



# Nurse-Family Partnership

*Helping First-Time Parents Succeed*



**LOS ANGELES COUNTY- DEPARTMENT OF PUBLIC HEALTH**  
Maternal, Child & Adolescent Health Programs

**Shanica Davis, BSN, MSN**  
**& Vanessa Murillo, BSN, MSN**  
**NFP-Los Angeles**

**[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)**





“There is a magic window during pregnancy...it’s a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty, instability or abuse with the help of a well-trained nurse.”

David Olds, PhD, Founder  
Nurse-Family Partnership



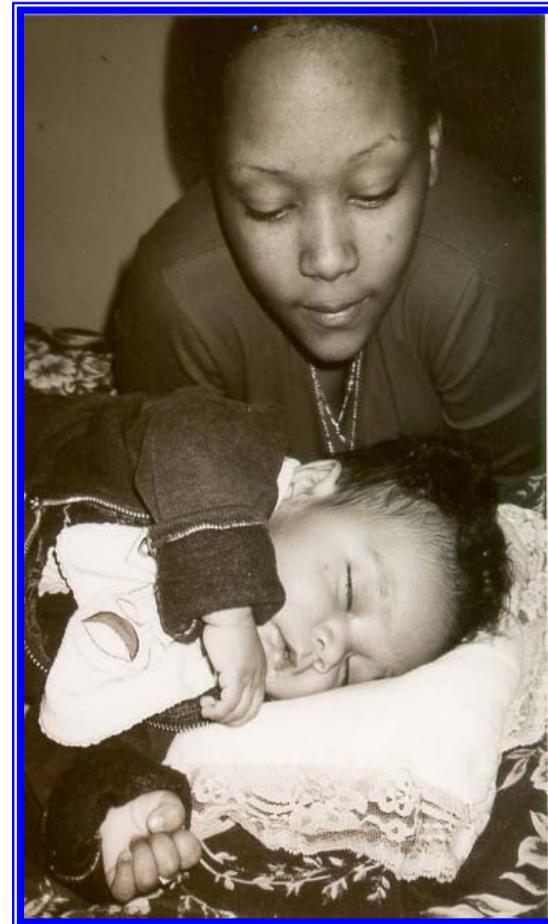
# GOALS



1. Improve pregnancy outcomes
2. Improve child health and development
3. Improve parents' economic self-sufficiency

An evidence-based nurse home visiting program for pregnant women who are:

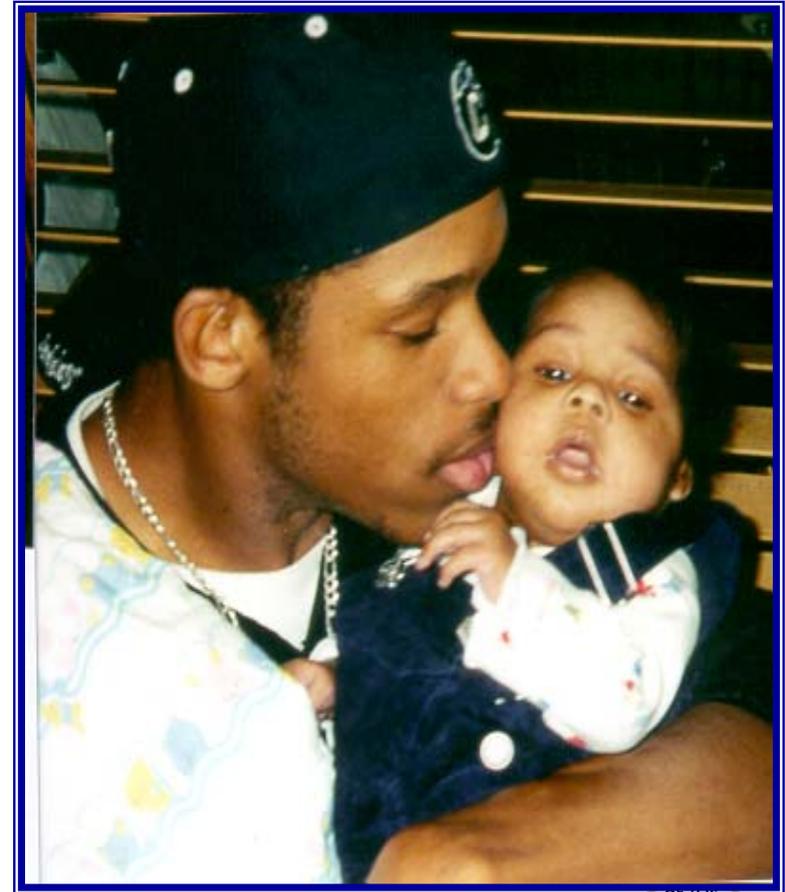
- **Low income**
  - ✓ **Usually teens**
  - ✓ **Usually unmarried**
- **First-time parents**
- **Living in poverty**





