

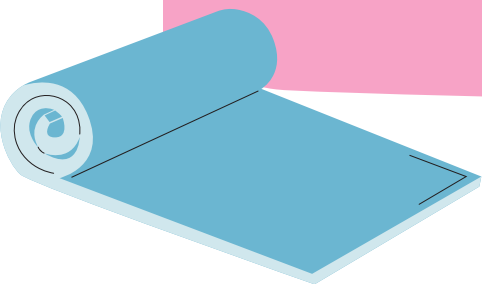
EXERCISE WITH THE NURSE



**January 15, 22, & 29
From 9:30-10:30AM**

Whittier Wellness Community
7643 S Painter Ave. Whittier,
CA 90606

**Stay active Tuesday mornings and
exercise with our wonderful Nurse!**



EJERCICIO CON LA ENFERMERA

15, 22 y 29 de enero
A LA 9:30 a 10:30AM

Whittier Wellness Community
7643 S Painter Ave. Whittier, CA
90606

**¡Manténgase activo los martes por la
mañana y haga ejercicio con nuestra
maravillosa enfermera!**

