

Pre-Pregnancy Health by Service Planning Area																								
	Antelope Valley SPA 1			San Fernando SPA 2			San Gabriel SPA 3			Metro SPA 4			West SPA 5			South SPA 6			East SPA 7			South Bay SPA 8		
	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N	%	95% CI	N
Access to Health Care Before Pregnancy																								
Insured	90.3	(80.4-100)	154	87.2	(80.7-93.6)	423	87.0	(80.5-93.4)	431	91.3	(84.5-98.2)	224	100.0	(100-100)	108	88.0	(82.2-93.8)	476	84.6	(76.6-92.5)	337	83.2	(72.5-93.8)	319
On Medi-Cal	52.8	(35.5-70.2)	81	38.3	(27.7-48.9)	153	37.5	(27.7-47.3)	161	38.7	(24.8-52.5)	85	12.1*	(0-24.8)	13	70.6	(60.4-80.8)	330	51.2	(38.5-63.9)	170	36.0	(22.7-49.3)	113
Preconception Health & Well-being																								
No preconception health counseling ¹	60.9	(44.1-77.6)	101	56.8	(47.1-66.4)	276	60.2	(50.7-69.6)	292	47.1	(33.9-60.3)	120	41.6	(22.3-60.9)	45	63.6	(53.8-73.4)	351	67.9	(57.1-78.8)	273	47.9	(35-60.8)	180
Not taking a multivitamin	62.1	(46.1-78.1)	103	43.3	(33.7-52.8)	212	42.8	(33.4-52.2)	213	30.8	(18.9-42.7)	78	31.5*	(13.2-49.9)	34	47.3	(37.3-57.2)	267	54.2	(42.8-65.5)	217	42.9	(30.2-55.6)	170
Lack of folic acid knowledge	70.2	(54.3-86.1)	119	63.5	(54-73)	299	58.1	(48.6-67.5)	288	55.9	(42.4-69.5)	137	57.2	(38.5-75.8)	60	75.6	(67.2-84)	412	59.7	(48.2-71.1)	229	65.4	(52.5-78.2)	251
Had enough money for food	91.8	(82.2-100)	156	98.2	(95.6-100)	481	97.1	(94.3-100)	485	96.8	(92.3-100)	247	97.2	(91.8-100)	105	94.2	(89.4-99.1)	539	98.4	(95.2-100)	397	94.9	(89.8-100)	377
Did not smoke in the 6 months before pregnancy	85.1	(73.5-96.6)	142	94.7	(90.3-99)	464	96.7	(93.7-99.6)	478	91.8	(84.6-99)	234	93.8	(86.3-100)	93	87.3	(80.2-94.4)	487	94.6	(89.8-99.4)	382	88.7	(81.8-95.6)	340
Family Planning Practices																								
Unwanted pregnancy/mistimed by mother ²	48.5	(32.1-65)	79	31.7	(22.7-40.7)	149	35.4	(26-44.8)	170	20.6*	(10-31.3)	51	21.3*	(2.2-40.5)	22	37.7	(27.9-47.4)	202	32.7	(22.1-43.2)	129	29.3	(16.8-41.8)	111
Unwanted pregnancy by partner ³	26.0*	(11.9-40.1)	44	24.2	(16-32.4)	113	17.2	(10.1-24.3)	84	17.0*	(7.2-26.8)	43	24.2*	(4.5-43.8)	24	22.6	(14.3-31)	125	23.1	(13.6-32.6)	92	15.7*	(6.5-24.9)	59
Using birth control before getting pregnant ⁴	28.7*	(14.4-43)	49	23.3	(15.2-31.5)	113	31.0	(22.1-39.9)	152	26.1	(14.6-37.6)	65	9.4*	(0.5-18.3)	10	24.6	(16.2-33)	136	33.5	(22.6-44.5)	131	28.4	(16.1-40.7)	112
Preconception Health Conditions																								
Overweight/Obese	73.9	(59.8-88.1)	120	49.0	(39-59)	226	49.9	(40.2-59.7)	233	48.7	(35.3-62.1)	123	25.0*	(8.6-41.4)	25	71.5	(62.2-80.8)	385	80.7	(71.8-89.5)	288	55.6	(42.2-69.1)	206
Did not have asthma	81.8	(69.3-94.3)	139	90.5	(84.5-96.6)	444	94.3	(90.2-98.3)	470	92.5	(84.6-100)	236	93.7	(85.1-100)	101	84.4	(77-91.9)	483	97.7	(95-100)	395	92.9	(87.1-98.6)	369
Did not have high blood pressure	82.9	(70.9-95)	141	82.9	(75.6-90.3)	406	92.8	(88.8-96.8)	463	85.4	(75.1-95.7)	218	85.6	(70.9-100)	92	87.5	(80.9-94.2)	501	91.1	(82.6-99.5)	368	86.8	(76.8-96.7)	344
Did not have high blood sugar	91.0	(80.8-100)	155	94.0	(89.6-98.5)	461	93.1	(88.4-97.7)	464	100.0	(100-100)	255	90.74	(80.3-100)	98	88.1	(81.5-94.8)	504	94.6	(90.3-98.9)	382	93.9	(88.8-99.1)	373
