

Postpartum Discharge Planning Checklist

For Persons with HIV and Their Newborns



Ending
the
HIV
Epidemic

The intention of this checklist is to provide the recommended components of successful postpartum discharge planning for persons with HIV and their newborns, including follow-up care and recommended screening and counseling.

Please **alert** the **County of Los Angeles Department of Public Health, Division of HIV and STD Programs (DHSP)** of pregnant or postpartum clients with HIV and their newborns. We want to assist with linkage to a Perinatal HIV Specialty Center to support care coordination for the whole family.

Medication



- Antiretrovirals (ARVs) provided for parent (at least 1 month supply)
- ARVs provided for newborn based on specialist recommendations¹
- Contraception provided (if indicated)

Public Health Reporting



- Case Report Form(s) submitted to DHSP²
- Contact DHSP Linkage and Reengagement Program (LRP) for linkage support

Counseling and Screening



- Patient provided breast/chestfeeding counseling³
- Patient counseled on HIV status disclosure and available supports
- Patient provided contraceptive counseling
- Patient screened for maternal depression
- Patient screened for intimate partner violence

Follow-up Care



- HIV care appointment scheduled for both parent and newborn⁴
- Patient provided with key contact information for HIV care provider, pediatrician, and social support services⁴
- Warm hand-off facilitated with LRP and/or Perinatal HIV Specialty Center

¹ Contact the UCSF Perinatal Clinical Provider Hotline for dosing support at: 888-448-8765

² For HIV and STD Case report forms: <http://publichealth.lacounty.gov/dhsp/ReportCase.htm>

³ Panel on Treatment of HIV During Pregnancy and Prevention of Perinatal Transmission. Recommendations for the Use of Antiretroviral Drugs During Pregnancy and Interventions to Reduce Perinatal HIV Transmission in the US. DHHS, 2023. Available at <https://clinicalinfo.hiv.gov/en/guidelines/perinatal>. Accessed 4/7/2023 E-11.

⁴ The ideal situation is to plan for an integrated care visit for both parent and newborn at a Perinatal HIV Specialty Center. For a listing of Perinatal HIV Specialty Centers: http://publichealth.lacounty.gov/dhsp/Perinatal_HIV_Action_Kit.htm

DHSP Key Contacts

Linkage and Reengagement Program (LRP) Warmline
Monday to Friday 8:00 AM – 5:00 PM
(213) 639-4288

Clinical Guidance & Nursing Warmline
Monday to Friday 8:00 AM – 5:00 PM
(213) 368-7441

For questions related to Perinatal HIV Surveillance and Prevention Activities, contact Azita Naghdi at (323) 893-9095 or anaghdi@ph.lacounty.gov.

