Working Together to End Youth Homelessness

April 16, 2015
Sponsored by:
LA Adolescent Health Collaborative
LA Coalition to End Youth Homelessness
LA County Maternal, Child, and Adolescent Health
The CHAMPION Fund
WORKING TOGETHER TO END YOUTH HOMELESSNESS

AN OVERVIEW OF YOUTH HOMELESSNESS IN LOS ANGELES COUNTY

APRIL 16, 2015
RHONDA A. JOHNSON, MA
HOMELESS SYSTEMS ANALYST
Presentation Objectives

• Youth Homelessness in the United States

• Demographics

• Characteristics

• Circumstances Causing Homelessness

• Prevalence of Youth Homelessness Per Service Planning Area (SPA)

• Location of Housing Programs

• Reasons for Homelessness

• Housing Inventory
YOUTH HOMELESSNESS IN THE UNITED STATES

• At least, **550,000** experience at least one week of homelessness every year

• **1 in 6** youth experience homelessness after emancipation from the Foster Care system

• **20 – 40%** of homeless Youth (Under 24) identify as LGBT

• **25%** of homeless Families are young parents

• **50%** of Chronically Homeless Adults experienced homelessness as Transitional Age Youth (TAY) 18-24

*(LAHSA Greater LA Homeless Count, 2013)*
Race/Ethnicity By Age

<table>
<thead>
<tr>
<th></th>
<th>Under 18</th>
<th>18-24</th>
</tr>
</thead>
<tbody>
<tr>
<td>African America/Black</td>
<td>43%</td>
<td>31%</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>27%</td>
<td>39%</td>
</tr>
<tr>
<td>White/Caucasian</td>
<td>6%</td>
<td>6%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
<td>3%</td>
</tr>
</tbody>
</table>

2013 LAHSA Greater LA Homeless Count
Gender and Age

- Under 18: 52% Male, 48% Female
- 18-24: 63% Male, 37% Female

2013 LAHSA Greater LA Homeless Count
CHARACTERISTICS

- **38%** Substance Abuse
- **25%** Mental illness
- **13%** are Survivors of Domestic Violence
- **8%** Have a physical disability
- **11%** Are chronically homelessness
- **13%** LGBT

*2013 LAHSA Greater LA Homeless Count*
CIRCUMSTANCES CAUSING HOMELESSNESS

- Family Problems
- Emancipation for the foster care and other public systems of care
- Economic Problems
- Family Homelessness
- Domestic Violence
- Lack of Positive Social Support
## PREVALENCE RATES PER SPA

<table>
<thead>
<tr>
<th></th>
<th>LA CoC Overall</th>
<th>SPA 1 Antelope Valley</th>
<th>SPA 2 San Fernando Valley</th>
<th>SPA 3 San Gabriel Valley</th>
<th>SPA 4 Metro</th>
<th>SPA 5 West LA</th>
<th>SPA 6 South LA</th>
<th>SPA 7 East LA</th>
<th>SPA 8 South Bay</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Under 18 in Families</td>
<td>3,850</td>
<td>231</td>
<td>566</td>
<td>286</td>
<td>904</td>
<td>355</td>
<td>926</td>
<td>275</td>
<td>307</td>
</tr>
<tr>
<td>Unaccompanied Youth Under 18</td>
<td>817</td>
<td>25</td>
<td>58</td>
<td>22</td>
<td>300</td>
<td>84</td>
<td>283</td>
<td>30</td>
<td>15</td>
</tr>
<tr>
<td>Total Youth Under 18</td>
<td>4,667</td>
<td>256</td>
<td>624</td>
<td>308</td>
<td>1,204</td>
<td>439</td>
<td>1,209</td>
<td>305</td>
<td>322</td>
</tr>
<tr>
<td>Transition Age Youth 18-24</td>
<td>5,373</td>
<td>602</td>
<td>802</td>
<td>485</td>
<td>1,347</td>
<td>541</td>
<td>1,130</td>
<td>306</td>
<td>524</td>
</tr>
<tr>
<td>Total Youth 24 and Under</td>
<td>10,404</td>
<td>858</td>
<td>1,426</td>
<td>793</td>
<td>2,551</td>
<td>980</td>
<td>2,339</td>
<td>611</td>
<td>846</td>
</tr>
</tbody>
</table>

