

LOS ANGELES COUNTY WOMEN'S HEALTH
EQUITY COALITION 2025 CONFERENCE

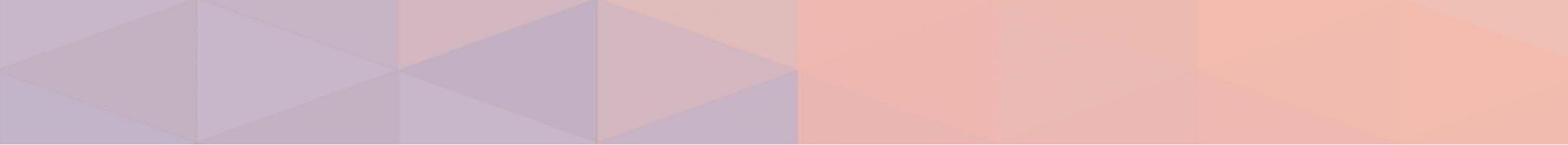
REPRODUCTIVE JUSTICE AND COMMUNITY RESISTANCE IN LOS ANGELES COUNTY



THURSDAY MARCH 20, 2025. | 9:30 AM - 2:30 PM

📍 LA LGBT CENTER | 1118 N. MCCADDEN PL. LOS ANGELES, 90038

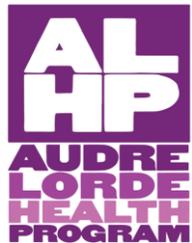




Welcome

*Susie Baldwin, MD, MPH Office of
Women's Health, LA County
Department of Public Health*

Los Angeles County Women's Health Equity Coalition



Thank you to our
SPONSORS



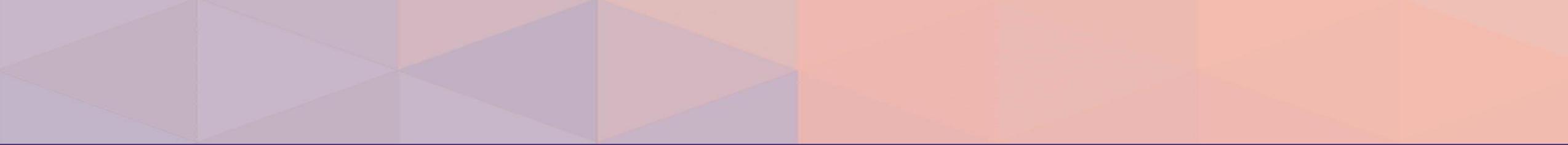
Special Thanks To

Office of Holly J. Mitchell, Los Angeles County Supervisor, District 2

- Yolanda Vera, Senior Health Deputy
- Victoria Gomez, Deputy, Health and Wellness

Office of Lindsey P. Horvath, Los Angeles County Supervisor, District 3

- Aaron Fox, Deputy for Health and Special Projects



Congressmember Laura Friedman

California's 30th Congressional District

Opening Remarks

Lindsey P. Horvath

Los Angeles County Supervisor

Los Angeles County Supervisor District 3

[Opening Remarks](#) (Video)

Emerging Issues in a Changing Political Landscape

Presented by

Celinda Vázquez (she/her), Planned Parenthood Los Angeles

Dipti Singh (she/her), Planned Parenthood Pasadena and San Gabriel Valley

Terra Russell-Slavin (she/they), LA LGBT Center

Connie Chung Joe (she/her), Asian Americans Advancing Justice Southern California

Sylvia Castillo (she/her), California Coalition for Reproductive Freedom

Celinda Vázquez

Planned Parenthood Los Angeles

“Reproductive Health: Federal Policy”

Q & A



Dipti Singh, JD

Planned Parenthood Pasadena and San Gabriel Valley

“U.S. Supreme Court Cases: An Overview”

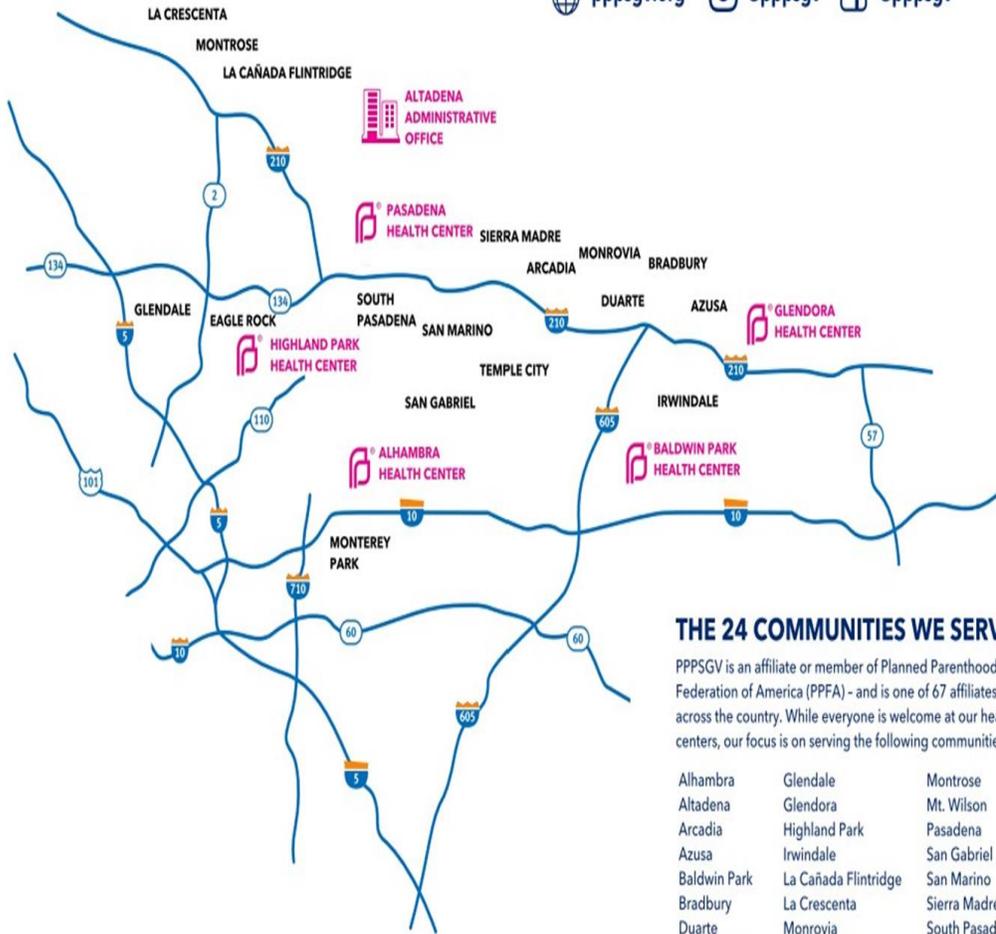
U.S. Supreme Court Cases: An Overview

Los Angeles County Women's Health Equity Coalition
Conference, March 20, 2025
Dipti Singh | she/her
Chief Legal Officer



Planned Parenthood Pasadena & San Gabriel Valley (PPPSGV) provides sexual and reproductive health care services, education in and outside of the classroom, and advocates for equitable health care for the communities it serves.