# PROVING IT WORKS WITH CONSISTENT OUTCOMES

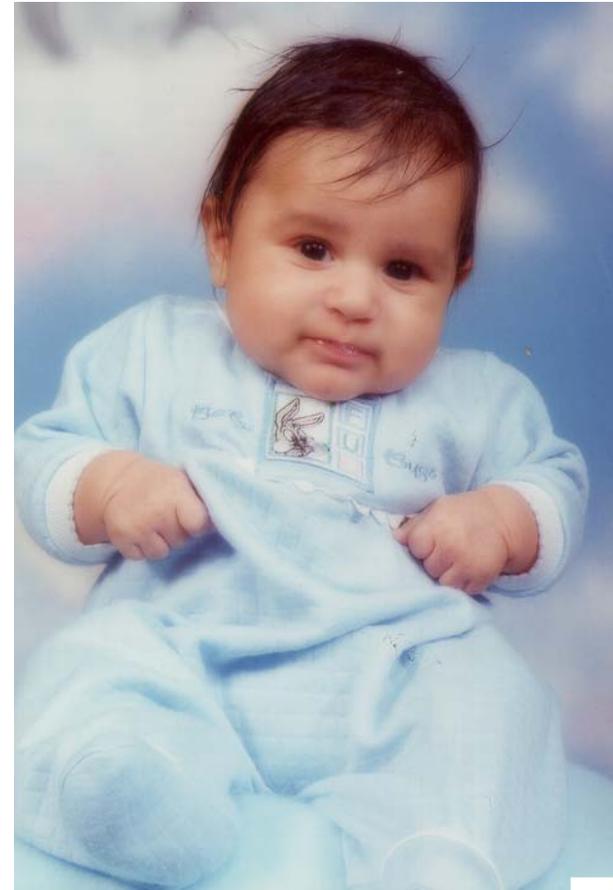
- Improved prenatal health
- Reduced child injuries
- Fewer subsequent pregnancies
- Greater intervals between births
- Increased father involvement
- Increased employment
- Reduced welfare use
- Improved school readiness





# NFP–Research Driven

- 3 Scientific Clinical Trials (using control groups)
- Demonstration Sites
- Data Access (Web-based data)
- Ongoing Research and QA
- Responsive to NFP Site Issues
- *“A WORK IN PROGRESS”*



# NFP in Los Angeles

## **BEST LOS ANGELES OUTCOMES**

(not inclusive of all achieved outcomes)

- Improved prenatal health
- Fewer childhood injuries
- Fewer subsequent pregnancies
- Increased intervals between births
- Increased maternal employment
- Improved school readiness

NFP-LA has consistently met or exceeded the NFP- National benchmarks which is significant within the LA population that is younger, poorer, more at-risk & ethnically diverse than those served nationally.

## **RESEARCHED OUTCOMES**

### Benefits to Mothers:

- 61% fewer arrests
- 72% fewer conviction
- 98% fewer days in jail

### Benefits to Children at Child Age of 15:

- 48% reduction in child abuse and neglect
- 59% reduction in arrests
- 90% reduction in adjudications as PINS

(Person in Need of Supervision)



# WHY IT WORKS

- ▶ Intensive Home Visitation Services
- ▶ Standardized Program Protocols
- ▶ Validated Assessments Guide Interventions
- ▶ Research & Data Based Quality Assurance
- ▶ Highly Trained Nurses
- ▶ \*2 ½ Years Relationship with a NFP Nurse!





## EVIDENCE HELPS TO WIN GRANTS!

- ▶ State Department of Juvenile Justice
- ▶ State Department of Public Social Services
- ▶ LA County, Department of Health Services
- ▶ LA County Department of Mental Health
- ▶ Senator Henry Waxman et.al. (Education Begins at Home Act)
- ▶ **President Obama** (Patient Protection & Affordable Care Act "ACA")



## WHAT WE'RE PROUD OF!

NFP-LA is the only site in the world training 20+ NFP nurses in American Sign Language (ASL) to serve the deaf.

NFP-LA is the only site in the Nation (so far) that employs a mental health therapist for assessments & treatment of NFP clients in their homes.

NFP-LA serves the most culturally diverse clientele and the highest number of "special populations" children (e.g., foster children, probation youth, deaf/physically disabled, etc) in the nation.

NFP-LA developed & wrote their own Children's Emergency Preparedness Booklet for children to promote reading AND emergency preparedness!