*2013 LAHSA Point in time Homeless Count*
## Los Angeles County Housing Inventory

### Housing Inventory Snapshot

<table>
<thead>
<tr>
<th>Shelter Beds</th>
<th>189</th>
</tr>
</thead>
<tbody>
<tr>
<td>Transitional Housing</td>
<td>820</td>
</tr>
<tr>
<td>Supportive Housing</td>
<td>198</td>
</tr>
<tr>
<td><strong>Total Beds</strong></td>
<td><strong>1,207</strong></td>
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### Total Number of Homeless Youth

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2013 LAHSA Point in time Homeless Count
Contact Information:

Rhonda A. Johnson, MA
Homeless Systems Analyst
Los Angeles Homeless Services Authority
rjohnson@lahsa.org
213-683-3343
Our Mission

Advancing housing solutions that:

Improve lives of vulnerable people
Maximize public resources
Build strong, healthy communities

CSH
The Source for Housing Solutions
Why a federal framework to end youth homelessness?

- Federal goal to end youth homelessness is 2020
- A framework provides a comprehensive approach for addressing youth homelessness
  - System level
  - Ground level
- USICH Framework reflects the input of communities across the country as well as research and data
The needs of unaccompanied youth (age 12 - 24) are distinct from adults or families.

- Youth have different emotional, social, and physical development needs and opportunities.
- “Home” may not exist, may not be safe, or may not be supportive.
- Still, most youth find a stable place relatively quickly.
- Many youth have experienced and survived trauma.
- Youth name varying goals and needs; one size doesn’t fit all.
- Engagement of families and schools can be critical.
- Responses must attend to risk and protective factors.
- More risk and fewer protective factors increase likelihood of long-term homelessness. Responses must scale accordingly.
- Youth homelessness services are currently undersized and fragmented.
Federal Framework for Ending Youth Homelessness

**Strategy I: Getting to Better Data**
- A confident estimate of youth homelessness
- Data coordination, youth PIT strategy, and household survey

**Strategy II: Building Capacity for Service Delivery**
- A research-informed intervention model
- Review research and apply to intervention strategies
- Increased evidence of effective interventions
- Identify and scale-up evidence-based practices and increase rigorous evaluation
- Gaps analysis
- Investigate funding and capacity needs of programs
The Youth Framework

DATA STRATEGY

To understand prevalence, characteristics, and needs of homeless youth

CAPACITY STRATEGY

To support improved service delivery
Why a Youth Intervention Model?

- Provides a consistent, collaborative approach to ending youth homelessness
- Shifts the focus from individual programs to coordinated systems
- Allows for flexibility to local context and circumstances
- Shifts the focus from outputs to outcomes
Four Core Outcomes

- Wellbeing
- Education/Employment
- Stable Housing
- Permanent Connections
Screening

• Involves universal administration of a brief tool or tools to: 1) identify issues; and 2) refer for further assessment

• Can often be implemented by staff with little training or mental health/behavioral health background

• Many screening tools are free or low cost

• Important to have an established referral process for further assessment if the screening uncovers problems
Assessment

- Assessment informs service decisions:
  - at the **youth level** (case planning)
  - at the **program level** (inform service array)
  - at the **system level** (coordinate service array, screening & assessment, referral processes, data sharing, etc.)

