

Pre-Pregnancy Health by Race/Ethnicity	2007-2009							
	LA County 2007	LA County 2008	LA County 2009	LA County	White	Latina	African American	Asian/Pacific Islander
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Access to Health Care Before Pregnancy								
Uninsured	34.0	35.2	31.8	33.7	18.6	41.6	28.1	13.6
On Medi-Cal	65.5	64.8	67.5	66.0	81.1	58.1	71.8	86.1
Preconception Health Behaviors and Experiences								
No preconception health counseling ¹	75.2	77.9	76.1	76.8	57.5	81.6	79.0	70.7
Not taking a multivitamin	54.3	60.7	66.8	60.2	38.5	67.0	66.0	43.1
Did not have enough money for food	7.8	8.9	10.6	9.2	*5.7	9.1	16.5	0.0
Smoked in the 6 months before pregnancy	12.0	11.7	13.1	13.1	16.7	10.6	20.1	*10.6
Family Planning Practices								
Unwanted pregnancy/mistimed by mother ²	39.1	47.0	40.8	42.9	35.3	45.8	43.6	34.2
Using birth control before getting pregnant ³	34.4	39.9	38.5	37.2	33.1	37.8	41.1	31.1
Received fertility treatment	6.9	*3.6	7.2	5.9	17.3	3.4	*3.2	*8.4
Preconception Health Conditions								
Overweight/Obese	55.5	52.0	57.6	54.6	35.2	59.4	62.5	42.1
Asthma	6.4	4.7	8.1	6.2	*6.2	6.0	*8.0	*4.4
High blood pressure	5.8	7.5	*5.5	6.4	*3.1	5.5	13.2	*2.0
Diabetes	*3.3	*3.5	*5.5	4.1	*2.1	4.5	*4.7	0.0
Anemia	7.4	11.9	10.7	10.3	*5.8	9.0	23.7	*2.1
Periodontal disease	9.3	9.3	10.4	9.9	*8.7	10.6	9.8	*6.3
Obstetric History								
Previous preterm birth	16.4	17.0	13.3	16.7	14.0	15.5	24.9	*12.1
Previous low birth weight	14.5	13.6	11.6	13.9	*11.1	12.7	18.5	*14.8
Stillbirth (pregnancy that did not result in a live birth)	9.2	7.0	7.4	8.1	*6.2	9.4	*8.5	*2.3
Previous miscarriage	27.7	25.9	28.1	27.6	29.8	24.8	33.5	32.3
Previous abortion	22.3	23.5	19.4	21.8	21.2	15.7	43.6	24.4
Previous infant death	7.1	*3.2	*5.0	5.9	*6.6	5.4	*7.5	*2.4

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

¹Question asked: During the six months before you got pregnant with your new baby, did you talk to a doctor, nurse, or other health care worker about how to prepare for a healthy baby and pregnancy?

²Question asked: Thinking back to just before you got pregnant with your new baby, how did you feel about becoming pregnant? Respondents who answered, "I wanted to be pregnant later" or "I didn't want to be pregnant then or any time in the future" were coded as "Unwanted or mistimed".

³Question asked: Before you got pregnant, were you doing something to keep from getting pregnant? Respondents who answered "Yes, all the time" or "Yes, sometimes" were coded as "using birth control before getting pregnant".

