



**Countywide Information**  
& Referrals: **(800) 510-2020**  
Elder & Dependent Adult  
Abuse: **(877) 4-R-SENIORS**



**LA City Information**  
& Referrals: **(800) 510-2020**



**LA Healthline**  
Services and information that  
can help LA County residents  
stay healthy! **(800) 793-8090**



Find community resources near  
you! <https://www.1degree.org/la>



Join  **ACL** &  **AeA** in celebrating  
**OLDER AMERICANS MONTH 2018:**  
**ENGAGE AT EVERY AGE!**

Here's how to get involved:



**SOCIAL MEDIA**

Join the selfie challenge & use  
**#OAM18** throughout your  
social networks!



**HOST AN EVENT**

Make it a celebration!  
Celebrate – Educate - Volunteer



**SHARE STORIES**

Engage & connect to others  
through storytelling.

For more info, visit: <https://oam.acl.gov/>