- Assessment shifts the focus from outputs to outcomes:
  - Assessment provides a baseline for periodic follow-up assessments to measure outcomes over time
# Trauma, meet Empowerment

## Trauma-informed Positive Youth Development

<table>
<thead>
<tr>
<th>Recognizes &amp; targets:</th>
<th>Traumatic stress</th>
<th>Assets &amp; strengths</th>
</tr>
</thead>
<tbody>
<tr>
<td>Increases system awareness of:</td>
<td>Impacts of trauma</td>
<td>Youths’ ability to contribute</td>
</tr>
<tr>
<td>Screens &amp; assess for:</td>
<td>Trauma exposure &amp; symptoms</td>
<td>Developmental assets &amp; well-being</td>
</tr>
<tr>
<td>Evidence-based interventions are:</td>
<td>Therapeutically oriented</td>
<td>Skills- &amp; competencies-oriented</td>
</tr>
<tr>
<td>Strengthens:</td>
<td>Protective factors</td>
<td>Promotive factors</td>
</tr>
<tr>
<td>Promotes</td>
<td>HEALING</td>
<td>THRIVING</td>
</tr>
</tbody>
</table>
Opportunities Moving Forward

- Youth Count
- Youth CES
- Trainings for TIC and PYD
A conversation with youth and young adults with lived experience of homelessness

Jermell Foster
Quinn French
Brook Sekel
Evan Tischofer

Facilitator: Michelle Valles, NBC4 Southern California
Legal Rights for At Risk Youth

Lucy Petrow
Staff Attorney
Homelessness Prevention Law Project
Public Counsel

Sasha Stern
Staff Attorney
NextStep Program
Alliance for Children’s Rights
What we will cover:

• Extended Foster Care Re-entry Rights
• Warrants and tickets
• Sealing Juvenile Records
• Expunging Adult Records
• Health Care Rights
• SSI
• ID theft
EXTENDED FOSTER CARE RE-ENTRY RIGHTS
**Extended benefits available to foster/probation youth who**

- Have an open court case at age 18 (i.e. order for FC placement)
  - OR – be eligible under AB 2454 – disrupted adoption/guardianship after age 18
- Satisfy one participation requirement
- Sign a mutual agreement
- Agree to meet with Social Worker/Probation Officer
- Agree to work on transitional independent living skills
- Live in a licensed or approved setting
- Have 6 month court review hearings
What must a NDM do to receive financial benefits?

One of the following:

1. Be enrolled in high school or equivalent program
2. Be enrolled in college/vocational school
3. Work at least 80 hours/month
4. Participate in a program/activity that helps you find a job or removes barriers to employment
5. Be unable to do one of the above because of a medical or mental health condition
Am I eligible?

- If I was in a group home on my 18\textsuperscript{th} birthday

- If I was living with my grandmother under suitable placement order from the court on my 18\textsuperscript{th} birthday?

- If I was living with my mom on my 18\textsuperscript{th} birthday?

- If I was in a legal guardianship (case closed) with my aunt, that was established when I was 17?

- If I was AWOL on my 18\textsuperscript{th} birthday?
Re – Entry

• How to re-enter – LA COUNTY
  • Call the hotline
    • Dependency — 800.540.4000
    • Probation — 213.351.0243
  • Youth can also file for re-entry at court
  • Call the Alliance!

• Other Counties – call State Ombudsman -
What if the homeless youth is a minor?

- Foster Care
  - DCFS Child Abuse Hotline - 800.540.4000
- Reunification with family
  - Provide concrete supports for family
- Legal guardianship
  - Probate court vs. Dependency court
WARRANTS AND TICKETS
Presentation Purpose

- Reviewing the most common tickets we see at legal clinic
- Understanding the consequences of not dealing with tickets
- How to look up and find your infraction and misdemeanor tickets
- Knowing what to do if you get a ticket
Two Universes of Tickets

- Administrative and Traffic
- Traffic tickets are usually misdemeanors or infractions
  - Examples: Jaywalking, Blocking the sidewalk, Drinking in public
- Administrative tickets are parking and Metro tickets, like fare evasion tickets
- The course of action depends on what kind of ticket you have
Fare Evasion Tickets

 мастъ Fare evasion citations are $75.00.

