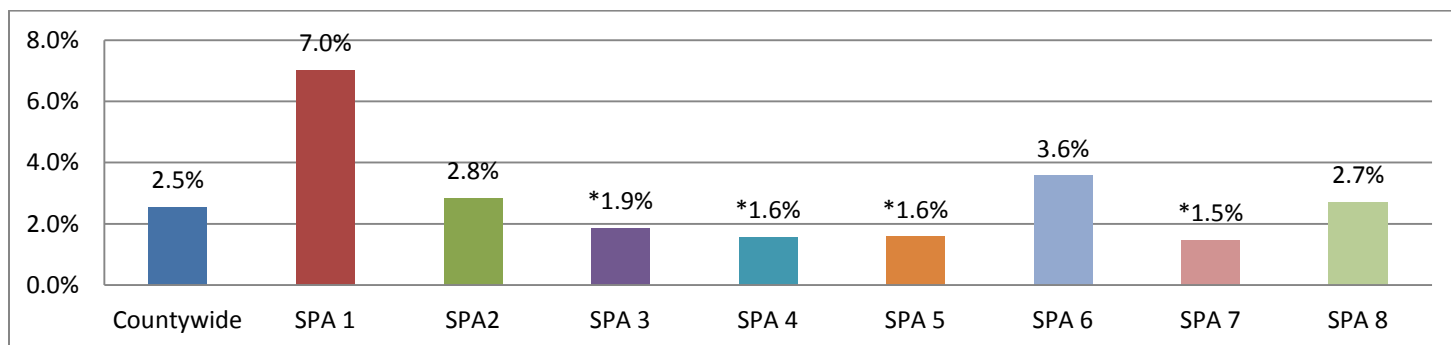


# Risk Behaviors During Pregnancy: Smoking

The 2010 LAMB Survey asked mothers how many cigarettes they smoked per day after they found out that they were pregnant.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		2.5	2.1	3.0	255	3,320
<b>Race/Ethnicity</b>	White	3.6	2.6	4.6	82	830
	Hispanic	1.2	0.6	1.8	30	949
	Black	11.3	8.9	13.8	99	1,172
	Asian/PI	2.1	1.3	3.0	33	332
<b>Maternal Age</b>	<20 Years old	2.3	1.6	3.0	52	257
	20-24 years old	2.8	1.6	4.1	43	726
	25-34 years old	2.5	1.8	3.2	110	1,686
	35+ years old	2.5	1.7	3.3	50	650
<b>Household Income</b>	<\$20,000	3.7	2.8	4.6	127	1,436
	\$20,000-\$39,999	2.6	1.6	3.6	50	656
	\$40,000-\$59,999	*2.4	0.4	4.3	14	269
	\$60,000-\$99,999	*1.5	0.6	2.5	14	211
	\$100,000 and more	*0.6	0.1	1.1	10	110
<b>Marital Status</b>	Married	1.6	1.0	2.1	68	1,131
	Never Married-Living together	2.9	2.1	3.7	100	1,092
	Unmarried/Not living with partner	5.4	3.7	7.1	84	1,044
<b>Education</b>	Less than High School	1.9	1.3	2.6	59	606
	High School	3.5	2.3	4.6	84	1,086
	Greater than High School	2.3	1.7	3.0	105	1,524
<b>Birth Outcome</b>	Preterm	*2.2	1.1	3.2	23	268
	Low Birth Weight	*2.8	1.3	4.3	22	271

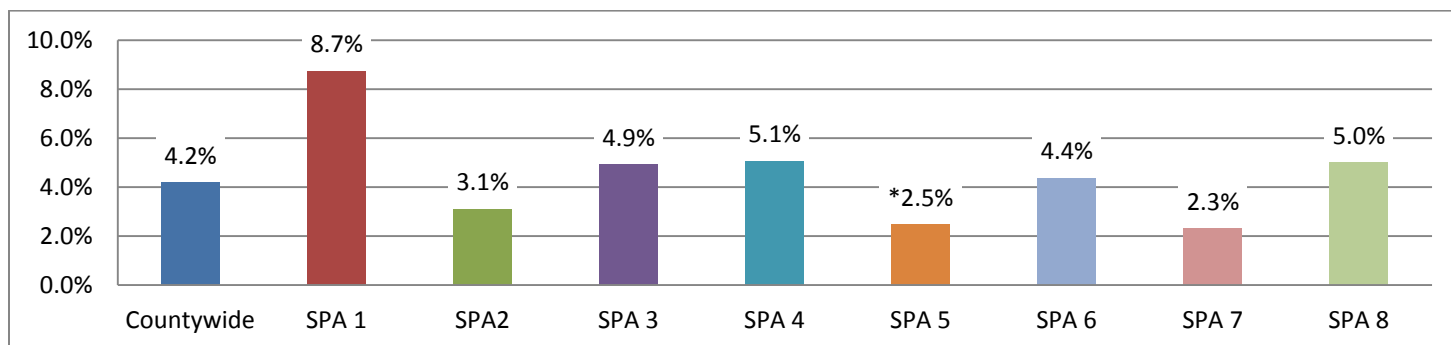
Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

