
What are the Benefits of Getting Immunized

- Getting immunized for flu can:
 - reduce the risk of flu illness, hospitalization and death.
 - prevent flu in people who are at increased risk for serious flu illness such as older adults, young children, pregnant women, people with long-lasting health conditions, or a weakened immune system.
- Flu immunizations don't give you the flu, and side effects are rare.
- If you protect yourself from flu, you also help protect your family, friends and community.



HEALTH IS FOR EVERYONE // TO FIND A LOW COST OR FREE IMMUNIZATION, CONTACT YOUR DOCTOR OR PHARMACY, CALL 2-1-1, OR GO TO [PREVENTFLULA.COM](https://www.preventflula.com).



接种疫苗的好处有哪些

- 接种流感疫苗可以：
 - 降低患流感、住院和死亡的风险。
 - 为那些患流感会导致更严重疾病的风险较高人群提供预防保护措施，如老年人，幼儿，孕妇，有长期健康问题的人士，或免疫系统薄弱的人士。
- 流感疫苗不会让你患上流感，副作用也很少。
- 如果你能预防流感，你也能保护你的家人、朋友和社区。



健康对每个人都很重要 // 若你需要获得便宜或免费的疫苗接种服务，请联系你的医生或药店，拨打2-1-1，或登录[PREVENTFLULA.COM](https://www.preventflula.com)。