 When you receive a fare evasion citation, take care of it immediately (within 21 days)

 Within 21 days, you must either pay the citation or request an initial review

 If you do not do anything, you will not be able to request community service and a late fee of $50.00 will be added to the citation.

 Legal clinic also cannot help with your citations after 21 days.

 Pro tip: Always pay for the Metro!
**Why Resolve Traffic Tickets?**

<table>
<thead>
<tr>
<th>Types of warrants</th>
<th>Repercussions</th>
</tr>
</thead>
<tbody>
<tr>
<td>❖ Failure to appear</td>
<td>❖ Suspension of DL</td>
</tr>
<tr>
<td>❖ Failure to pay</td>
<td>❖ Denial of housing (Section 8)</td>
</tr>
<tr>
<td>❖ Bench warrant</td>
<td>❖ Impede job search (Background check)</td>
</tr>
</tbody>
</table>

*Remember: These tickets do not go away – the longer you wait to deal with them, the harder it is to take care of them!*
## How Big of a Snowball?

### Traffic Fee Table

<table>
<thead>
<tr>
<th>Fee Type</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Penalty Assessment (1464 Penal Code, 76000 Gov’t Code)</td>
<td>$29 for every $10 of bail or fine or fraction thereof</td>
</tr>
<tr>
<td>Night Court Fee (42006 Vehicle Code)</td>
<td>$1</td>
</tr>
<tr>
<td>Court Security Fee (69926.5 Gov’t Code, 1465.8 Penal Code)</td>
<td>$40 per Bailable Convicted Violation</td>
</tr>
<tr>
<td>Criminal Surcharge Fee (1465.7 Penal Code)</td>
<td>20% of the base bail or fine</td>
</tr>
<tr>
<td>Criminal Conviction Assessment Fee (70373 Gov’t Code)</td>
<td>$30 for ea misdemeanor violation $35 for ea infraction violation</td>
</tr>
<tr>
<td>Abstract Fee (40508.6(b) Vehicle Code)</td>
<td>$10</td>
</tr>
<tr>
<td>Proof of Correction Fee (40611 Vehicle Code)</td>
<td>$25 per correctable violation</td>
</tr>
<tr>
<td>Sheriff's Inspection Fee</td>
<td>$17</td>
</tr>
<tr>
<td>Civil Assessment (1214.1 Penal Code)</td>
<td>$300</td>
</tr>
<tr>
<td>Certification Fee (70626(a)(4) Gov’t Code)</td>
<td>$25</td>
</tr>
<tr>
<td>Copy Fee, per page (70627(a) Gov’t Code)</td>
<td>$0.50</td>
</tr>
<tr>
<td>Non-Sufficient Funds Check (71386 Gov’t Code)</td>
<td>$65</td>
</tr>
<tr>
<td>Traffic Violator School Fee (42007.1 Vehicle Code, 11205 Vehicle Code)</td>
<td>$64 (non-refundable)</td>
</tr>
<tr>
<td>Accounts Receivable Fee (1205(d) Penal Code)</td>
<td>$30</td>
</tr>
<tr>
<td>Emergency Medical Air Transportation (76000.10 Gov’t Code)</td>
<td>$4 per Bailable Convicted Violation</td>
</tr>
</tbody>
</table>

...and then there’s the warrants...
The Court Process: Arraignment

- Get ticket
- Go to Court and schedule arraignment
- Pay Ticket by Date on Ticket
- Go to arraignment
- Not Guilty
  - Bail / OR, Set Trial Date
  - Trial
- Guilty or No Contest
  - Community Service
  - Reduction of fines/payment plan
  - Traffic School
The Court Process: Trial

Go to Court on Trial Date

Officer is there

Ask officer to dismiss ticket in the interests of justice

Ofcr. Says yes

Dismissal

Ofcr. Says no

Provide specific evidence you are not guilty

Court dismisses

Officer is not there

Automatic Dismissal

Court will not dismiss

Ask for reduction in fines or com. service

Change plea to guilty/no contest and ask for dismissal in interests of justice

Court will not dismiss
Court Process - Say That Again

Have a plan before going to court!