# Risk Behaviors During Pregnancy: Exposure to secondhand smoke

The 2010 LAMB Survey asked mothers how many hours a day, on average, were they in the same room with someone who was smoking during their pregnancy.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		4.2	3.6	4.8	418	5,279
<b>Race/Ethnicity</b>	White	3.5	2.6	4.5	100	819
	Hispanic	2.6	1.8	3.4	78	1,985
	Black	13.4	10.9	15.9	140	1,344
	Asian/PI	6.7	5.0	8.4	77	1,029
<b>Maternal Age</b>	<20 Years old	7.5	6.0	8.9	136	838
	20-24 years old	6.0	4.1	7.8	78	1,464
	25-34 years old	3.8	2.9	4.6	163	2,454
	35+ years old	2.1	1.3	2.8	41	524
<b>Household Income</b>	<\$20,000	6.5	5.1	7.8	194	2,415
	\$20,000-\$39,999	4.3	2.9	5.6	77	1,017
	\$40,000-\$59,999	*2.4	0.8	3.9	21	269
	\$60,000-\$99,999	*2.6	1.2	4.0	27	363
	\$100,000 and more	*2.0	1.0	3.1	26	353
<b>Marital Status</b>	Married	2.8	2.1	3.5	125	1,972
	Never Married-Living together	4.6	3.5	5.7	143	1,643
	Unmarried/Not living with partner	8.6	6.4	10.8	146	1,628
<b>Education</b>	Less than High School	3.9	2.7	5.1	99	1,133
	High School	5.4	4.0	6.8	130	1,624
	Greater than High School	3.7	3.0	4.5	175	2,421
<b>Birth Outcome</b>	Preterm	4.6	2.5	6.8	42	552
	Low Birth Weight	*4.5	2.1	6.9	29	430

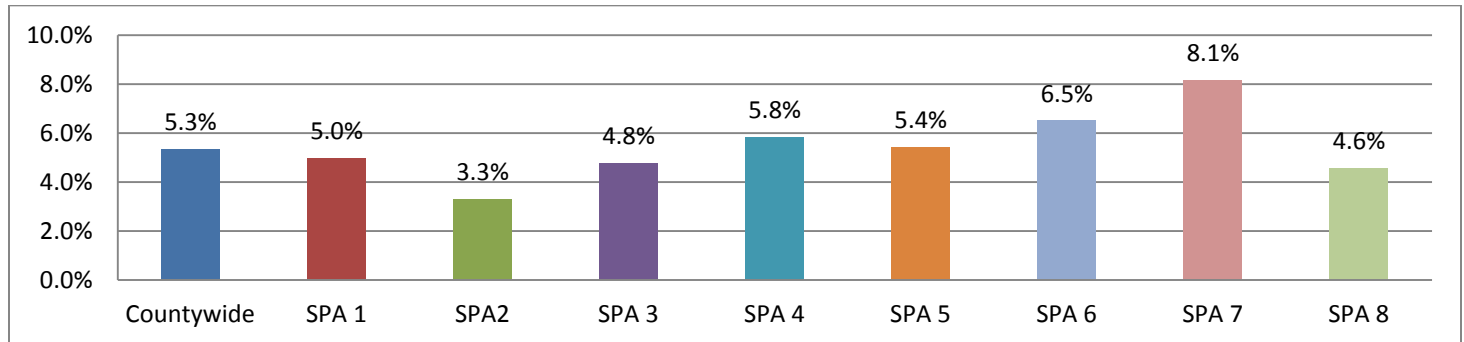
Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

\*Signifies that estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

# Risk Behaviors During Pregnancy: Using illegal drugs or drugs not prescribed by a doctor

The 2010 LAMB Survey asked mothers if they had used marijuana, hashish, amphetamines, cocaine, heroin, tranquilizers, hallucinogens, or sniffed gasoline, hairspray or other aerosols to get high or any drugs not prescribed by a doctor during their pregnancy.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