# PRINCIPLES OF FAMILY STRENGTHENING: Built into NFP

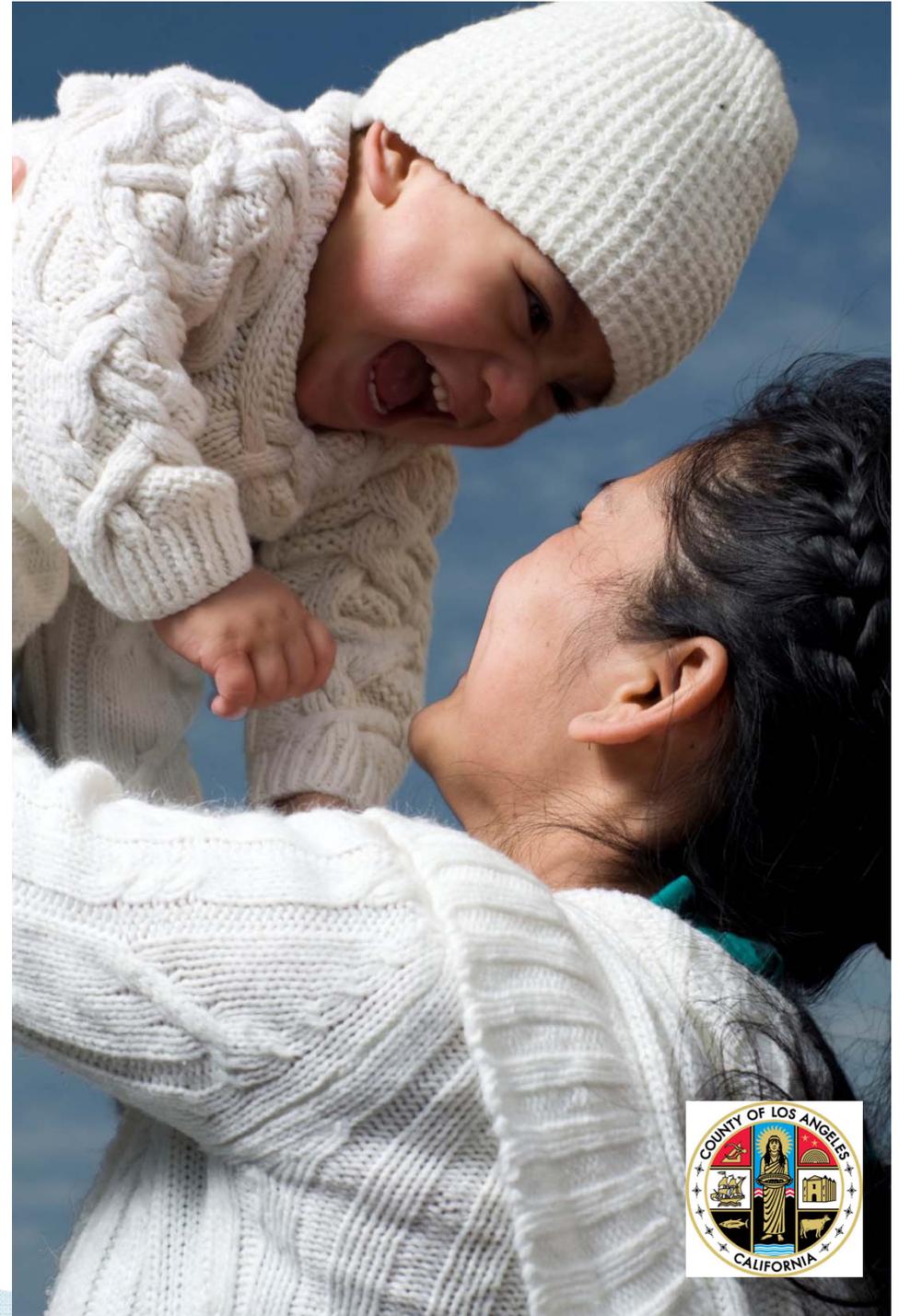
- ▶ PARENTAL RESILIENCE
- ▶ SOCIAL CONNECTIONS
- ▶ CONCRETE SUPPORT IN TIMES OF NEED
- ▶ KNOWLEDGE OF PARENTING AND CHILD DEVELOPMENT
- ▶ SOCIAL AND EMOTIONAL COMPETENCE OF CHILDREN



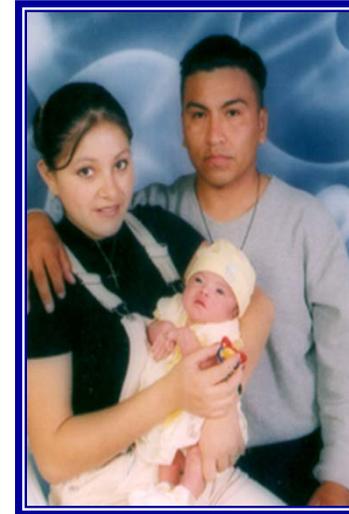


“ This program saves money. It raises healthy babies and creates better parents. It reduced childhood injuries and unintended pregnancies, increased father involvement and women's employment, reduced use of welfare and food stamps, and increased children's school readiness. And it produced more than \$28,000 in net savings for every high-risk family enrolled in the program.”

Barack Obama,  
U.S. President



# Protecting Our Future



Written permission has been obtained from NFP-LA clients to show their photographs in this presentation .