- Know what your options are
- Present things to judge **concisely**
- You should get **necessary documents** in advance and take them to Court.
- Legal clinic can help you make a plan

Necessary documents = verification of benefits, letters of support from case manager or employer, pay stubs or bank statements
How to Find Your Tickets: lacourt.org
Step 2: Find your ticket by DL or citation number
Step 3: Click “I agree” to the user agreement
Step 5: Search your citations

**Traffic**

**Driver’s License Number:**

**Date of Birth:**

IMPORTANT
On some occasions, citations are not available for viewing/processing on this website up to 21 days after the issuance date. Please DO NOT wait past the appearance date on your citation to respond. You are still responsible to appear on or before the appearance date on your citation at the Court Location shown on the bottom of your citation.

For more information on a citation, click on the Citation Number.

<table>
<thead>
<tr>
<th>Citation Number</th>
<th>Court</th>
<th>Law Enforcement Agency</th>
<th>Violation Date</th>
<th>Status</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Metropolitan Courthouse</td>
<td>Los Angeles Police Department</td>
<td>4/05/05 Holds</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Metropolitan Courthouse</td>
<td>Metropolitan Transit Authority</td>
<td>8/33/7/21 Warrant (non-traffic)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Compton Courthouse</td>
<td>Metropolitan Transit Authority</td>
<td>8/33/7/21 Warrant (non-traffic)</td>
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</tr>
<tr>
<td></td>
<td>Metropolitan Courthouse</td>
<td>Metropolitan Transit Authority</td>
<td>8/33/7/21 Warrant (non-traffic)</td>
<td></td>
</tr>
</tbody>
</table>

**Go to Online Services**
What to do if you have a ticket?

Tell your caseworker or make an appointment at legal clinic immediately!!
What does Legal Clinic do?

- We can offer advice on how to represent yourself
- We can help find your traffic tickets and see whether you have outstanding warrants
- Sometimes we can go to arraignments and trial dates and represent you
- When we go to court for you, we ask for a dismissal in the interests of justice
SEALING JUVENILE RECORDS
Sealing Juvenile Records

• Sealing → Treat record as if it never existed

• Who is eligible?
  • >18 or, if <18 have had 5 years pass since probation ended
  • Have not been convicted of a felony or “crime of moral turpitude” since termination of probation
  • Paid all fines
  • No civil litigation

• Cannot Seal 707(b) offenses (unless under 14 when committed)
  • Partial list – Murder, arson, robbery, rape, assault with a deadly weapon, grand theft involving a fire arm
New Law SB 1038

• Effective 1/1/015
• Automatic sealing of court record and dismissal of charges after the youth has completed terms of probation.
• Excludes 707(b) offenses
• Not retroactive
Process for Sealing Juvenile Records

• Get Arrest Record
  • Eastlake court, court that heard case, PO, PD
• Fill out petition
• File petition
  • Eastlake
• Wait for notice of hearing
• Attend hearing.
Adult records - Expungement

- 1203.4 Dismissal
  - If “in the interest of justice” to dismiss
  - If convicted and given county jail/probation/fine (NOT state prison)
  - Court may withdraw guilty/no contest plea, or verdict of guilt and enter not guilty plea.
  - Set aside and dismiss conviction.
  - Not all convictions are eligible

- Certificate of Rehabilitation
  - if sentenced to state prison or under authority of the Dept. of Corrections and Rehabilitation
  - Very specific eligibility requirements

- CONTACT LAW PROJECT OF LOS ANGELES 213.254.2405
HEALTH CARE RIGHTS
Rape Treatment/Sexual Assault
Family Code Section 6927, 6928

• A minor over the age of 12 may consent to treatment for rape and sexual assault.
Pregnancy: Prevention, Treatment, or Termination

Family Code § 6925

• A child of any age has the right to consent to all medical care related to the prevention or treatment of pregnancy.