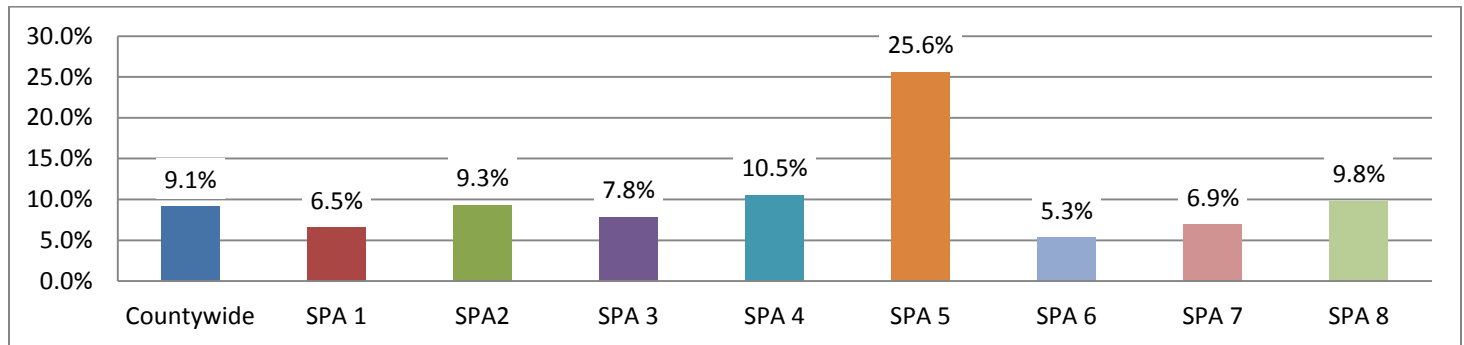
		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		5.3	4.5	6.1	401	6,923
<b>Race/Ethnicity</b>	White	4.5	3.4	5.6	99	1,057
	Hispanic	4.7	3.5	5.8	110	3,710
	Black	9.3	7.1	11.4	95	968
	Asian/PI	7.0	5.2	8.9	73	1,103
<b>Maternal Age</b>	<20 Years old	7.2	5.6	8.7	112	822
	20-24 years old	6.2	4.0	8.4	62	1,576
	25-34 years old	5.0	3.9	6.1	157	3,377
	35+ years old	4.4	3.1	5.7	70	1,147
<b>Household Income</b>	<\$20,000	7.0	5.2	8.7	152	2,699
	\$20,000-\$39,999	4.8	3.1	6.5	62	1,190
	\$40,000-\$59,999	5.6	2.9	8.4	32	655
	\$60,000-\$99,999	3.6	2.0	5.2	37	511
	\$100,000 and more	4.6	2.9	6.3	44	799
<b>Marital Status</b>	Married	4.3	3.4	5.2	164	3,150
	Never Married-Living together	4.9	3.5	6.4	115	1,839
	Unmarried/Not living with partner	9.8	7.0	12.5	118	1,886
<b>Education</b>	Less than High School	5.3	3.6	7.0	87	1,639
	High School	6.3	4.5	8.1	115	1,967
	Greater than High School	4.8	3.9	5.8	189	3,170
<b>Birth Outcome</b>	Preterm	6.3	3.5	9.1	44	767
	Low Birth Weight	8.2	4.7	11.7	40	802

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

# Risk Behaviors During Pregnancy: Drinking alcohol

The 2010 LAMB Survey asked mothers if they had any alcohol such as beer, wine, wine cooler, liquor, or a mixed drink made with liquor during their pregnancy.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