pppsgv.org @pppsgv @pppsgv



THE 24 COMMUNITIES WE SERVE

PPPSGV is an affiliate or member of Planned Parenthood Federation of America (PPFA) - and is one of 67 affiliates across the country. While everyone is welcome at our health centers, our focus is on serving the following communities:

Alhambra	Glendale	Montrose
Altadena	Glendora	Mt. Wilson
Arcadia	Highland Park	Pasadena
Azusa	Irwindale	San Gabriel
Baldwin Park	La Cañada Flintridge	San Marino
Bradbury	La Crescenta	Sierra Madre
Duarte	Monrovia	South Pasadena
Eagle Rock	Monterey Park	Temple City

Some of our Medical Services Include:

- Birth Control Options
- STI Testing & Treatment
- Pregnancy Tests
- Abortion Services
 - TeleMAB
- Options Counseling
- Cancer Screenings
 - Cytology (Pap Test)
 - Breast Exams
 - Mammograms
 - Testicular Exams
- Special Procedures
 - Biopsy
 - Colposcopy
 - LEEP
- HPV Vaccine
- Infection Checks
- Emergency Contraception
- FREE Condoms
- PEP/PrEP
- Gender Affirming Care
- Mental Health

THE SUPER SIMPLE LITIGATION FLOWCHART

3 THE COURT OF LAST RESORT

The highest court that can hear a case offers litigants a **final chance** to convince a judge that the lower court decided the case wrongly.

Even if the appellate court was wrong, that doesn't mean the Supreme Court will overturn its decision. The Supreme Court chooses which cases it hears out of a large pool of appeals.



The Supreme Court has the final say on issues of federal law, but the state supreme courts have the last word on state law.

2 APPELLATE COURT

The appellate court considers **whether the trial court applied the law correctly**, given the facts it found. It takes the trial court at its word re: the facts of the case – unless evidence exists that the trial court was flagrantly wrong.

1 TRIAL COURT

Possibly with the help of a jury, the trial court will make a **record of the facts** after weighing the evidence and issue a legal opinion.

1
SUPREME

13
FEDERAL
APPELLATE

94
FEDERAL
DISTRICT

Federal district courts are trial courts. They're the foundation of the federal judicial system.

Source: RachelCheong-1-1, 7Sage.com, available at <https://7sage.com/federal-vs-state-courts-an-introduction/>,

US v. Skrametti

Issue before the Court:

Whether Tennessee SB1,
which bans gender
affirming care for minors,
violates the Equal
Protection Clause of the
Fourteenth Amendment.

Free Speech Coalition v. Paxton

Issue before the Court:

What standard of review should apply to a law requiring websites to verify the age of users if at least one third of content is "harmful to minors."

Chiles v. Salazar

Issue before the Court:

Whether a law that censors certain conversations between counselors and their clients based on the viewpoints expressed regulates conduct or violates the Free Speech Clause.

Ames v. Ohio Dept. of Youth Services

Issue before the Court:

Whether a majority-group plaintiff claiming employment discrimination under Title VII of the Civil Rights Act must support the suspicion that the defendant discriminates against the majority.

Administrative Law Cases

Issue before the Court:

Following *Loper Bright Enterprises v. Raimondo*, the Court has agreed to hear six cases pertaining to federal administrative law.

Medina v. Planned Parenthood of South Atlantic

Issue before the Court:

Whether the Medicaid Act's any-qualified-provider provision unambiguously confers a private right upon a Medicaid beneficiary to choose a specific provider.

Questions

Terra Russell-Slavin, JD

Los Angeles LGBT Center

“Federal Policy Updates And Implications For The
LGBTQ+ Community”

LOS ANGELES LGBT CENTER[®]

Terra Russell-Slavin, Chief Impact Officer

FEDERAL POLICY UPDATES AND IMPLICATIONS FOR THE LGBTQ+ COMMUNITY

GROUNDING

WHAT IS AN EXECUTIVE ORDER?

A written directive, signed by the president, that orders the government to take specific actions to ensure “the laws be faithfully executed.” Powers found in Art. II of the Constitution.

What it can do:

- Declare a new policy priority
- Order federal gov't to take steps within scope of authority

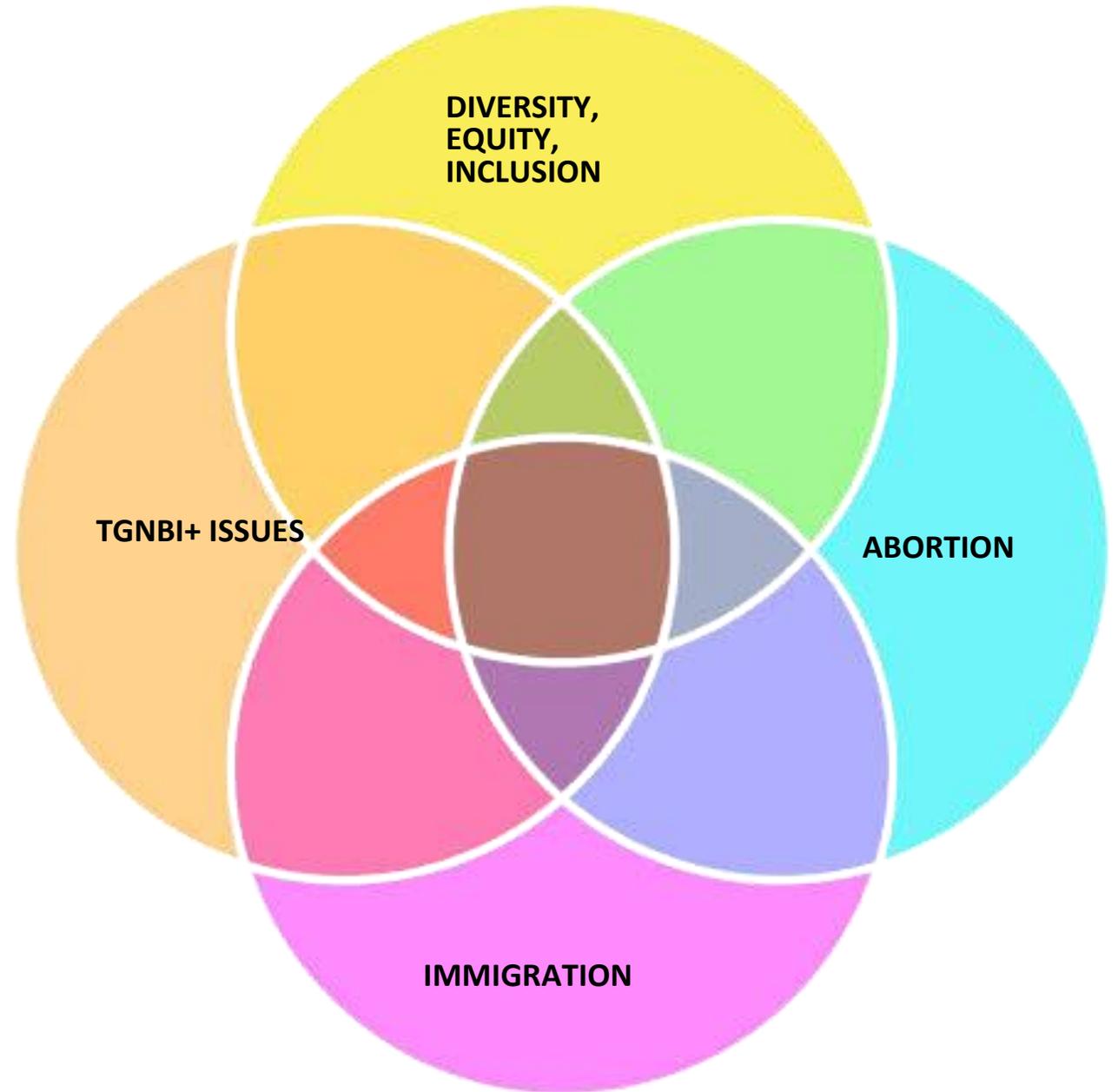
What it cannot do:

- Override federal laws and statutes
- Sidestep checks and balances

How to overturn an executive order: Sue through the courts, pass new laws, or wait for a new president.