• A child of any age has the right to terminate a pregnancy or carry it to term without notification or consent by either a parent or court. American Academy of Pediatrics v. Lundgren, 16 Cal. 4th 307 (1997).

• A child may not consent to be sterilized without the consent of a parent or guardian.
School Release for Medical Services:


- Schools
  - Must excuse minors during the school day for confidential minor consent medical care.
  - Cannot adopt a policy that requires parent consent or notification when the minor is excused from school for confidential medical care.
Infectious, Contagious, or Communicable Diseases: Prevention, Diagnosis, and Treatment

*Family Code § 6926*

- A child who is 12+ may consent to medical care related to the diagnosis or treatment of an infectious, contagious, or communicable disease if the disease or condition is one that is required by law or regulation to be reported to the local health officer.

- Effective Jan. 1, 2012, A child who is 12+ may consent to medical care related to the prevention of a sexually transmitted disease.

- The minor's parents or guardian are not liable for payment for medical care provided.
Self-Sufficient Child:

*Family Code § 6922*

Parent may be notified

- A child 15+ may consent to medical care if:
  - S/he is living separate and apart from the child’s parents or guardian, with or without consent of a parent or guardian, and regardless of the duration of the separate residence.
  - Child is managing his/her own financial affairs, regardless of the source of the child’s income.

- Parent/guardian is not liable for the cost of medical or dental care for a self-sufficient minor.

- Parents may be notified of treatment, but child may still obtain treatment regardless of their opinion.
  - Contact legal counsel prior to disclosure.
Medi-Cal

• Youth living on their own can apply for Medi-Cal if they are not claimed as a dependent. A social service agency can be used as their mailing address.

• **Medi-Cal for Former Foster Youth**
  • Every former foster youth in California (who transitions out of foster care at age 18) is entitled to Medi-Cal until their 26th birthday. After the youth leaves foster care, the Department of Public Social Services (DPSS), not DCFS, is responsible for ensuring Medi-Cal coverage.
Mental Health

• Consent to Mental Health Treatment May Be Given By:
  • A parent or legal guardian, if available and capable of authorizing treatment
  • The court, if a parent is unavailable or incapable of authorizing treatment. *Welf. & Inst. § 369(b)*
  • A relative who is caring for the child under a permanent plan established by the court. *Welf. & Inst. Code § 366.27*
  • The minor under certain circumstances
Minor Consent to Outpatient Mental Health Treatment

• Minor can consent to mental health treatment if he or she is
  • 12+; and
  • Mature enough to participate intelligently in the treatment; and
• If the minor is using Medi-Cal, they must be in serious danger of physical or mental harm to self/others or child abuse/incest victim
Confidentiality

• If a minor consents or could have consented, the provider may only share information with parents or guardians with the signed authorization of the minor.
Consent for Special Types of Mental Health Treatment:

- • Voluntary Hospitalization and Inpatient Mental Health Treatment
  - • The court, with the child’s consent after consulting his/her attorney.  
    *Welf. & Inst. § 6552*

- • Involuntary Hospitalization
  - • The Court may order a dependent child to be held for 72 hours if the child is gravely disabled or a danger to himself or others.  
    *Welf. & Inst. §§ 6550, 6551, 5150.*

- • Psychotropic Medication
  - • The court or a parent if the court allows the parent to do so.  
    *Welf. & Inst. Code § 369.5(a).*

- • A child age 12+ who is not gravely disabled may object to psychotropic medication.  
  *Welf. & Inst. § 5150.*
SSI: SUPPLEMENTAL SECURITY INCOME
SSI = Supplemental Security Income

- Available for blind, disabled and people over 65.
- Youth in foster care → screened between age 16.5 and 17.5
  - Application submitted if indicated
- Youth on the streets may qualify for SSI
Eligibility is different for children and adults

• CHILD –
  • Child must have physical or mental conditions(s) that very seriously limit his or her activities and
  • Condition must have lasted, or be expected to last at least one year or result in death

• ADULT –
  • Must be unable to work because of his/her medical condition; and
  • Medical condition must have lasted, or be expected to last, at least 1 year or be expected to result in death.

