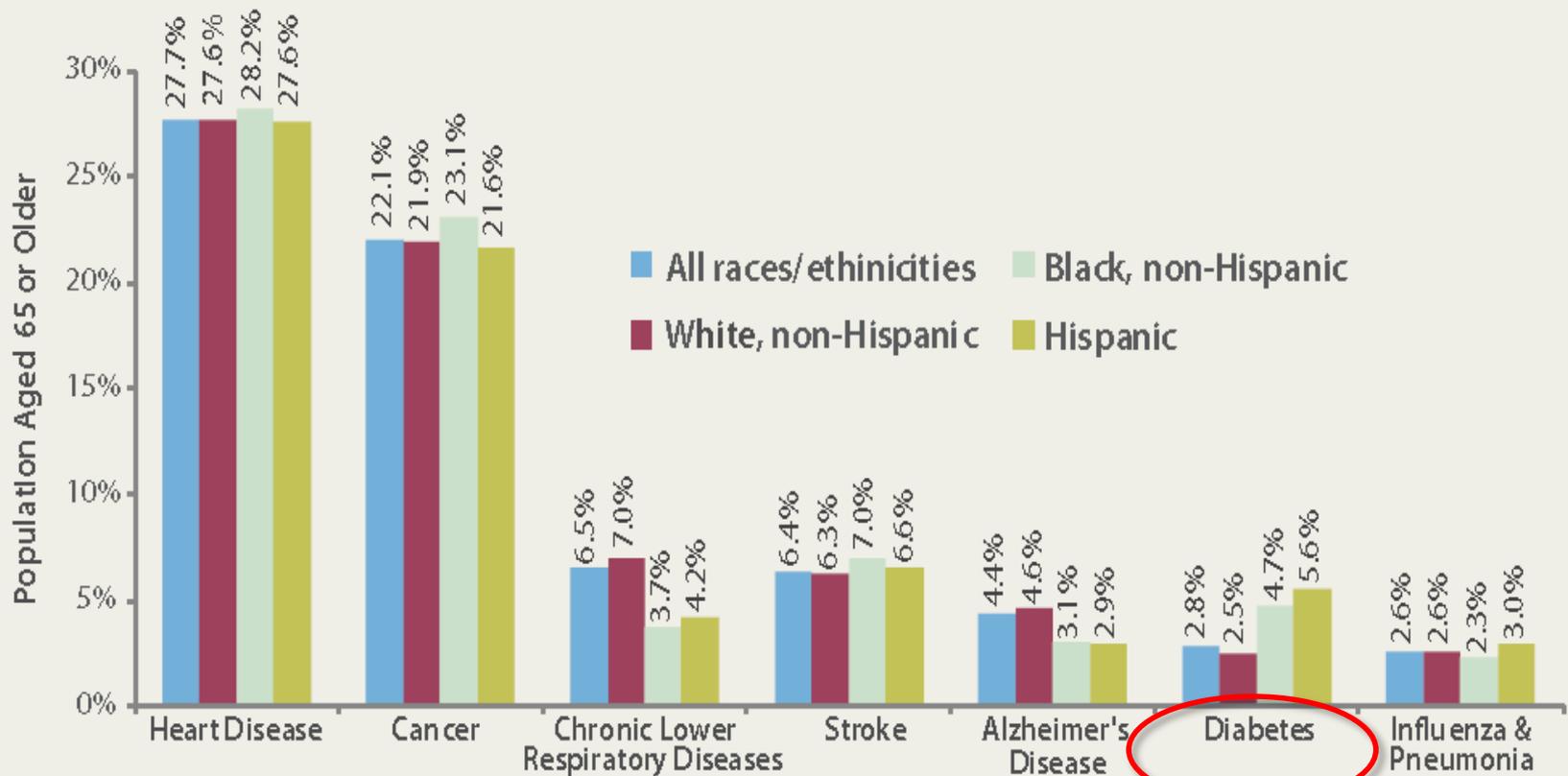
Societal-level social determinants have individual-level impact

Issue	Outcome
Low education, lack of social support, and social exclusion	Poor self-management and reduced care plan adherence
Housing and transportation issues	Increased health care costs and utilization
Health disparities and psychosocial issues	Preventable hospitalizations and mortality