CATEGORIES

- The Trump Administration is intentionally stirring chaos with 100+ Executive Orders
- The Center has tracked and determined 4 major categories of EOs
- These EOs can impact the Center's services and our community's safety



ANTI- TGNBI+ EXECUTIVE ORDERS

- **Gender Ideology and Gender Affirming Care Bans**
- **Imposes limited and immutable sex categories**
- **Limits gender affirming care**
- **Threatens federal funding**
- **Agency Implications of these Actions**

FIGHTING BACK AGAINST FEDERAL ATTACKS

More than 100 lawsuits, and 70 injunctions since the start of the Trump Administration

- ***SF AIDS Foundation v. Trump*** - The Center is a co-plaintiff in this litigation
- Local, State, and Federal Advocacy
- What can all of us do in this moment to fight back

Take action



Stay informed



QUESTIONS?

Connie Chung Joe, JD

Asian Americans Advancing Justice Southern
California

“Addressing the Intersections: Anti-Immigrant
Actions, Health Care Access, and Domestic
Violence/Gender-Based Violence”

Q & A



Sylvia Castillo

California Coalition for Reproductive Freedom

“Policy Updates on California Protections and Investments”

Policy Updates on California Protections and Investments

Sylvia Castillo
Executive Director



Purpose

The **California Coalition for Reproductive Freedom** (CCRF) is a statewide, member-led coalition of more than 40 organizations working to advance reproductive freedom for all.



California Future of Abortion Council

Purpose: Make California a true “Reproductive Freedom State”

- Identify barriers to abortion access in the state
- Preparing to welcome + support out-of-state patients
- Recommending policy proposals + solutions that ensure anyone in need of abortion services has equitable and affordable access to abortion care in California.



FAB Council Success



Added to California State Constitution after
2022 Election:

- ✓ Right to choose abortion
- ✓ Right to use or refuse birth control
- ✓ 70% of CA voters said YES on 1

**PROTECT
ABORTION
RIGHTS**

YES on 1

A decorative horizontal bar with a green segment on the left and a yellow segment on the right.

\$200+ Million in Reproductive Health Investments

Reproductive Health Provider Clinical Workforce	\$20M
Reproductive Health Services Corps	\$20M
Reproductive Health Center Infrastructure	\$20M
Procedural Support Grants (CARE Act)	\$40M
Abortion Practical Support Fund Grants	\$20M
Medi-Cal Abortion Equity & Infrastructure Payment	\$15M
HPV Family PACT Coverage	\$8M
Covered CA Premium Subsidies	\$20M
LA Country Safe Haven Pilot	\$20M
Reproductive Justice & Freedom Fund	\$15M
California Abortion Access Website	\$2M
Unmet Needs Research Funding	\$2M

STATE-FUNDED INVESTMENTS

Website: Abortion.CA.gov

- Launched in 2022

Uncompensated Care Fund

- Retroactive/Projected uncompensated care
- \$30 million distributed, 15+ grantees

Practical Support Fund

- \$12 million distributed, 10+ grantees

Los Angeles County Abortion Safe Haven Pilot

- \$12.7 million distributed, 22 grantees

Security

- Nearly \$8 million awarded to 21 facilities

FAB Council Legislation

28 bills signed 2022-2024 to

- Remove cost barriers to patients
- Enact legal protections for patients and health care providers
- Strengthen the reproductive health care workforce
- Improve reproductive health equity

2024 Reproductive Freedom Leg Package

35 Bills in Package

- 6 categories:
 - ◆ abortion ◆ SRH ◆ maternal health ◆ repro health ◆ workforce ◆ supporting families ◆ repro health equity

- Full scope of issues:

Contraception ,STIs, telehealth, incarcerated pregnant people, housing, emergency rooms, postpartum care, LGBTQ+ and TGI protections, menstrual equity, paid family leave, youth, schools, toxic chemicals, social determinants of health, behavioral health, sexual assault, domestic violence

2024 Reproductive Freedom Leg Package

35 Bills in Package

- AB 1810 (Bryan & Bonta)
- AB 1895 (Wilson)
- AB 2085 (Bauer-Kahan)
- AB 2099 Bauer-Kahan & McCarty)
- AB 2123 (Papan)
- AB 2129 (Petrie-Norris)
- AB 2229 (Wilson)
- AB 2250 (Weber)
- AB 2258 (Zbur)
- AB 2263 (Friedman)
- AB 2319 (Wilson & Weber)
- AB 2339 (Aguiar-Curry)
- AB 2442 (Zbur)
- AB 2490 (Petrie-Norris)
- AB 2515 (Papan)
- AB 2527 (Bauer-Kahan)
- AB 2670 (Schiavo & Holden)
- AB 2843 (Petrie-Norris)
- AB 3129 (Wood)
- AB 3161 (Bonta)
- SB 729 (Menjivar)
- SB 954 (Menjivar)
- SB 1090 (Durazo)
- SB 1131 (Gonzalez)



Thank you!

Sylvia Castillo

Executive Director

CA Coalition for Reproductive Freedom

sylvia@reproductivefreedomca.org



Q & A



LUNCH

Please return at 12:45 pm



Misty Powell, MA, RYT, MT-BC

Wholistic Healing Arts

“Self-Care and Community Resilience Building
Activity”

Welcome back!



Activation and Resistance: Policy, Programs, and Social Justice Movements

Presented by

Rigo Reyes (he/him), LA County Office of Immigrant Affairs

Héctor Trinidad Plascencia (they/them/we/us), Plascencia Consulting and LA County LGBTQ+ Commission

Jasmine Young (she/her), National Health Law Program

Imani Wilson-Shabazz (she/her), Plan C

Tyla Adams (she/her), Black Women for Wellness

Rigo Reyes

LA County Office of Immigrant Affairs

“Supporting Immigrants: LA County and Partners
in Action”

Q & A



Héctor Trinidad Plascencia

Plascencia Consulting and LA County LGBTQ+ Commission

“Empowering Voices: Advocating for Reproductive Justice in TGI Communities”

Q & A



Jasmine Young, JD

National Health Law Program

“Access to Essential Medications in California
Mifepristone and Opill[®]”

Access to Essential Medications in California

Mifepristone and Opill®

Jasmine Young (she/her), Staff Attorney



National Health Law Program

- National non-profit law firm committed to protecting health care + improving health rights
- Offices in CA, NC, DC
- Partners in all 50 states and Washington DC
- www.healthlaw.org



Roadmap

1. Level Setting: Medicaid & Sexual and Reproductive Health Services
2. Medi-Cal & Opill®
3. Medi-Cal & Mifepristone
4. Resistance Towards Contraception & Abortion Attacks
5. Activation: Improving Access to Mifepristone & Opill®

Medicaid and Sexual & Reproductive Health

Level Setting

Level Setting

Medicaid covers comprehensive sexual and reproductive health care services.