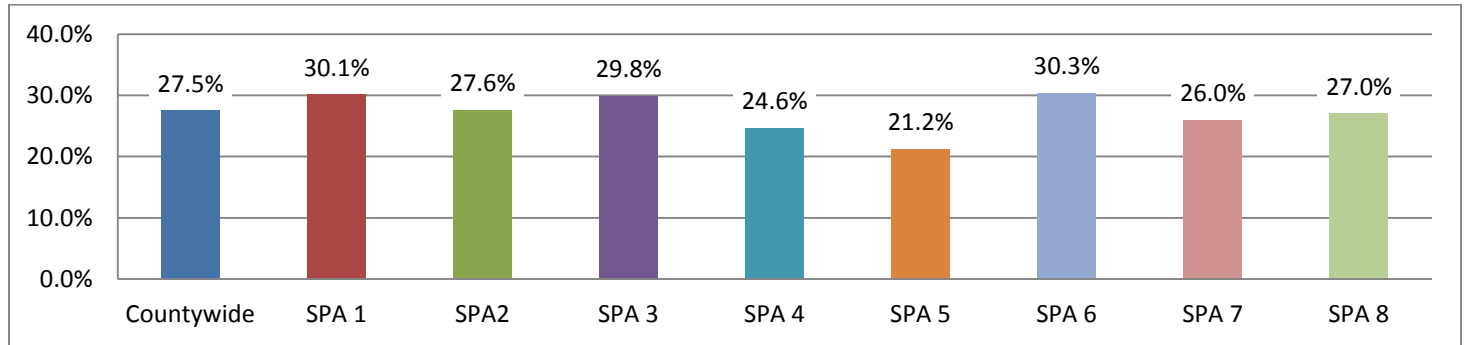
		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		9.1	8.2	10.0	756	11,998
<b>Race/Ethnicity</b>	White	21.0	18.6	23.4	321	4,905
	Hispanic	5.2	4.0	6.4	127	4,205
	Black	9.3	7.2	11.4	100	989
	Asian/PI	10.1	8.2	12.0	134	1,604
<b>Maternal Age</b>	<20 Years old	5.5	4.1	6.9	73	643
	20-24 years old	4.5	2.8	6.3	59	1,161
	25-34 years old	9.3	8.0	10.6	377	6,350
	35+ years old	14.5	12.1	16.8	247	3,844
<b>Household Income</b>	<\$20,000	5.8	4.3	7.3	135	2,284
	\$20,000-\$39,999	7.9	5.8	10.1	98	1,996
	\$40,000-\$59,999	10.4	7.0	13.9	73	1,212
	\$60,000-\$99,999	12.7	9.9	15.6	122	1,799
	\$100,000 and more	22.3	19.2	25.3	273	3,862
<b>Marital Status</b>	Married	10.4	9.2	11.5	506	7,626
	Never Married-Living together	5.7	4.2	7.2	130	2,164
	Unmarried/Not living with partner	10.9	8.2	13.7	115	2,147
<b>Education</b>	Less than High School	3.4	2.0	4.8	49	1,081
	High School	6.0	4.4	7.7	106	1,916
	Greater than High School	13.2	11.8	14.6	560	8,712
<b>Birth Outcome</b>	Preterm	8.2	5.0	11.4	48	1,021
	Low Birth Weight	8.7	5.0	12.3	37	852

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart.

# Risk Behaviors During Pregnancy: Did not exercise during pregnancy

The 2010 LAMB Survey asked mothers how often they exercised for 30 minutes or more during the last three months of their pregnancy.

## A. By Service Planning Area (SPA)



## B. By Maternal Characteristic (%)

		%	95% CI		Survey Respondents	Estimated County total
<b>Countywide</b>		27.5	25.9	29.1	1,698	35,306
<b>Race/Ethnicity</b>	White	26.3	23.7	29.0	430	6,104
	Hispanic	26.5	24.0	28.9	478	20,588
	Black	33.6	30.2	37.0	349	3,455
	Asian/PI	30.5	27.4	33.5	344	4,768
<b>Maternal Age</b>	<20 Years old	18.0	15.7	20.3	254	2,056
	20-24 years old	23.9	20.0	27.8	209	5,901
	25-34 years old	28.0	25.7	30.3	815	18,582
	35+ years old	33.9	30.3	37.5	420	8,768
<b>Household Income</b>	<\$20,000	30.8	27.4	34.1	490	11,607
	\$20,000-\$39,999	25.2	21.5	28.9	284	6,279
	\$40,000-\$59,999	27.5	22.0	33.0	156	3,165
	\$60,000-\$99,999	26.0	21.8	30.2	221	3,625
	\$100,000 and more	27.7	24.2	31.1	297	4,798
<b>Marital Status</b>	Married	28.2	26.0	30.3	952	20,181
	Never Married-Living together	24.4	21.3	27.5	401	8,921
	Unmarried/Not living with partner	30.8	26.7	35.0	331	5,947
<b>Education</b>	Less than High School	25.0	21.3	28.6	254	7,422
	High School	29.6	26.0	33.2	383	9,173
	Greater than High School	27.9	25.8	30.0	1,002	18,197
<b>Birth Outcome</b>	Preterm	35.0	29.3	40.8	205	4,182
	Low Birth Weight	41.4	34.6	48.1	177	3,849

Note: Unmarried/Not living with a partner includes divorced, widowed, separated and never married living apart. Did not exercise during pregnancy includes those women who were told not to exercise by a health care provider.