• www.ssa.gov - resources and assistance
IDENTITY THEFT
ID Theft

- Youth with unstable homes → high risk.
- Thieves use information for
  - Opening new credit card accounts
  - Utility accounts
  - Phone accounts

- Protecting youth
  - Help them check their credit
  - Discuss prevention
How to check your credit

- Free credit report once every year, from each of the three reporting agencies
  - Experian, Transunion, Equifax
  - order all three at once, or space them out, one every 4 mo.
- Go to [www.annualcreditreport.com](http://www.annualcreditreport.com) or call 1-877-322-8228
  - BEWARE of impostors!!
- If you are unable to check your credit online – you may have to send in a copy of your ID and a bill/bank statement to the agency via mail.
Taking Action -

• Place an initial Fraud Alert
• Contact creditor and credit reporting agencies
• Follow instructions in FTC manual
• Contact the Alliance for Children’s Rights (former foster youth)
• Contact the Department of Consumer Affairs
  • dca.lacounty.gov
  • 800.593.8222
Contact Info

• Lucy Petrow, Staff Attorney – Homelessness Prevention
  Public Counsel Law Center
  610 South Ardmore Avenue
  Los Angeles, CA 90005
  213.385.2977
  Lpetrow@publiccounsel.org

• Sasha Stern, Staff Attorney – NextStep Program
  Alliance for Children’s Rights
  3333 Wilshire Blvd. Suite 550
  Los Angeles, CA 90010
  213.368.6010 ext 162.
  S.stern@kids-alliance.org
ARC
Attachment, Self-Regulation, and Competency
Treating Traumatic Stress in Children and Adolescents

How to Foster Resilience through Attachment, Self-Regulation, and Competency

Margaret Blaustein
Kristine Kinniburgh
Attachment

Positive attachment is the capacity to form and maintain a healthy emotional bond with another person or persons which is a source of mutual comfort, safety, and caring.
Attachment Questions

• What do we know about the quality and consistency of this youth’s early care-giver child experiences (with parents, guardians or other care-givers)?

• What quality of relationship does this youth form with his/her peers?

• How does this youth relate to adults, program staff and authority figures?
Self-Regulation

Self-Regulation refers to developing and maintaining the ability to notice and control feelings such as frustration, anger and fear.
Self-Regulation Questions

• What does it look like when this youth is experiencing unpleasant feelings?
• How often does this occur?
• How intense is their response to unpleasant feelings?
• How quickly do they recover?
• What kinds of situations trigger these unpleasant feelings?
• What methods does the youth use to calm down?
Competency

Developmental skill competency refers to mastering the developmental tasks of adolescence and developing the ability to plan and organize for the future.
Competency Questions

• How clear is this youth’s thinking?
• Does this youth accurately assess their reality and their relationship with their environment?
• Is this youth able to think about their past, present and future?
• Is this youth able to “problem solve,” organize and prioritize their time, or plan ahead?
• Does the youth exhibit sound judgment?
• What specific skills does this youth possess?
• What skills does this youth still need to acquire?
Lunch

Check out the Resource Room (Tahoe)
Innovations in Housing and Education & Employment

- Laura Collier – St. Anne’s
- Hellen Hong – First Place for Youth
- Andrea Marchetti, Jovenes, Inc.
- Elisha Reid, Covenant House California
- Mark Wilson, Coalition for Responsible Community Development