- Pays for 41% of U.S. births. In California, Medi-Cal covers 40% of births.
- Has been the leading source of coverage for preventive services and primary funding source for family planning services in the U.S.
- Abortion coverage is severely restricted by the Hyde Amendment. YET, states may cover abortions for Medicaid beneficiaries through state funding. CA does this!

Medicaid Act: The Freedom of Choice Provision

Under the Medicaid Act, beneficiaries have the right to obtain services from any health care provider who is qualified to offer those services and is enrolled in the Medicaid program. *42 U.S.C. 1396a(a)(23)*.

- *Medina v. Planned Parenthood of South Atlantic* (2025): challenging this right and would impede access to sexual and reproductive health services. The Court is expected to issue its decision by the Summer of 2025.
- Currently, this right is still enforceable.

Contraception Access: Opill®

Medi-Cal & Contraception

- Medi-Cal covers Family Planning Services and Supplies (FPSS) to individuals of childbearing age, including minors, who desire such services.
- Medicaid Act Protections & Rights:
 - Freedom to choose a provider;
 - Be free from coercion; AND
 - Freely choose their method of contraception.
- No co-payments or cost sharing.
- Covers up to 12-month supply.
- No parental or spousal/partner notification required.

Medi-Cal & Contraception

- Over-the-Counter (OTC) contraceptives covered in Medi-Cal:
 - External condom
 - Internal condom
 - Spermicide
 - Sponge with Spermicide
 - Levonorgestrel Emergency Contraception (requires prescription**)
 - Opill® (progestin-only pill) !!! (requires prescription**)

Medi-Cal & Opill®

- On July 13, 2023, FDA approved the first ever OTC contraceptive pill – Opill® (progestin-only).
- Medi-Cal members may receive Opill® from a Medi-Cal enrolled pharmacist who furnishes self-administered hormonal contraception.
- Alternatively, Opill® is available through Medi-Cal Rx without a prior authorization, but a prescription is required.
 - **Prescription requirement:** Medi-Cal beneficiaries must still obtain a prescription by an authorized provider (includes pharmacists) under federal Medicaid law.
- There is no age restriction in CA to access Opill®.

Assembly Bill 50 - Pharmacists: furnishing contraceptives.

- Burdensome requirements that a prescriber must go through before prescribing it:
 - Complete self-screening patient intake form.
 - Provide counseling.
 - Patient Assessment.
 - Notification to patient's PCP.
- [AB 50](#) (Bonta, 2025): Removes burdensome and unnecessary requirements for pharmacists to prescribe OTC contraceptives.

Medication Abortion Access

Mifepristone & Misoprostol

Medi-Cal & Abortion

- California covers abortion and abortion-related services for all Medi-Cal enrollees.
- No co-payments or cost-sharing.
- No parental or spousal/partner notification required.
- No prior authorization *unless* non-emergency abortion requiring inpatient hospitalizations.
- Available either in-person or via synchronous telehealth.

Medication Abortion: Mifepristone & Misoprostol

- Medication abortion is the most common and safe and effective way to end an early pregnancy.
 - 2000: FDA approved Mifepristone & implemented a Risk Evaluation and Mitigation Strategy (REMS).
 - 2022: FDA approved accessing Mifepristone via telehealth and allowing prescriptions to be dispensed through pharmacies.
- Litigation attacks by anti-abortion groups and individuals on impeding access to Mifepristone:
 - *U.S. Food and Drug Administration et al. v. Alliance For Hippocratic Medicine et al.* (2024)
 - *Missouri et al. v. U.S. Food and Drug Administration et al.* (2025)

Medi-Cal & Medication Abortion

- Mifepristone remains legal in California.
- Stockpiled medication abortion.
- DHCS issued guidance on coverage of the Misoprostol-only protocol and integrated it into the Medi-Cal Abortion manual.

Assembly Bill 54 & Assembly Bill 260

- [Assembly Bill 54](#) (Krell, 2025) – Access to Safe Abortion Care Act: shields health care providers and prescribers from civil, criminal, and professional liability when administering medication abortion drugs in CA.
- [Assembly Bill 260](#) (Aguiar-Curry, 2025): strengthens state laws to protect and expand access to medication abortion affirming appropriate use and coverage of mifepristone.

Attacks on Contraception and Medication Abortion Access

- Increase in criminalization of patients and providers administering medication abortion via telehealth.
- Dangerously conflating emergency contraception and medication abortion as the same thing.
- Increase in “medication abortion reversal” bills or the outright banning of medication abortion or states classifying Mife/Miso as controlled substances.

Collective Resistance and Activation

- California is still staying strong and improving access to sexual and reproductive health services.
- Initiatives like the California Future of Abortion Council secured more than \$200 million to guarantee abortion and contraception access.
- More than 30 laws have been enacted to defend reproductive freedom in California.

Resources

- [Medicaid Defense Resources](#)
- [Protect Medi-Cal Funding Series 2025](#)
- [*Medina v. Planned Parenthood of South Atlantic* Case Explainer](#)
- [Medicaid Coverage of Family Planning Services and Supplies](#)
- [Abortion Coverage for Medicaid Enrollees](#)
- [California Abortion Coverage in Medi-Cal and Private Insurance](#)
- [Medi-Cal Rx Bulletin: Opill® Available Over-the-Counter Under Medi-Cal Rx Prescription](#)
- [Medi-Cal Abortion Manual Misoprostol-Only Protocol](#)
- [Resources for California Foster Youth: Sexual, Reproductive, and Mental Health Medi-Cal Services](#)

Jasmine Young

jyoung@healthlaw.org

Connect with National Health Law Program online:



www.healthlaw.org



[@NHeLProgram](https://www.facebook.com/NHeLProgram)



[@NHeLP_org](https://www.twitter.com/NHeLP_org)

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Chapel Hill, NC 27514
ph: (919) 968-6308

3/14/2025

Q & A



Imani Wilson-Shabazz, MPH

Plan C

“Plan C Self-Managed Abortion 101 Information Session”

March 2025

Plan C Self-Managed Abortion 101 Information Session





Imani Askew-Shabazz
Director of Partnerships + Engagement
she/her
partners@plancpills.org





PLAN C

Plan C is a non-profit, research based website that houses a comprehensive, state by state pill guide with information on abortion pill access by mail in all nationwide.