Prenatal Care and Maternal Risk Factors During Pregnancy by Race/Ethnicity	2007-2009								
	LA County 2007	LA County 2008	LA County 2009	LA County	White	Latina	African American	Asian/Pacific Islander	
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Prenatal Care									
Entered prenatal care after 1st trimester	9.8	7.6	8.4	8.5	*4.3	9.9	10.3	*3.1	
Did not get prenatal care as early as wanted	17.0	17.8	15.8	16.4	*11.3	17.6	19.1	*13.5	
Traveled 15 miles or more for prenatal care	11.9	14.2	15.1	12.6	12.6	10.6	17.4	*20.4	
Prenatal care did not meet PHS guidelines ⁴	35.2	44.3	40.0	39.1	40.1	41.1	31.3	37.8	
Dissatisfied with amount of wait time at prenatal care	36.5	39.1	34.0	36.4	25.0	40.4	35.4	32.9	
Dissatisfied with amount of time spent with doctor/nurse	30.6	38.2	34.5	33.2	13.2	39.6	32.2	*27.7	
Dissatisfied with advice given at prenatal care	28.7	36.8	37.6	33.3	16.6	37.5	33.0	34.8	
Dissatisfied with understanding/respect received from the prenatal care provider's staff	17.6	19.1	15.4	16.3	*9.2	18.8	16.6	*7.8	
Medical Conditions During Pregnancy									
Labor pain 3 weeks before due date	33.4	33.9	43.9	36.9	34.5	38.6	34.4	*28.8	
High blood pressure	17.0	12.7	12.9	14.3	10.9	14.2	18.5	*7.9	
Gestational diabetes	9.1	11.0	14.4	11.2	*6.2	12.5	9.7	*9.8	
Problems with the placenta ⁵	11.6	9.8	10.2	10.9	15.4	9.3	13.1	*10.7	
Urinary tract infection	14.8	14.8	15.9	15.0	13.9	16.5	15.3	*5.5	
Water broke more than 3 weeks early	21.0	18.8	19.7	19.3	22.6	19.3	19.9	*7.9	
Sexually transmitted disease	*4.5	*5.5	*3.9	4.9	*1.9	4.7	*8.5	*6.7	
Bacterial vaginosis	7.1	4.9	7.5	6.6	*5.4	6.5	9.3	*2.2	
Periodontal disease	14.2	14.1	12.3	13.9	12.3	13.0	18.1	*11.6	
Risk Behaviors During Pregnancy									
Smoking	*4.7	*2.9	*2.6	3.9	*4.1	*2.2	9.5	*3.5	
Exposure to secondhand smoke ⁶	9.5	7.4	8.3	9.4	*9.4	7.5	17.4	*6.3	
Using illegal drugs or drugs not prescribed by a doctor ⁷	32.4	31.0	38.3	34.0	38.7	31.4	41.1	28.9	
Drinking alcohol	10.9	14.8	10.5	12.2	24.2	9.4	14.2	*5.9	
Did not exercise during pregnancy ⁸	47.4	47.7	45.0	46.7	40.7	49.2	45.8	36.6	

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⁴Question asked: During your first or second prenatal care visit, were these part of your visit? Blood pressure measured, urine sample given, blood sample taken, height and weight measured, had pelvic exam, health history taken, ultrasound done, doctor asked about prenatal lead exposure. Those who responded "No" to any of the first six items were recoded as "PHS guidelines not met."

⁵Question asked: During your pregnancy did you have any of these problems? Respondents who answered "problems with placenta (such as abruptio placentae or placenta previa)" were coded as "problems with placenta".

⁶Question asked: During your pregnancy, about how many hours a day, on average, were you in the same room with someone who was smoking? Respondents who indicated more than 0 hours were coded as "exposed to secondhand smoke".

⁷Respondents who answered "yes" when questioned about use of marijuana, hashish, tranquilizers, hallucinogens, cocaine, heroin, amphetamines or prescription drugs not prescribed by their doctors were coded as "using illegal drugs or drugs not prescribed by a doctor".

⁸Question asked: During your last pregnancy how often did you exercise for 30 minutes or more? Respondents who answered "I didn't exercise" or "I didn't exercise; a doctor, nurse or health care worker said not to exercise" were coded as "did not exercise during pregnancy".

