

Postpartum Health by Service Planning Area	LA County 2013	LA County 2014	LA County 2015	2013 - 2015									
				LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay	
				SPA 1	SPA 2	SPA 3	SPA 4	SPA 5	SPA 6	SPA 7	SPA 8		
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Maternal Postpartum Health													
Had a postpartum check-up	83.6	79.0	85.6	82.6	74.3	87.7	87.8	83.3	89.6	72.0	83.6	87.1	
Family planning discussed during postpartum check-up	74.7	76.4	77.2	76.1	62.2	76.4	77.1	72.8	67.2	81.2	79.5	74.8	
Currently using birth control ¹⁶	44.0	39.8	33.6	39.4	44.8	36.7	39.6	44.1	27.0	43.3	42.1	31.3	
Currently pregnant ¹⁷	22.4	22.4	23.6	22.8	19.0	23.2	25.5	24.8	16.9	22.0	21.9	23.3	
Self-reported Postpartum Depression													
Postpartum depression ¹⁸	46.8	48.7	52.9	49.4	54.5	51.2	53.9	43.8	37.1	54.3	46.9	40.8	
Grief and Bereavement Support													
Offered information on support groups/individual counseling	75.7	79.1	83.4	79.3	79.5	83.5	75.6	78.7	88.8	71.5	78.6	88.6	
Attended a support group	29.6	30.1	30.4	30.1	23.5	38.4	25.2	32.8	48.4	17.4	37.9	35.8	
Found the support group helpful	87.2	85.5	66.3	78.6	84.6	82.8	93.6	58.2	82.6	70.3	79.0	79.5	
Attended individual counseling	50.1	57.5	53.1	53.7	41.0	53.6	57.5	59.3	70.0	51.1	54.1	50.0	
Found individual counseling helpful	84.2	72.0	82.3	78.7	60.9	72.4	84.6	71.9	82.6	75.9	87.9	85.4	
Religion provided bereavement support	44.8	48.4	42.6	45.4	47.9	46.2	45.3	37.2	49.3	42.8	49.1	48.9	
Offered materials on grief or bereavement	79.6	83.7	83.3	82.2	87.0	81.6	81.6	83.1	92.5	74.1	81.0	92.5	
Offered photographs of the baby	78.8	77.8	82.5	79.7	81.4	76.8	86.4	79.2	86.4	76.9	78.7	78.9	
Offered keepsake items of the baby	90.3	91.1	91.3	90.9	96.0	92.6	87.8	97.1	96.2	86.7	87.9	93.0	
Given information on burial arrangements	84.8	85.4	83.9	84.7	85.5	86.0	85.2	78.9	92.8	82.1	83.2	90.0	

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

¹⁶Question asked: Are you or your husband or partner doing anything now to keep from getting pregnant? Respondents who answered "yes" were coded as "Currently using birth control."

¹⁷Question asked: Are you currently pregnant?

¹⁸Question asked: Did you experience postpartum depression?