FIGURE 3. DISTRIBUTION OF HEALTH CARE SPENDING, 2008

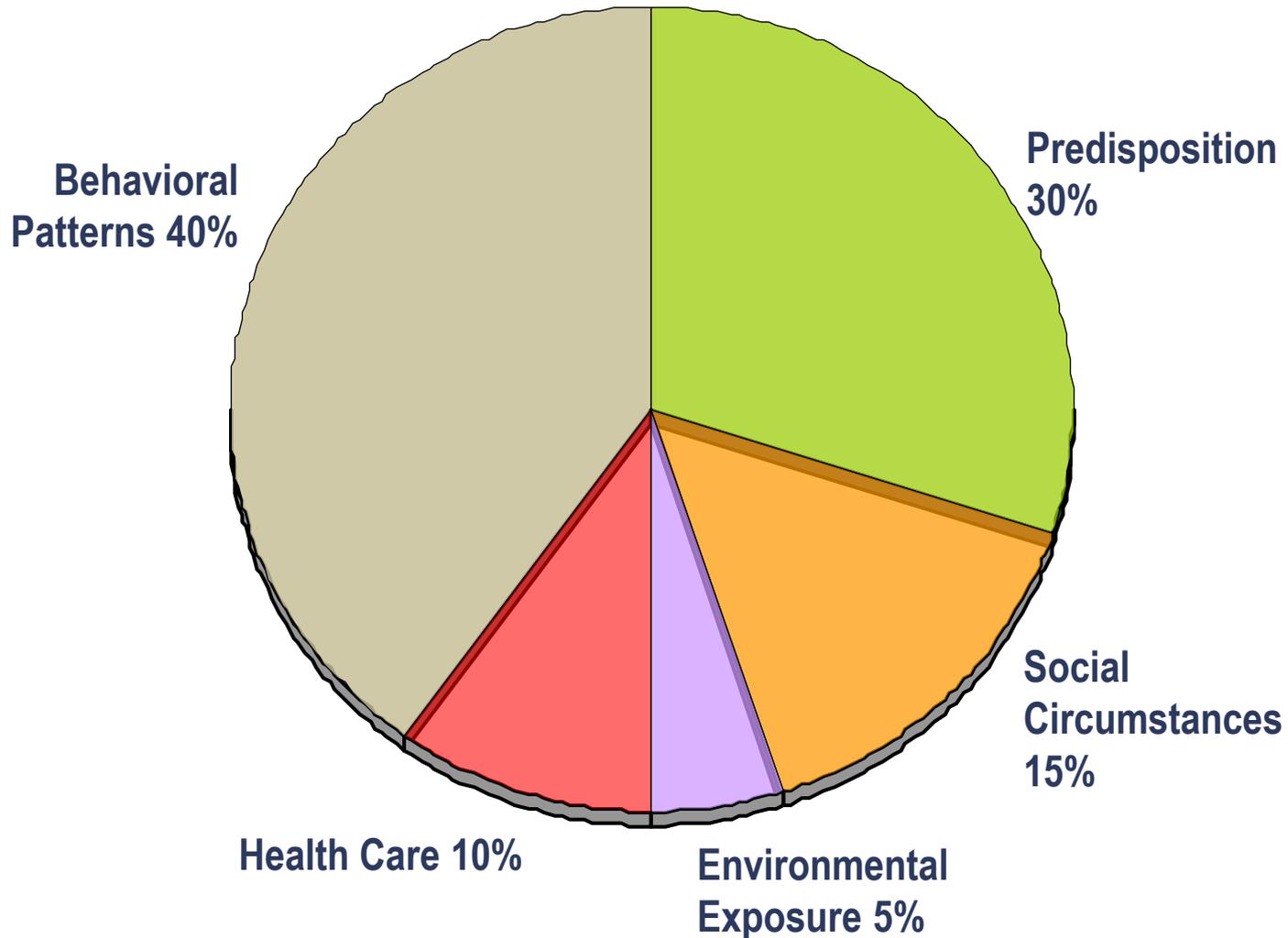


The Burden of Chronic Disease

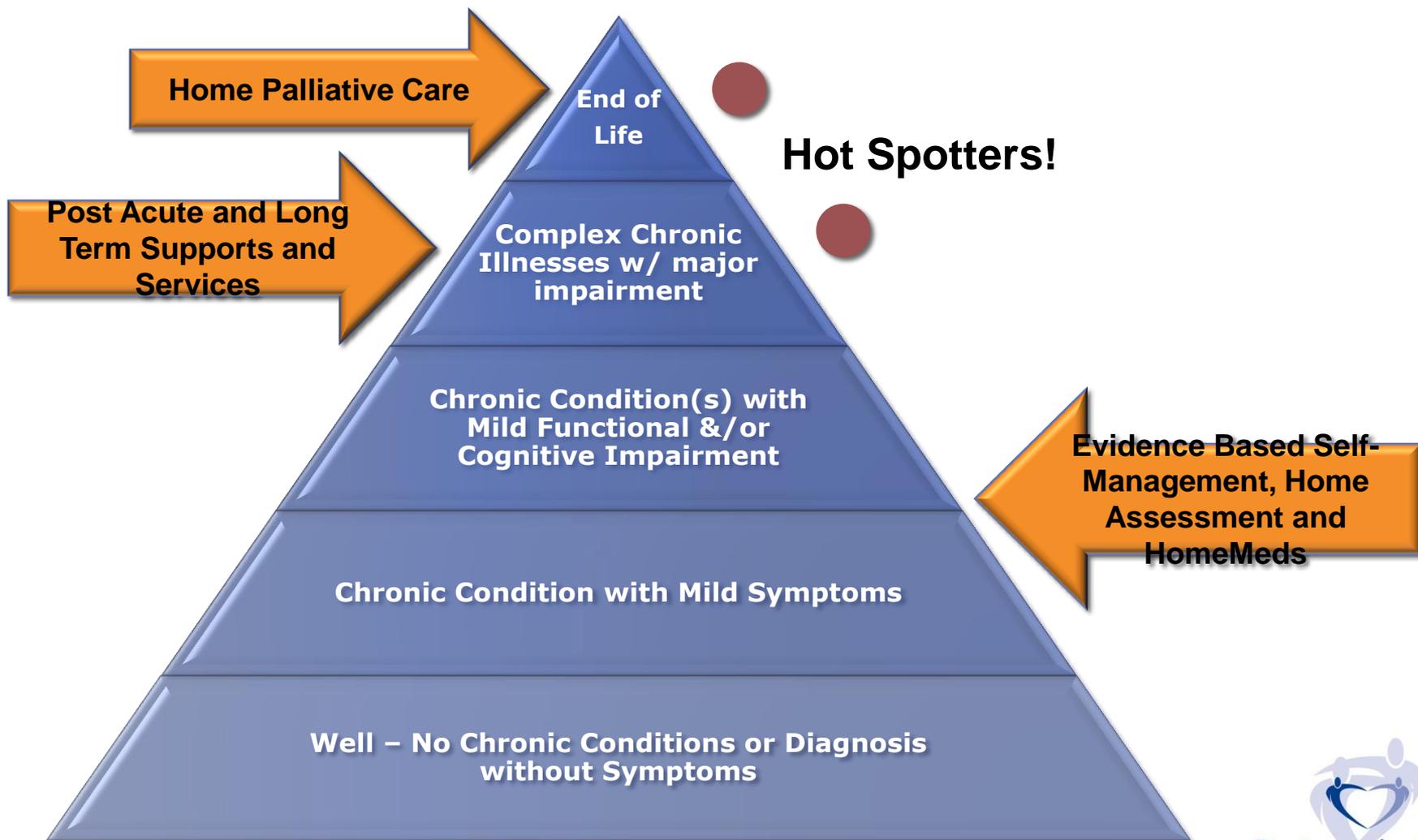


Source: CDC, National Center for Health Statistics. National Vital Statistics System, 2007–2009.

Determinants of Health & Contribution to Premature Death



Targeted Patient Population Management with Increasing Disease/Disability



Building Our New Care Model: Focus Areas

Evidence Based Self-Management	Assessments, Care Coordination & Coaching	Efficient Delivery System Provider Networks
Chronic Disease	HomeMeds	Evidence-Based Leadership Council
Chronic Pain	Adult Day/CBAS Assessment	Care Coordination Network
Diabetes (billable)	Home Safety Evaluation	Care Transitions Provider Network
A Matter of Balance	Home Palliative Care	
Savvy Caregiver	Short & Long-Term Care & Service Coordination	
Powerful Tools for Caregivers	Care Transitions Interventions	
Arthritis Foundation Exercise & Walk with Ease		
UCLA Early Memory Loss		

Some Leading Evidence-Based Programs

SELF-MANAGEMENT

- Chronic Disease Self-Management
- Tomando Control de su Salud
- Chronic Pain Self-Management
- Diabetes Self-Management Program

PHYSICAL ACTIVITY

- Enhanced Fitness & Enhanced Wellness
- Healthy Moves
- Fit & Strong
- Arthritis Foundation Exercise Program
- Arthritis Foundation Walk With Ease Program
- Active Start
- Active Living Every Day

MEDICATION MANAGEMENT

- HomeMeds

FALL RISK REDUCTION

- Stepping On
- Tai Chi Moving for Better Balance
- Matter of Balance

DEPRESSION MANAGEMENT

- Healthy Ideas
- PEARLS

CAREGIVER PROGRAMS

- Powerful Tools for Caregivers
- Savvy Caregiver

NUTRITION

- Healthy Eating

DRUG AND ALCOHOL

- Prevention & Management of Alcohol Problems



The Imperative

- Critical to invest in solutions:
 - The social determinants of health
 - Prevention
 - Care coordination
- It takes a village
 - Need interorganizational teams to meet the needs of increasingly complex, older patient populations
 - Responsibility cannot solely reside with the physician
- To meet this imperative, we must partner



LAACHA is the way!

Table Discussion

- How do **we**, as members of LAACHA, move forward as an alliance to work **together** to increase the reach of effective, evidence-based community health interventions? (Specific ideas)
- What resources will be necessary to achieve **our** endeavor?