Facilitator: Angela Rosales, CSH
St. Anne’s mission and values drive the treatment approach of all agency programs. St. Anne’s belief system supports and utilizes a strengths-based treatment approach with clients. Strengths-based treatment is based upon the belief that all of the young women, families, and children served have strengths, resources and the ability to recover from hardship and/or crisis and thrive independently of services. By highlighting and building upon client strengths, St. Anne’s hopes to shift the focus from problems and deficits and instead support clients in being able to identify strengths in themselves to solve problems and overcome adversity in the future.
My First Place: Key Components

**Education and Employment Outcomes**
- 80% earn their HSD/GED
- 91% enrolled in PSE at exit
- 86% employed at exit
Jovenes provides stable housing and support services for 18-25 year old homeless youth. We offer life skills training, employment development and other community-based services that create opportunities for personal growth and a permanent path to a productive life.

Jovenes Offers:

- Emergency Shelter for TAY
- Transitional Housing for TAY
- Permanent Supportive Housing for TAY
- Service Enriched Housing for TAY (scattered site)
- Employment and Job-Readiness Counseling
- Internship and Leadership Development Program
- Los Angeles Street Soccer Academy
- Life Skills Training
- GRYD
- Family Preservation Program
- Domestic Violence Support Group

On annual basis we receive around 120 youth in our emergency house and we can house up to 65 youth at any given time across our continuum of housing.
Covenant House California (CHC), serves all homeless youth and at-risk youth between the ages of 18 to 24 with "immediacy, absolute respect and unconditional love."

CHC provides shelter, food, immediate crisis care, transitional living programs, healthcare, educational and employment support, case management, mental health services, street outreach, and aftercare services.

Covenant House California
1325 N. Western Ave.
Hollywood, CA
www.covenanthousecalifornia.org
Mission is to better sustain, coordinate, and improve local planning, development, and community services that address the needs of low-income residents, Transition Age Youth, and small businesses in South Los Angeles.

Primary Services & Projects:

• Affordable Housing Development - Permanent Supportive Housing for Homeless Transition Age Youth, Historic Preservation

• Workforce Development – City of Los Angeles Work Source Center and Youth Source Center, South Los Angeles Youth Build

• Neighborhood & Community Beautification

• Neighborhood Justice - Alternative Sentencing, Diversion Programming

• Small Business Resource Development

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Innovations in Permanent Connections and Social/Emotional Well Being

- Erica Rodriguez, LA LGBT Center
- Dave Leon, The Painted Brain
- Raja Michelle, Green Tree Yoga and Meditation Center
- Carrie Mounier, FSP Program, Division of Adolescent and Young Adult Medicine, CHLA

Facilitator: Dr. Wen Li Jen, Pacific Clinics- Asian Pacific Family Center
Erica Rodriguez, MFT
Care Coordination Manager, RISE
Children, Youth & Family Services

Los Angeles LGBT Center
Highland Annex
1220 N Highland Ave Los Angeles, CA  90038-1207

+1 (323) 860-3633 | +1 (323) 308-1246 (fax)
Dave Leon, LCSW
Director, Painted Brain
www.paintedbrain.org
626-354-1584
Our Mission:

Creating access to enriching, mindful, healthy, community-oriented programs, regardless of income, allowing that which connects us to flourish and to dissolve that which separates us.

Our Services:

• Yoga
• Mindfulness Meditation
• Capoeira
• Yoga Teacher Training
• Food Justice
• Youth Programs
Efforts to address youth homelessness

Homeless Adolescent and Young Adult Wellness Center (HAWC)
- Medical care
- Low Barrier Mental health services
- Mobile Health Team
- Case management
- Night Outreach Services
- HIV and substance abuse prevention

Full Service Partnership TAY program
- DMH contracted Mental Health Services
- Homeless Youth Ages 16-25
- Intensive Mental Health & Case Management
- 24 Hour Crisis Intervention
- “Whatever it Takes”

www.chla.org/adolhealth
Closing & Evaluation

- Please return your evaluation forms!
- We welcome suggestions about future topics