The Plan C Vision:

Our vision is a near future where this safe and effective method is in the hands of anyone that seeks it: **moving agency over abortion back to the individual**

Abortion Pills Overview

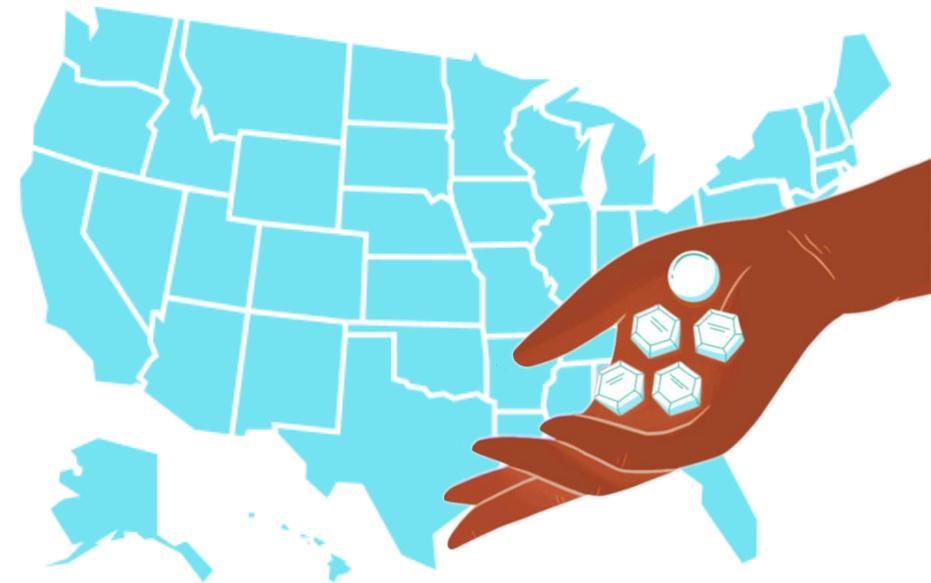
Abortion pills, also called a medication abortion, are a modern option for ending an early pregnancy. The pills are a combination of mifepristone and misoprostol.

- **Method 1: Mifepristone + Misoprostol**

It involves taking a mifepristone pill first, followed by misoprostol pills 24 to 48 hours later. This method of abortion with pills is very effective (99.6% of the abortions are successful).

- **Method 2: Misoprostol Only**

Abortion with pills can also be done using only misoprostol pills. This method has been shown to also be very effective (95-99% effective of the abortions are successful).



How safe is a medication abortion?

- Abortion is much much safer than childbirth. Risk of death from childbirth is approximately 14 times higher than that associated with abortion. Also, the overall morbidity associated with childbirth exceeds that with abortion (Raymond & Grimes, 2012).
- Risk of major complication (serious, unexpected events requiring a blood transfusion, surgery, or hospital admission) is 0.4% (KFF, 2022). Miso-only method has a complication rate of less than 1% (KFF, 2022)



Finding Abortion Pills

The Plan C Guide to Pills

Plan C is the only organization to publish a state-by-state directory of “at home” abortion options including:

🏠 Online clinics that mail pills

For people who want abortion pills by mail and follow-up support from a clinician.

💰 \$0-150+ 🚚 1-5 days 👩‍⚕️ Clinician support

💊 FDA-approved medications

See 20 results



🌐 Websites that sell pills

For people who want abortion pills by mail without consulting a clinician.

💰 \$25 and up 🚚 3-6+ days

💊 Generic medications (from India)

See 15 results



🏠 In-person clinics

For people who have access to transportation and would prefer to pick up abortion pills in person from an abortion clinic.

💰 \$500 or more 👩‍⚕️ Clinician support

💊 FDA-approved medications

See results



Example State: California

Abuzz

Price

\$0-\$150

Delivery

1-5 days

Ages

All

Pills by mail with clinician support
For pregnancies up to 13 weeks

 Get pills in advance

 Financial assistance available

[MORE INFORMATION](#)

[➔ REQUEST PILLS](#)



Risk Management

Know The Risk

Self-managed abortion is not a criminal act, and restricting abortion access is considered by leading justice organizations to be a human rights violation. However, some people who have used abortion pills on their own have gotten in legal trouble in the United States. Between 2000 and 2020, there have been at least 61 cases where people have been prosecuted for self-managing their abortions (charges have varied from concealing a birth to homicide) or helping someone else self-manage an abortion. During that same time, research suggests that a hundred thousand (or likely more) people have self-managed their abortions. We do not know how new laws about abortion will affect the criminalization of people for self-managing an abortion.

The Repro Legal Helpline provides free and confidential legal advice that can help people better understand the laws and legal risk they may face. Contact them online or call 844-868-2812.



The background consists of a dense, overlapping pattern of squares in various shades of blue and purple. Each square contains the text 'PLAN C' in a light, sans-serif font, oriented horizontally or vertically. The squares are layered, creating a sense of depth and movement.

Let's talk digital security!

Google is NOT your friend!!

We get it. Google is basically synonymous with the internet at this point but their data collection policies do not protect abortion seekers and their supporters.

Instead of using Google's search engine, check out these safer alternatives:

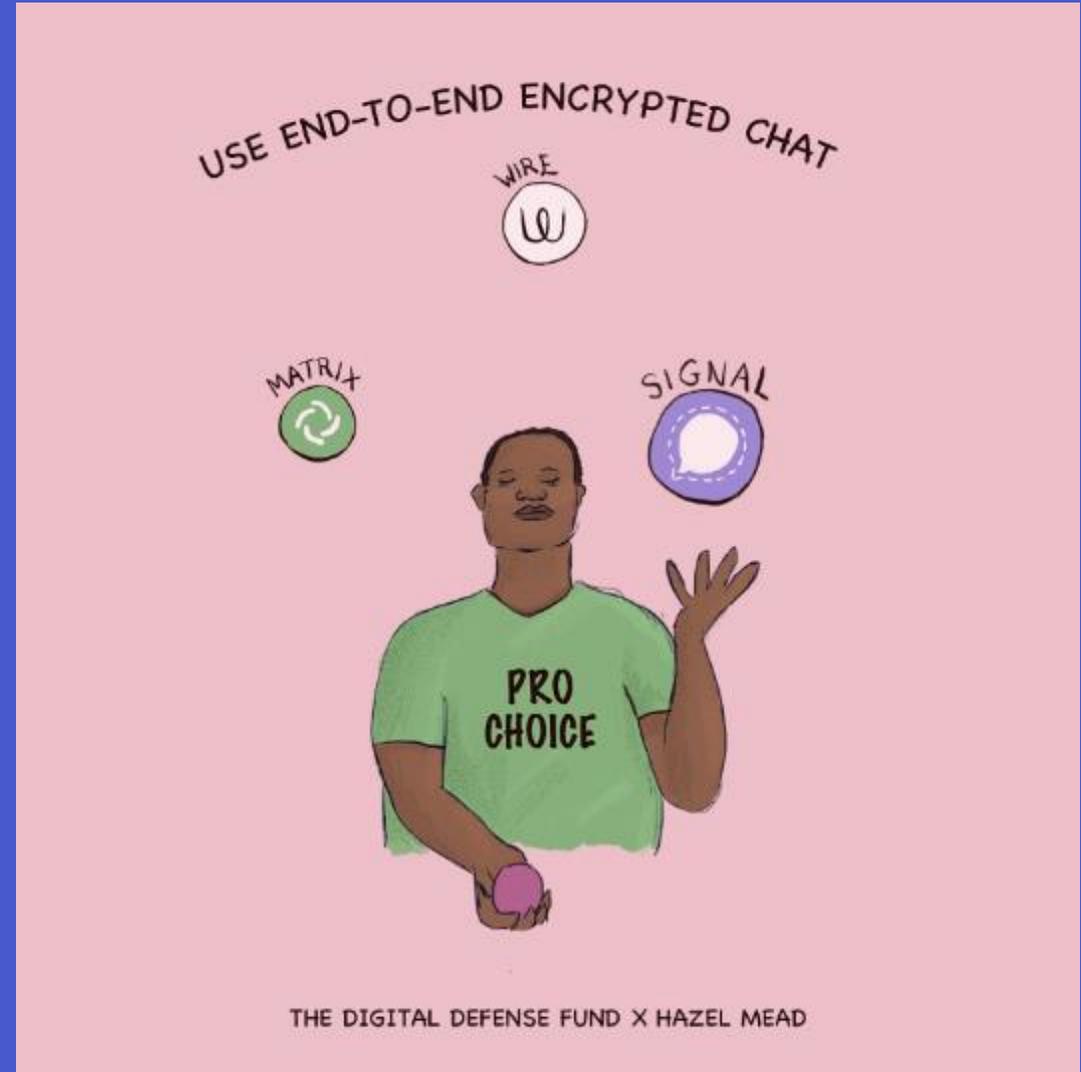
- DuckDuckGo
- FireFox Focus
- Brave



Keep your messages private!

