

# You're More Prepared Than You Think

## GATHER SUPPLIES

Check what you already have.

### ESSENTIALS



Water



Flashlight



First aid kit



Fire  
extinguisher



Food



Prescriptions

### USEFUL



Comfortable  
clothes and  
sturdy shoes



Radio



Cash



Sleeping  
bags or  
blankets



Cellphone  
charger



Tools

### PERSONAL



Comfort  
foods



Personal  
hygiene and  
sanitation  
items



Personal  
documents



Toys and  
games



Pet items



Get Connected



Make a Plan



Gather Supplies



COUNTY OF LOS ANGELES  
Public Health

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**MAKE A PLAN AND SHARE IT** Take five minutes to fill out the information below. Snap a photo, and share it with the people you care about.

**Meeting Spot:** Where will you go and meet up with others when something happens?

**Location:** .....

**Address:** .....

**Personal Contacts:** Who are the first people you will want to contact when something happens?

**Name:** ..... **Phone:** .....

**Name:** ..... **Phone:** .....

**Name:** ..... **Phone:** .....

**My Connections:** Identify other contacts from groups you belong to.

**Name:** ..... **Phone:** .....

**Address:** .....

**Name:** ..... **Phone:** .....

**Address:** .....

**Other Important Contacts:** What other numbers will be helpful? For example, work, doctor, local law enforcement, or utilities.

**Name:** ..... **Phone:** .....

**Name:** ..... **Phone:** .....

**Name:** ..... **Phone:** .....



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