

2010 LAMB survey

Domain/Subdomain		<i>Mental Health / General Mental Distress</i>			<i>Mental Health / Postpartum Depression</i>		
Indicator Description		Percentage of women who delivered a live birth having reporting feeling sad, empty or depressed for most of the day for two weeks or longer during their last/most recent pregnancy ¹ .			Percentage of women who delivered a live birth reporting depressive symptoms after pregnancy ² .		
		%	95% CI		%	95% CI	
LA County		25.8	24.2	27.4	14.1	12.8	15.4
Race/Ethnicity	White	14.4	12.4	16.5	12.5	10.4	14.5
	Latina	31.0	28.5	33.5	15.2	13.3	17.2
	African-American	30.3	27.1	33.6	15.0	12.4	17.5
	Asian/Pacific Islander	13.7	11.5	15.9	10.2	8.2	12.1
Service Planning Areas	SPA 1 Antelope Valley	31.5	27.5	35.5	18.2	14.9	21.5
	SPA 2 San Fernando	21.5	17.9	25.0	13.7	10.7	16.7
	SPA 3 San Gabriel	23.3	19.4	27.2	15.1	11.8	18.4
	SPA 4 Metro	29.8	25.0	34.5	14.0	10.4	17.6
	SPA 5 West	13.5	10.8	16.3	9.8	7.3	12.2
	SPA 6 South	34.3	29.1	39.5	14.7	10.9	18.6
	SPA 7 East	27.0	21.9	32.0	13.7	9.7	17.7
	SPA 8 South Bay	24.8	21.3	28.4	13.6	10.8	16.3
Supervisory Districts	First District	28.9	24.9	32.8	14.6	11.5	17.7
	Second District	32.0	28.4	35.5	14.7	12.1	17.4
	Third District	22.3	18.5	26.1	12.9	9.8	16.0
	Fourth District	21.7	18.3	25.1	12.8	10.1	15.5
	Fifth District	21.8	18.8	24.8	15.1	12.4	17.7

¹ Respondents who answered positively to at least one question out of the following ones were coded as "depressed": "For two weeks or longer during your last pregnancy, did you - 1. feel sad, empty or depressed for most of the day, 2. lose interest in most things like work, hobbies and other things you usually enjoyed?".

²Question asked: "In the months after your new baby was born would you say that you were...". Respondents who answered "very depressed" and "moderately depressed" were coded as "depressed".

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