Psychosocial and Behavioral Risk Factors During Pregnancy by Race/Ethnicity	2007-2009							
	LA County 2007	LA County 2008	LA County 2009	LA County	White	Latina	African American	Asian/Pacific Islander
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Mental Health During Pregnancy								
Self reported depression ⁹	41.5	41.6	40.2	40.9	23.3	46.2	43.0	29.5
Social Support								
Dissatisfied with support given by the baby's father ¹⁰	16.7	19.7	15.0	17.1	10.0	16.1	29.3	*11.7
Experienced domestic violence/intimate partner abuse ¹¹	*4.5	*3.2	*2.4	3.7	*0.3	4.0	*7.7	0.0
Would have someone to loan money if needed ¹²	76.0	78.2	75.1	75.7	88.2	71.4	81.4	71.8
Would have someone to help if sick	81.9	78.6	80.1	79.8	86.0	76.7	87.1	76.2
Would have someone to listen to problems	80.9	80.6	82.7	81.2	89.1	79.0	82.2	77.2
Social Environment								
Perceived neighborhood as unsafe ¹³	18.6	24.6	19.5	21.0	11.5	22.4	27.5	*15.1
Stressful Life Events During Pregnancy								
Family member had to go into the hospital	12.1	16.8	11.5	13.5	13.3	13.9	14.1	*8.7
Divorced/separated from husband/partner	10.2	11.0	9.2	10.6	*3.8	11.1	19.1	0.0
Moved to a new address	17.9	20.8	19.2	19.5	21.2	19.3	20.2	*13.9
Were homeless	*5.5	*2.0	*4.6	4.2	0.0	4.3	*6.3	*8.8
Husband/partner lost his/her job	10.7	12.9	13.7	12.7	*7.8	14.4	13.3	*5.5
Lost job but wanted to continue working	5.5	7.1	7.4	6.3	*3.5	7.4	*6.8	*3.1
Argued more than usual with husband/partner	26.8	25.7	26.1	27.2	16.1	28.3	36.2	*16.8
Had a lot of bills that could not be paid	18.4	22.2	18.3	20.3	*9.8	23.0	25.1	*3.2
Were in a physical fight	*4.2	*2.2	*2.6	3.2	*1.0	3.0	*6.8	*2.2
Husband/partner or self went to jail	*4.4	*2.8	*2.3	3.7	*2.9	3.5	*7.3	0.0
Someone close had drinking or drug problems	8.0	9.1	*4.2	7.7	*9.3	7.8	*7.0	*3.2
Someone close and important died	11.6	13.1	10.8	11.8	*7.9	12.8	13.0	*8.6

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⁹Question asked: For 2 weeks or longer during your most recent pregnancy did you feel sad, empty or depressed for most of the day? Respondents who answered "Yes" were coded as "self reported depression".

¹⁰Question asked: Overall, how satisfied were you with the support given by your baby's father during your pregnancy? Respondents who answered "somewhat dissatisfied" or "not at all satisfied" were coded as "dissatisfied".

¹¹Question asked: During your last pregnancy, did the baby's father do any of the following for you? Hit or slap you when he was angry.

¹²Question asked: During your last pregnancy, would you have someone to loan you 50\$ if you had needed it?

¹³Question asked: How would you perceive this neighborhood in terms of its safety from violence? Respondents who answered "not at all safe" or "soemwhat unsafe" were recoded to "Neighborhood Unsafe."

Postpartum Health by Race/Ethnicity	2007-2009							
	LA County 2007	LA County 2008	LA County 2009	LA County	White	Latina	African American	Asian/Pacific Islander
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Maternal Postpartum Health								
Had a postpartum check-up	84.9	83.0	83.3	84.0	91.2	82.8	79.2	91.4
Family planning discussed during postpartum check-up	81.9	77.4	79.5	80.2	73.2	83.2	82.2	70.2
Self-reported Postpartum Depression								
Self reported postpartum depression ¹⁴	53.4	54.5	52.5	52.8	49.3	53.3	59.6	36.5
Grief and Bereavement Support								
Offered info on support groups/individual counseling	66.3	73.3	72.9	70.6	81.0	65.9	72.1	83.9
Attended a support group	8.0	14.4	42.1	14.9	27.8	10.5	22.3	*8.4
Religion provided bereavement support	49.6	46.1	51.8	49.2	48.7	46.2	58.5	52.1
Offered materials on grief or bereavement	76.7	75.9	78.2	77.0	86.3	72.0	81.5	85.6
Offered photographs of the baby	80.2	77.6	83.8	80.3	81.6	81.2	77.3	73.5
Offered keepsake items of the baby	84.1	84.9	86.1	85.5	90.9	83.8	84.9	88.3
Given information on burial arrangements	80.4	82.4	82.2	81.3	80.2	82.0	81.3	75.5

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¹⁴Question asked: Did you experience postpartum depression?