Did not have anemia	95.3	(88.9-100)	162	98.6	(96.6-100)	483	94.3	(90-98.7)	471	98.2	(94.6-100)	250	100.0	(100-100)	108	95.5	(91.8-99.3)	546	94.4	(89.2-99.5)	381	95.2	(90.7-99.8)	378
Did not have periodontal disease	100.0	(100-100)	170	100.0	(100-100)	490	99.2	(97.7-100)	495	100.0	(100-100)	255	100.0	(100-100)	108	96.6	(92.6-100)	553	100.0	(100-100)	404	99.0	(97-100)	393
Did not report depression	90.3	(80.4-100)	154	95.7	(92.2-99.3)	469	96.1	(93.2-99.1)	480	98.2	(95.7-100)	250	99.7	(99.1-100)	108	92.9	(87.7-98.1)	531	90.0	(81.6-98.3)	363	100.0	(100-100)	397
Did not report anxiety	82.6	(70.3-94.8)	140	97.2	(94.3-100)	476	95.6	(92-99.2)	477	95.6	(90.1-100)	244	95.1	(87.7-100)	103	94.0	(89.2-98.8)	538	100.0	(100-100)	404	86.0	(76.8-95.2)	341
Obstetric History																								
Did not have a preterm birth previously	85.4	(73.4-97.5)	126	87.3	(80.1-94.5)	366	82.9	(74.8-91)	329	88.5	(78.8-98.3)	196	90.8	(78.5-100)	83	73.4	(63.2-83.5)	341	78.6	(68.6-88.5)	266	93.3	(86.4-100)	330
Did not have a low birth weight baby previously	81.7	(68.5-95)	121	94.9	(90.5-99.3)	372	85.8	(78.2-93.5)	331	90.0	(82-98)	197	95.6	(87.3-100)	88	78.4	(68.7-88.1)	341	85.5	(77.3-93.6)	294	92.5	(85.2-99.8)	322
Did not experience a stillbirth (pregnancy that did not result in a live birth)	81.6	(67.7-95.6)	115	89.4	(82.4-96.5)	381	95.1	(91-99.2)	368	88.6	(80.2-96.9)	198	100.0	(100-100)	84	84.5	(76.5-92.5)	383	94.8	(89.5-100)	317	91.3	(83.3-99.2)	315
Did not have a miscarriage previously	61.9	(45.1-78.6)	103	82.7	(74.9-90.5)	352	72.2	(63.1-81.4)	308	72.7	(60.1-85.3)	161	75.9	(59.2-92.5)	70	66.2	(55.7-76.6)	316	67.4	(56.7-78.1)	241	74.3	(63.1-85.5)	280
Did not have an abortion previously	80.2	(67.3-93)	116	83.8	(76.1-91.5)	353	87.0	(79.7-94.4)	342	81.8	(71-92.6)	176	77.0	(60.8-93.1)	73	71.4	(60.5-82.3)	322	96.1	(92.3-100)	323	84.3	(75.1-93.4)	291
Did not experience infant death previously	90.2	(78.6-100)	124	98.0	(95.3-100)	407	97.1	(93.9-100)	388	96.3	(91.2-100)	214	100.0	(100-100)	88	91.4	(84.5-98.4)	399	96.5	(92.2-100)	330	94.8	(87-100)	327

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

¹Question asked: During the six months before you got pregnant with your new baby, did you talk to a doctor, nurse, or other health care worker about how to prepare for a healthy baby and pregnancy?

²Question asked: Thinking back to just before you got pregnant with your last baby, how did you feel about becoming pregnant? Respondents who answered "I wanted to be pregnant later" or "I didn't want to be pregnant then or any time in the future" were coded as "Unwanted or mistimed."

³Question asked: Just before you got pregnant with your new baby, how did your husband or partner feel about you becoming pregnant? Respondents who answered, "He wanted me to be pregnant later" or "He didn't want me to be pregnant then or any time in the future" were coded as "Unwanted pregnancy by partner." Respondents who answered, "I don't know" or "I didn't have a husband or partner" were coded missing for this field.

⁴Question asked: Before you got pregnant, were you doing anything to keep from getting pregnant? Respondents who answered "Yes, all the time" or "Yes, sometimes" were coded as "Using birth control before getting pregnant."