

# ECONOMIC SECURITY AND HEALTH AMONG LA COUNTY WOMEN



Economic security increases access to resources that promote health and reduce stress.

Women living in poverty are **4x** more likely to report having **fair or poor health**<sup>1</sup>

compared to those with higher income (≥300% FPL).

## Racial & Ethnic Disparities

	AI/AN*	ASIAN	BLACK	LATINA	NHOPI**	WHITE
Percent of females (all ages) living in poverty <sup>2</sup>	27.0%	13.3%	22.8%	22.0%	13.0%	10.6%
Annual median earnings for women (16+ Years) <sup>2</sup>	\$36k	\$50k	\$37k	\$30k	\$41k	\$61k
Percent of unemployed women (20-64 years) <sup>2</sup>	5.0%	3.3%	6.4%	4.7%	4.1%	4.2%

\* American Indian/Alaska Native

\*\* Native Hawaiian and other Pacific Islander

## Gender Disparities

About **26%** of single female-headed households live in poverty, compared to **20%** of single male-headed households.<sup>2</sup>

Among older adults (65+ years), **15%** of women live in poverty compared to **11%** of men.<sup>2</sup>

## How to Improve Economic Security

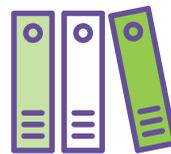
Implementation of multi-pronged strategies could have a substantial impact on improving the economic conditions, health status and life expectancy of LA County women.



Raise Minimum Wage



Gender Pay Equity



Improve PreK-12 Education



Public Assistance Programs

Source: 1. Los Angeles County Health Survey, 2015; 2. US Census Bureau, 2016 American Community Survey

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