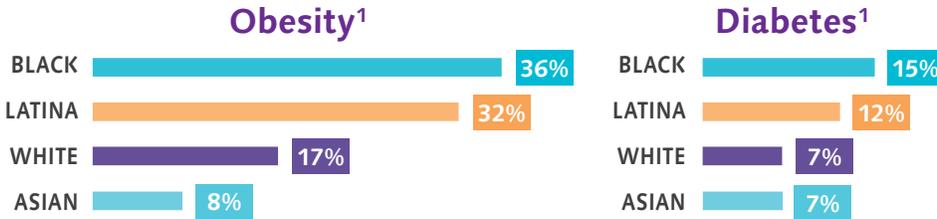
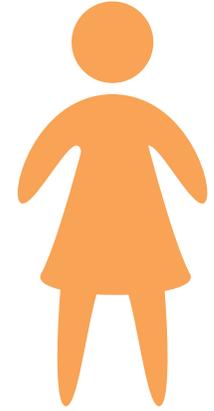


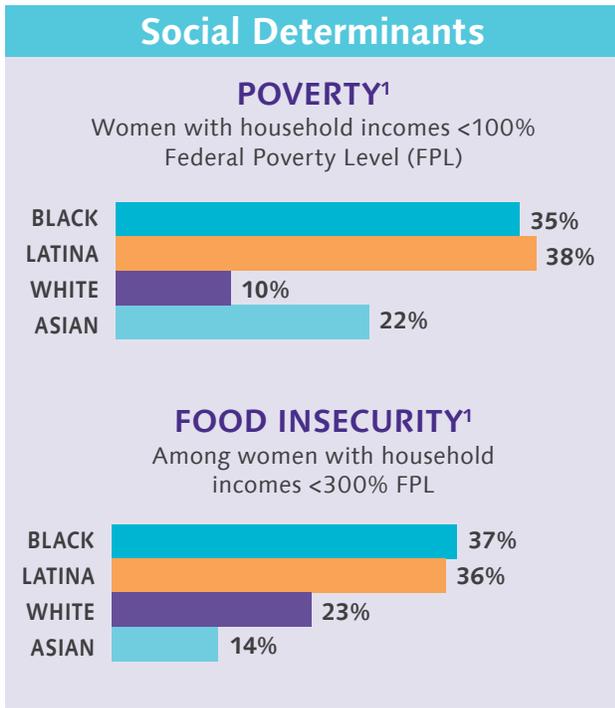
# OBESITY AND DIABETES AMONG LA COUNTY WOMEN

Significant disparities in obesity and diabetes exist among women in LA County.



Black women and Latinas are disproportionately affected.

## Contributors To Disparities In Obesity And Diabetes



Social, economic and environmental circumstances that lead to stress, such as poverty and food insecurity, are driving the obesity and diabetes epidemics among women. To improve health and well-being, multifactorial strategies are needed, such as access to low-cost healthy food and safe places to be physically active.

1. LA County Health Survey, 2015. 2. California Health Interview Survey, 2013-14.