

2007 LAMB survey

Domain/Subdomain		<i>Mental Health / General Mental Distress</i>			<i>Mental Health / Postpartum Depression</i>			
Indicator Description		Percentage of women who delivered a live birth having reporting feeling sad, empty or depressed for most of the day for two weeks or longer during their last/most recent pregnancy ¹ .			Percentage of women who delivered a live birth reporting depressive symptoms after pregnancy ² .			
		%	95% CI		%	95% CI		
LA County		19.9	18.8	21.0	17.0	15.9	18.1	
Race/Ethnicity	White	10.0	8.3	11.7	16.1	13.8	18.3	
	Latina	24.0	22.4	25.7	17.3	15.7	18.9	
	African-American	19.7	17.2	22.3	20.8	17.7	23.8	
	Asian/Pacific Islander	12.7	10.6	14.9	14.8	12.3	17.3	
Service Planning Areas	SPA 1	Antelope Valley	24.2	19.7	28.6	21.6	17.3	25.9
	SPA 2	San Fernando	17.7	15.1	20.2	15.6	12.9	18.2
	SPA 3	San Gabriel	17.6	14.9	20.3	17.2	14.3	20.1
	SPA 4	Metro	20.3	16.9	23.8	15.4	12.1	18.7
	SPA 5	West	13.9	10.5	17.3	12.2	9.0	15.4
	SPA 6	South	25.8	22.3	29.3	16.4	13.3	19.6
	SPA 7	East	20.2	17.3	23.2	19.5	16.4	22.6
	SPA 8	South Bay	19.7	16.9	22.6	18.1	15.1	21.1
Supervisory Districts	First District		20.0	17.3	22.6	17.4	14.6	20.1
	Second District		23.1	20.6	25.5	15.7	13.5	18.0
	Third District		18.0	15.2	20.7	15.1	12.4	17.8
	Fourth District		19.8	17.4	22.2	19.5	16.9	22.0
	Fifth District		17.3	15.0	19.7	17.4	14.8	19.9

¹ Respondents who answered positively to at least one question out of the following ones were coded as "depressed": "For two weeks or longer during your last pregnancy, did you - 1. feel sad, empty or depressed for most of the day, 2. lose interest in most things like work, hobbies and other things you usually enjoyed"?

²Question asked: "In the months after your new baby was born would you say that you were...". Respondents who answered "very depressed" and "moderately depressed" were coded as "depressed".

[For more information on 2007 LAMB survey please click here](#)

[For more information on LAMB project please visit www.lalamb.org](http://www.lalamb.org)