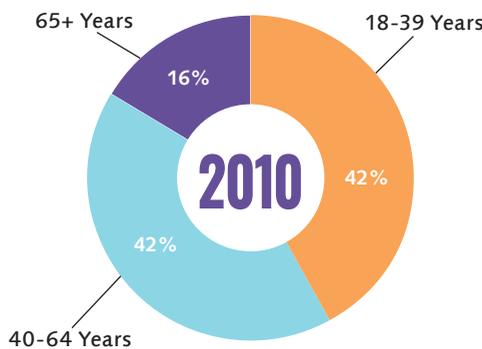
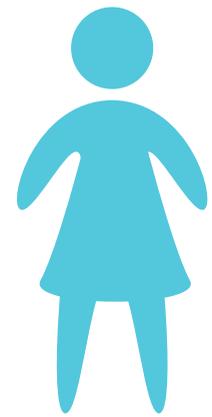
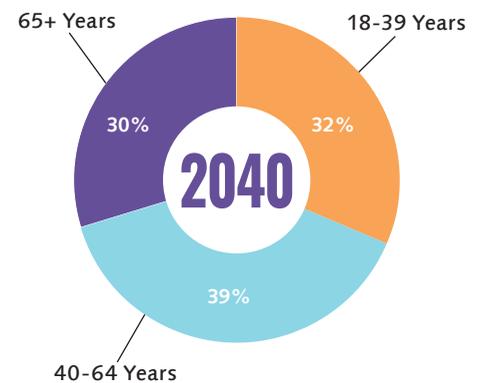


HEALTHY AGING AMONG LA COUNTY WOMEN

As the population of women over age 65 increases and becomes more diverse, expanded efforts to promote healthy aging are vital to meet their changing needs.

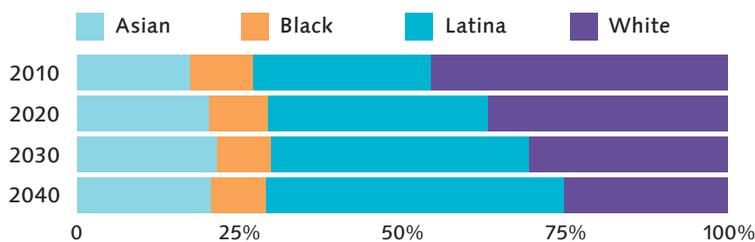


The proportion of women ages 65+ is expected to almost **DOUBLE** from 2010 to 2040¹



The Diversity of Older Women (65+ Years)

By 2040, over **3 in 4** women will be women of color, creating a greater need for culturally diverse services¹



The Growing Disease Burden

Alzheimer's Disease is now the 3rd leading cause of death among women²

1 in 2 women ages 65+ are at risk for heart disease³



Planning Ahead: Key Areas of Concern

To support wellness and longevity for women as they age, expansion and improvement of key services for older adults are needed.



Increased diversity in health care workforce



More culturally responsive chronic disease prevention & management efforts



More geriatricians & providers trained to meet the needs of the aging population



Increased supportive services for caregivers

1. CA Department of Finance Population Projections, 2010-2060. 2. Office of Health Assessment and Epidemiology Mortality Data, 2013. 3. LA County Health Survey, 2015.