Your messages should be private. These encrypted messaging apps help keep them that way.

Using encrypted messaging apps like Signal, Wire, and Matrix prevent big tech companies from storing and accessing your messages...even if they're asked.

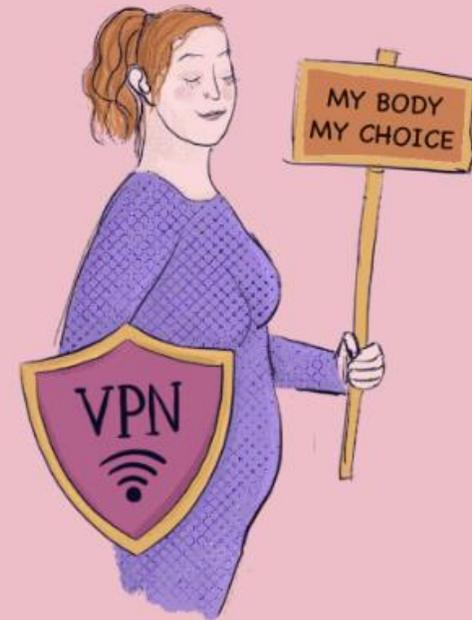


Have you heard of VPNs?

VPN stands for Virtual Private Network. VPNs route your internet traffic through their services instead of your internet providers...keeping your browsing private. They can also change the shown location of your IP address to make it appear as if your computer is located in another location than where you currently reside! Some free VPN services include:

- Mullvad
- ProtonVPN (free tier)
- Tunnelbear (free tier)

USE TOR OR A NO-LOGS VPN
TO BROWSE PRIVATELY



THE DIGITAL DEFENSE FUND X HAZEL MEAD

Managing Risk

DIGITAL SECURITY FOR ABORTION & PREGNANCY PRIVACY

THE DIGITAL DEFENSE FUND X HAZEL MEAD

WANT TO AVOID ADVERTISEMENTS RELATED TO PREGNANCY/ABORTION?



USE DUCKDUCKGO INSTEAD OF GOOGLE TO SEARCH

TURN OFF LOCATION SHARING ON YOUR DEVICES



WORRIED ABOUT YOUR PHONE COMPANY HAVING COPIES OF YOUR BROWSING OR TEXTS ABOUT YOUR ABORTION?

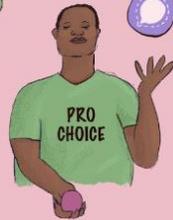
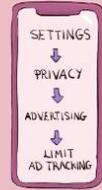


USE TOR OR A NO-LOGS VPN TO BROWSE PRIVATELY

USE FIREFOX FOCUS INSTEAD OF PHONE'S DEFAULT BROWSER



DISABLE YOUR MOBILE AD ID



USE END-TO-END ENCRYPTED CHAT

WORRIED ABOUT SOMEONE READING YOUR MESSAGES OR BROWSER HISTORY?



TURN ON DISAPPEARING MESSAGES IN SECURE MESSAGING APP LIKE SIGNAL



CLEAR BROWSING HISTORY



USE A STRONG PIN ON YOUR DEVICES



BROWSE IN AN INCOGNITO WINDOW



WORRIED ABOUT PROTESTORS OUTSIDE THE CLINIC?

REMEMBER THAT ONLY YOU KNOW WHAT IS BEST FOR YOUR LIFE AND THIS PREGNANCY



BRING SUNGLASSES, A HOODIE/HAT AND YOUR MASK



WANT MORE INFORMATION?
GO TO [DIGITALDEFENSEFUND.ORG/ABORTION-PRIVACY](https://digitaldefensefund.org/abortion-privacy)

Credit: Digital Defense Fund



Resources

Resources

DOPO Doula Abortion Support

Aid Access

How to Use Abortion Pill

Repro Legal Helpline

Women Help Women

M+A Hotline

Reprocare

Repro Legal Defense Fund

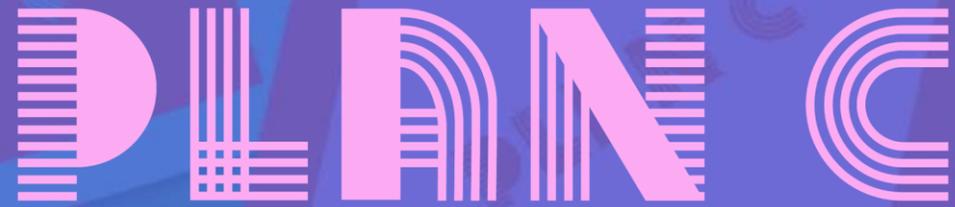


Resource Cheat Sheets are your friend!

ABORTION RESOURCES

Get abortion pills online	Plan C Pills PlanCPills.org/guide
Find an abortion clinic <i>Don't rely entirely on Google!</i>	I Need an A Ineedana.org Abortion Finder AbortionFinder.org National Abortion Federation prochoice.org
For cyber security info	Digital Defense Fund digitaldefensefund.org/learn
Get answers to legal questions	Repro Legal Helpline reprolegalhelpline.org
Judgement-free all options counseling	All Options all-options.org
Get free and confidential medical support before, during or after medication abortion or miscarriage	Miscarriage and Abortion Hotline MAHotline.org
Emotional support during medication abortion	Reprocare reprocare.com
Get help funding your abortion	National Network of Abortion Funds abortionfunds.org
For logistical support <i>(transportation, childcare, etc)</i>	Apiary Collective apiarycollective.org/pso-list
Find an abortion doula	DOPO Co-op wearedopo.com
For post-abortion emotional support	Exhale ProVoice exhaleprovoice.org Connect & Breathe connectandbreathe.org

Find more resources at plancpills.org



Thank you.

Contact Imani at partners@plancpills.org



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Q & A



Tyla Adams, MPH, CHES®

Black Women for Wellness

“Fierce Aunties”



Fierce Aunties

BLACK WOMEN FOR WELLNESS

Tyla Adams, MPH

March 2025

BLACK WOMEN FOR WELLNESS MISSION & PROGRAMS

Black Women For Wellness is committed to the health and well-being of Black women and girls through health education, empowerment and advocacy.



