



COVID-19 Vaccine Facts



VACCINES PROTECT AGAINST THE WORST OUTCOMES OF COVID.

- The COVID-19 vaccine reduces your risk of getting very sick from COVID-19, ending up in the hospital, or dying. It also lowers your risk of getting long COVID.
- The Pfizer, Moderna, and Novavax COVID-19 vaccines have been **updated** to protect against more recent strains of the virus.
- The updated vaccine can increase prior protection (from previous vaccination or infection) that may have decreased over time.



EVERYONE 6 MONTHS AND OLDER SHOULD GET THE UPDATED COVID-19 VACCINE.



- **Everyone 5 years of age and older** should get one dose of the updated COVID vaccine this fall.
- **Children 6 months through 4 years of age** should talk to their provider about how many doses of vaccines they need. This will depend on how many doses they received in prior years.
- **People who are immunocompromised** may need additional updated doses. Talk to your doctor about what schedule is best for you.
- Adults ages **65 years and older** should receive an additional dose of the updated COVID-19 vaccine at least 4 months after their previous dose.
- Everyone should get vaccinated even if they are **pregnant, breastfeeding,** or have had COVID-19.
- People age 12+ who are unable to receive a Pfizer or Moderna vaccine may receive the updated Novavax vaccine at least 2 months after their last dose.
- For more information, visit [cdc.gov/coronavirus/vaccine](https://www.cdc.gov/coronavirus/vaccine).



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WHERE TO GET VACCINATED

If you have insurance, contact your healthcare provider to schedule a vaccine appointment. Vaccine is also available for persons without insurance at many pharmacies and community health centers. Note: Minors need consent from their parent or legal guardian to get vaccinated.



To find a location in your neighborhood: visit publichealth.lacounty.gov/vaccines or call **1-833-540-0473** or **2-1-1**

In-home vaccination is available and can be requested by calling **1-833-540-0473** or by visiting VaccinateLACounty.com and clicking on In-Home Vaccines.

SERIOUS SIDE EFFECTS ARE RARE.

- Common side effects include pain, swelling, and redness where the vaccine was given, muscle or joint pain, swollen lymph nodes, fever, chills, headache, and feeling tired. Side effects in young children also include crying, fussiness, sleepiness, and loss of appetite.
- Side effects are a sign that your immune system is **building protection**. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated.
- Serious side effects are rare.



COVID-19 VACCINES ARE SAFE AND EFFECTIVE.

- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- The vaccines were tested on tens of thousands of people, including people of color, older adults, and people with medical conditions and found to be **safe and effective**.
- Since December 2020, **hundreds of millions of people** have safely received a COVID-19 vaccine.
- COVID-19 vaccines continue to go through the most **intensive safety monitoring** in U.S. history.
- There is no evidence that COVID-19 vaccines cause fertility problems. They are safe for pregnant people and are recommended by pregnancy experts.

