

What can your doctor do to treat heavy bleeding after having a baby?

- Uterine massage
- Give medicine to stop bleeding
- Give I.V. fluids
- Give blood
- Give antibiotics
- Remove placenta



Talk with your health care provider if you want to know more about heavy bleeding.



*Don't be scared.
Be prepared.*

For more information please visit our website:
<http://publichealth.lacounty.gov/mch/ReproductiveHealth/LACMQCC/lacmqcc.htm>



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Are you at risk for heavy bleeding after having a baby?



Having a baby is a happy time, but there can be problems.



Some bleeding after delivery is normal. Bleeding too much can be dangerous.

Risk Factors:

- **Not getting prenatal care**
- **Long Labor (over 18 hours)**
- **Infection during labor**
- **History of bleeding**
- **Use of drugs to induce labor**
- **Previous C-Sections**
- **Unnecessary C-Sections**
- **More than 3 previous births**

Tell your doctor if you have any risk factors.

How can you tell if you are bleeding too much after having a baby?

- **Soaking more than four pads in one hour**
- **Extreme, constant swelling and pain in your vagina or rectum**
- **Feeling dizzy**
- **Fast heart beat**



What can you do if heavy bleeding starts at home?



Call 9-1-1

Call your doctor