*Tierce
Aunties*

FIERCE AUNTIES OBJECTIVE



To uplift and honor Black aunties as champions for reproductive justice and garnering broader support for the movement.

- **CULTURAL SHIFT** | Challenge traditional narratives around reproductive health and celebrate the crucial role of aunties in supporting people through their reproductive journeys
- **EDUCATION & AWARENESS** | Provide Fierce Aunties with accurate information about the broader scope of reproductive justice to challenge misinformation
- **CIVIC ENGAGEMENT** | Prepare Fierce Aunties to become advocates for the 2024 elections (and future elections) focusing on issues related to reproductive rights, sexual health, and overall well-being.

*Fierce
Aunties*

THE HISTORY

RJ MOVEMENT IS “OUR” MOVEMENT

TIMELINE OF REPRODUCTIVE INJUSTICE

Colonization & the Foundations of Reproductive Oppression

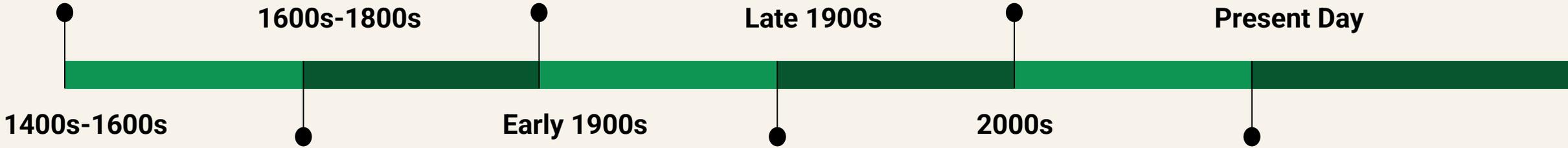
Established a lasting legacy of controlling and violating women's bodies to uphold power, racism, inequity, and greed—impacts that still persist today.

The Eugenics Movement & Birth Control Restrictions

Women of Color were targeted by state-sponsored sterilization and population control efforts under the guise of public health and scientific progress

Community Resistance

Reproductive rights faced increasing restrictions, but Black-led movements pushed back through policy, advocacy, and community-driven healthcare solutions.



Enslavement and Medical Exploitation

The control of Black reproduction was solidified through the economic incentives given to slave masters, ensuring slavery's survival while fueling harmful and racist medical practices.

The Fight for Reproductive Autonomy & Justice

Black women resisted reproductive oppression through legal battles, activism, and the birth of the Reproductive Justice movement.

The fight for reproductive justice continues

Amid growing threats to bodily autonomy and reproductive rights, grassroots movements remain on the front lines, resisting & reclaiming freedom.

“
Reproductive justice
can't become a reality for
Black women around the
world until human rights
become a reality.

”



Loretta J. Ross

Mother of the RJ Movement

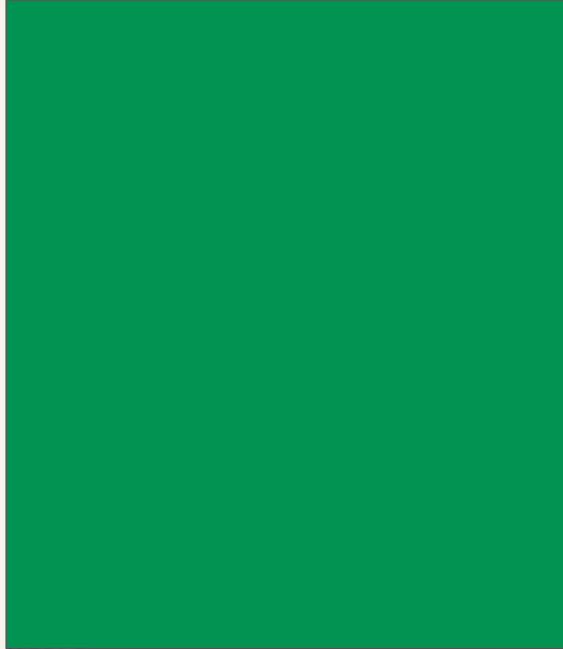
Sister Song | RJ & Human Rights Advocate

MacArthur Genius Fellow 2022

*Fierce
Aunties*

Fierce Aunties

Mobilizing Black women to drive policy, shift culture, and amplify activism—ensuring that their voices shape the future of health, justice, and liberation.





Fierce
Aunties

INAUGURAL YEAR KEY WINS

WELCOMED OVER 60 FIERCE AUNTIES INTO THE CAMPAIGN | The campaign educated over 60 Black women to become advocates and leaders in the reproductive justice movement.

RAN 5 SUCCESSFUL CAMPAIGNS | Our Fierce Aunties were the face of billboards across California receiving millions of impressions by boldly advocating for issues like birthing justice, maternal health, environmental justice, abortion, and voting rights.

HOSTED MULTIPLE EVENTS, WORKSHOPS, & TRAININGS | These impactful events included a intergenerational storytelling circles, advocacy workshops, national engagement at Essence Fest, and a Grown 'n Sexy game night celebrating sisterhood and reproductive justice awareness.



SHIFTING CULTURAL NARRATIVES



- **STORYTELLING AS RESISTANCE** | Reclaiming our narratives and reshaping our future
- **AMPLIFYING VOICES** | Centering Black women and girls through art, media, & culture
- **A RADICAL WELCOME** | Creating safe spaces, dismantling stigma, and building community
- **COLLECTIVE POWER** | Mobilizing for change, recognizing collective effort is essential in building a more just and equitable future

FIERCE AUNTIES IN ACTION

SUMMER SALON STORY CIRCLES | Aunties and nieces get together to share ancestral wisdom about their own reproductive and sexual health journey through writing, sharing and meditation.

