

2010 LAMB survey

Domain/Subdomain		<i>Nutrition & Physical Activity / Obesity and Overweight</i>			<i>Nutrition & Physical Activity / Folic Acid Supplementation</i>			<i>Nutrition & Physical Activity / Exercise/Physical Activity</i>		
Indicator Description		Percentage of women having a live birth who are overweight or obese based on body mass index (BMI).			Percentage of women having a live birth who did not take a multivitamin, prenatal vitamin, or a folic acid supplement during the month prior to pregnancy.			Percentage of women having a live birth who did not exercise during pregnancy.		
		%	95% CI		%	95% CI		%	95% CI	
LA County		44.8	42.9	46.6	50.5	48.7	52.2	27.5	25.9	29.1
Race/Ethnicity	White	31.2	28.4	33.9	25.6	23.2	28.1	26.3	23.7	29.0
	Latina	53.5	50.7	56.3	59.2	56.5	61.8	26.5	24.0	28.9
	African-American	53.3	49.8	56.8	54.8	51.3	58.3	33.6	30.2	37.0
	Asian/Pacific Islander	18.9	16.4	21.5	41.4	38.2	44.6	30.5	27.4	33.5
Service Planning Areas	SPA 1 Antelope Valley	48.1	43.7	52.4	54.4	50.1	58.7	30.1	26.1	34.1
	SPA 2 San Fernando	40.6	36.3	45.0	40.7	36.5	44.9	27.6	23.8	31.4
	SPA 3 San Gabriel	39.6	35.0	44.1	50.9	46.5	55.4	29.8	25.7	34.0
	SPA 4 Metro	45.3	40.1	50.6	52.7	47.8	57.7	24.6	20.2	29.0
	SPA 5 West	23.3	19.6	27.0	28.0	24.2	31.7	21.2	17.6	24.8
	SPA 6 South	51.8	46.1	57.4	63.2	57.9	68.4	30.3	25.2	35.4
	SPA 7 East	54.8	49.1	60.5	57.2	51.7	62.8	26.0	21.0	31.0
	SPA 8 South Bay	46.5	42.5	50.5	49.0	45.1	53.0	27.0	23.4	30.5
Supervisory Districts	First District	51.8	47.3	56.3	59.9	55.6	64.1	28.3	24.3	32.4
	Second District	47.7	43.9	51.5	58.0	54.4	61.6	27.4	24.0	30.8
	Third District	39.6	35.2	44.1	39.9	35.6	44.2	25.0	21.1	28.8
	Fourth District	45.4	41.4	49.4	46.8	42.8	50.7	27.8	24.3	31.4
	Fifth District	37.6	34.0	41.1	43.5	39.8	47.1	28.6	25.3	31.9

*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

[For more information on LAMB project please visit www.lalamb.org](http://www.lalamb.org)