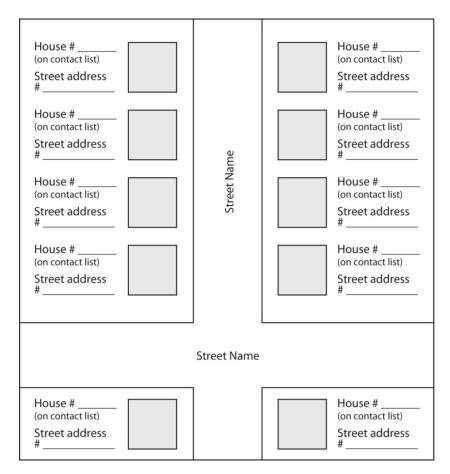
Your neighborhood contact list



Emergency Preparedness

Neighborhood Plan What you need to know



Know your neighbors. Plan together. Be ready.





Start by getting to know your neighbors

No matter what type of emergency you may face or where you live, it's important to know your neighbors.

Here's why:

- Right after an emergency, response teams may be delayed
- Your neighbors can be the first ones to help.
- They know where you live and will have a better idea of what you might need.

It may be hard to get to know them with everyone's busy schedules, but it's important. You can start by saying "Hello." It's a small step, but connecting with your neighbors could save your life someday.

Once you've met your neighbors you can start to put together an emergency plan. Working together will make a better plan. You can start by planning and calling a neighborhood meeting. You can use the tools here to help you make neighborhood emergency plan:

http://publichealth.lacounty.gov/eprp/prepare.htm

You will also need to make a household plan. This will let everyone in your household know what to do in an emergency. You can also prepare an Emergency Kit that meets the needs of your family. To get started, visit: http://publichealth.lacounty.gov/eprp/household_emergency_kit.html

How to prepare for an emergency.

Step 1: Set up and call a neighborhood meeting

- Add your emergency planning activities to neighborhood meetings
- Use community news websites and newsletters, pass out flyers, and post in public places
- Use tools from the bereadyla.org website to make a neighborhood emergency plan
- Point out the need for everybody to work together
- Have meetings to follow up

Step 2: Make a neighborhood map

The neighborhood map should show:

- Key community services and resources that can give support
- People in the community that have training or skills who can help before, during, or after an emergency
- People in the community who may have special needs, such as:
 - People with small children
 - People with pets
 - Older adults
 - Those who need help to move around
- Neighborhood rally point or evacuation place
- Neighborhood contact list with addresses, phone numbers, and emails

Remember to practice your plan and keep your emergency supplies updated!

To learn more and download materials, visit:

http://www.publichealth.lacounty.gov/hea/library/topics/eprp/