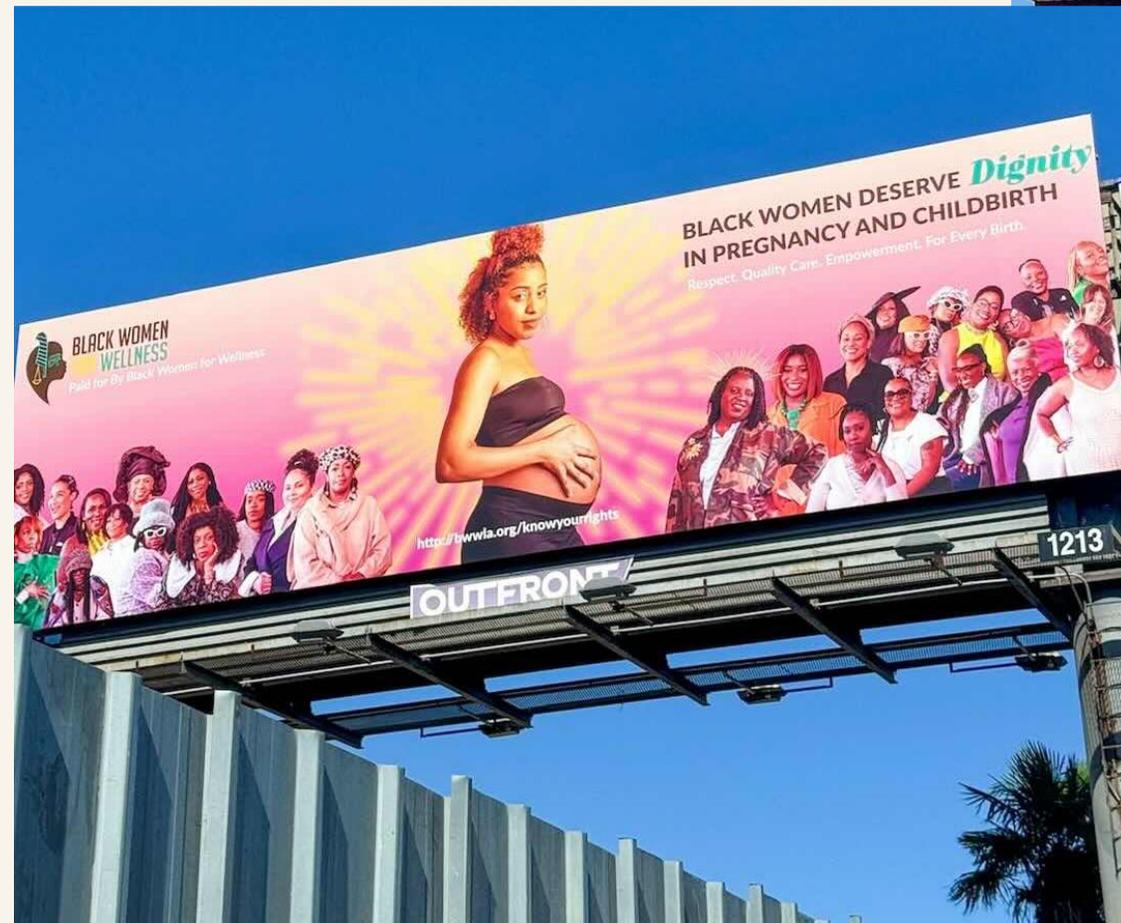
FFIERCE AUNTIE POP UPS | Ask a Fierce Auntie & Fierce Auntie Listening Lounges will travel to various conferences and events to engage the community in meaningful exchanges about the reproductive justice movement.

CURATED BREAKING BREAD EXPERIENCES | These curated food experiences offer intimate setting for aunties to learn and share their hopes for the future of the reproductive justice movement and co-create solutions



PUBLIC ART CAMPAIGNS

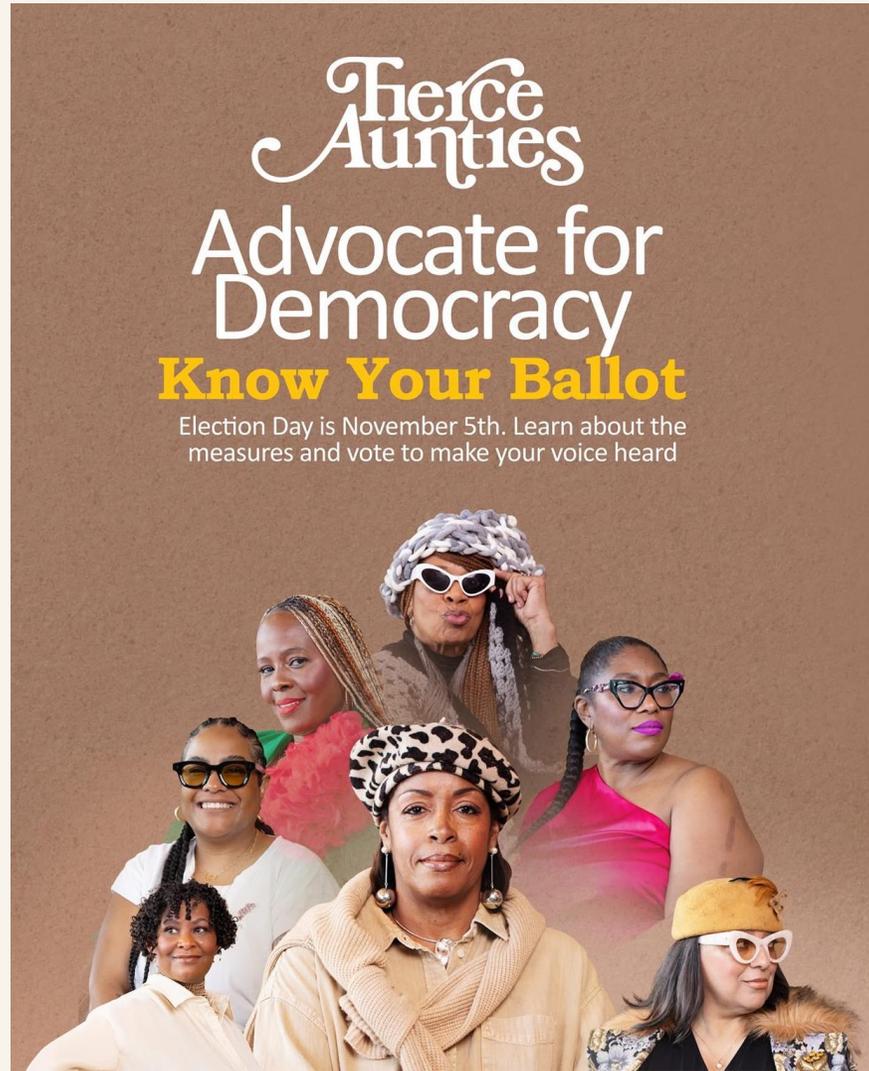
BILLBOARDS



Fierce Aunties Are Advocates |
Advocating for issues like birthing
justice, maternal health, housing
justice, democracy, and abortion care.

**Fierce
Aunties**

BUS SHELTERS & WHEAT POSTINGS



Fierce Aunties



Tierce Aunties

Advocate for Abortion Care
Reproductive Justice is a Human Right

**We
Got You!**

PRESENTED BY BLACK WOMEN FOR WELLNESS

Tierce Aunties

Advocate

For *Reproductive Justice*:

*Your right to sexual pleasure
without guilt or shame*

Is a Human Right

QUESTIONS?





Fierce Aunties

bwwla.org/fierceaunties

Ellen Eidem, MS

Office of Women's Health, LA County
Department of Public Health

Closing Remarks

Thank you to our
SPONSORS



WHEC Planning Committee

ACCESS REPRODUCTIVE JUSTICE

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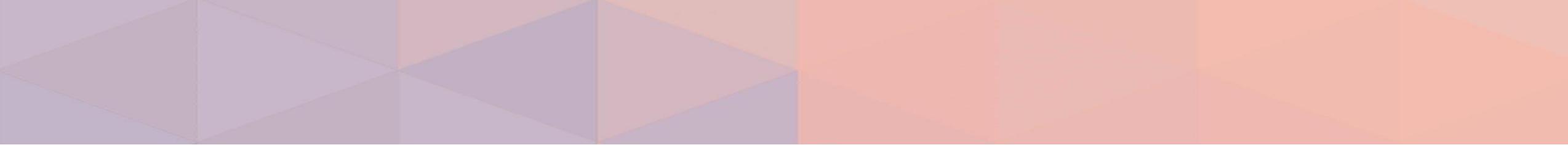
Maternal Child Health Access

Lynn Kersey

**Remember to
please fill out an
evaluation**

**Scan QR Code To Access
Evaluation**





A Call to Action!

Nomsa Khalfani, PhD

Essential Access Health

Thank you for joining us today!

Hosted by Los Angeles County Women's Health Equity Coalition

