

Los Angeles County Community Health Improvement Plan

Service Planning Area 8

Torrance Memorial Medical Center

October 7, 2014



Welcome!

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Goals for Today

- Convene community stakeholders in SPA 8 to form an ongoing network to share resources, examine best practices, and improve coordination
- Provide input into DPH's Community Health Improvement Plan, a 5-year strategic plan for improving health in Los Angeles County

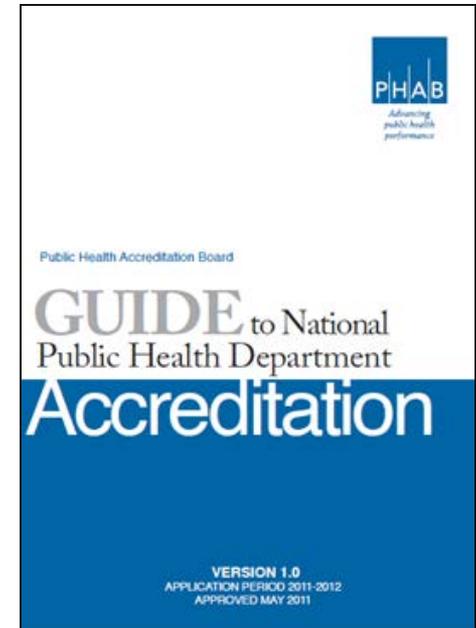


Introduction of Stakeholders



Strategic Planning for a Healthier Community

- Community Health Assessment (CHA)
 - A report on state of health in the County
- Community Health Improvement Plan (CHIP)
 - A strategic plan for improving health



Community Health Improvement Plan

- Determine Priority Areas and Interventions
 - Examples: Active Living, Violence Prevention
 - Summarized from regional meetings and public input period
- Develop Implementation Plan
 - Actionable
 - Measurable
 - Time limited
 - Also addresses upstream, social determinants



What is a Healthy Community?



Unnatural Causes "Sickness and In Wealth"

"Living in America . . ."

TRT 2:41

[Link](#)



What is a Healthy Community?

A Healthy Community provides for the following through all stages of life:

- Meets basic needs of all
- Quality and sustainability of environment
- Adequate levels of economic and social development
- Health and social equity
- Social relationships that are supportive and respectful



Obesity, Diabetes and Coronary Heart Disease

Health Outcomes	Los Angeles County	SPA 8
Obesity- Adults	24%	23%
Obesity - Children	22%	21%
Diabetes	10%	10%
Coronary heart disease	#1 Cause of death & Premature death	#1 Cause of death & Premature death

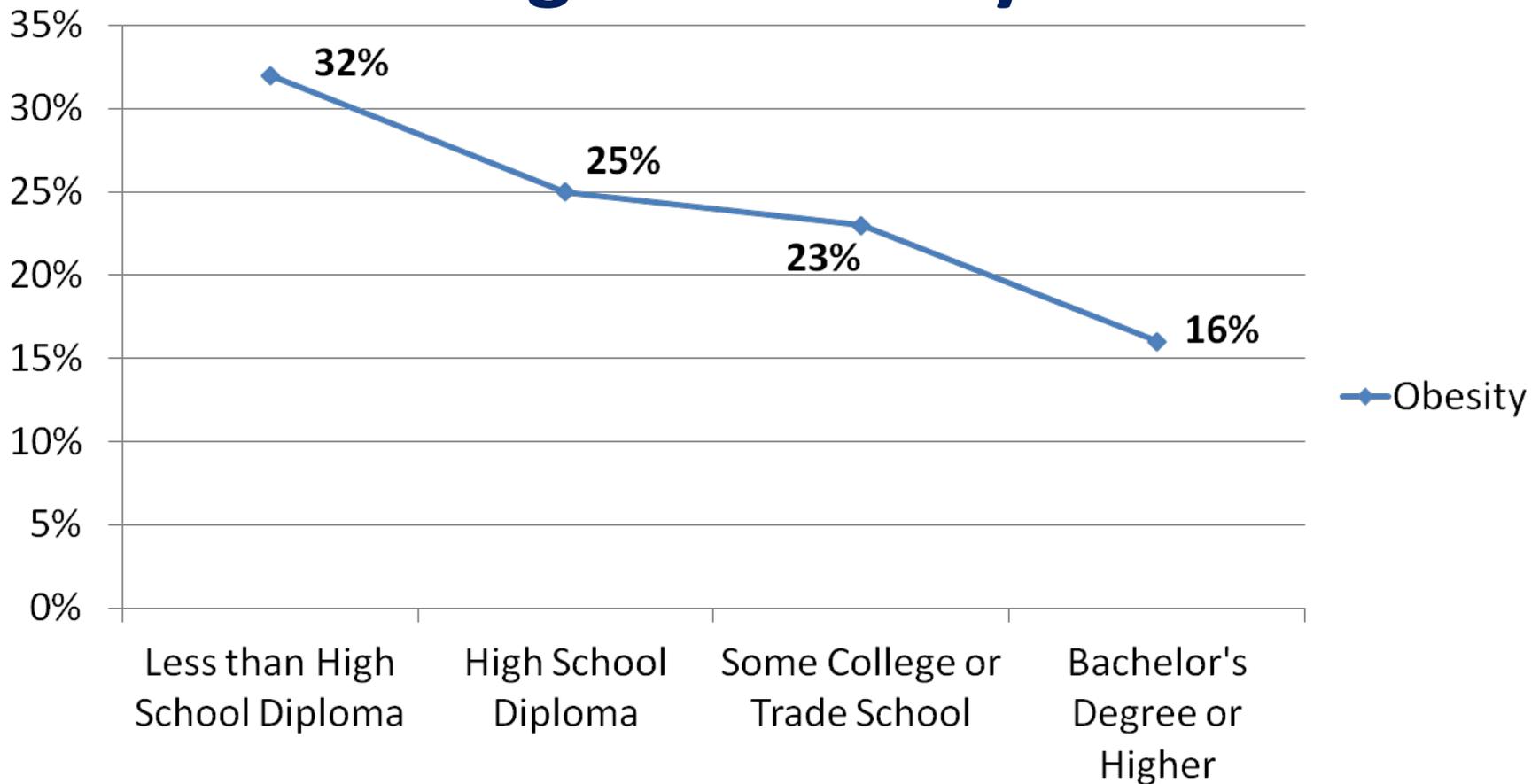


Social/Physical Contributing Factors to Diabetes & Obesity

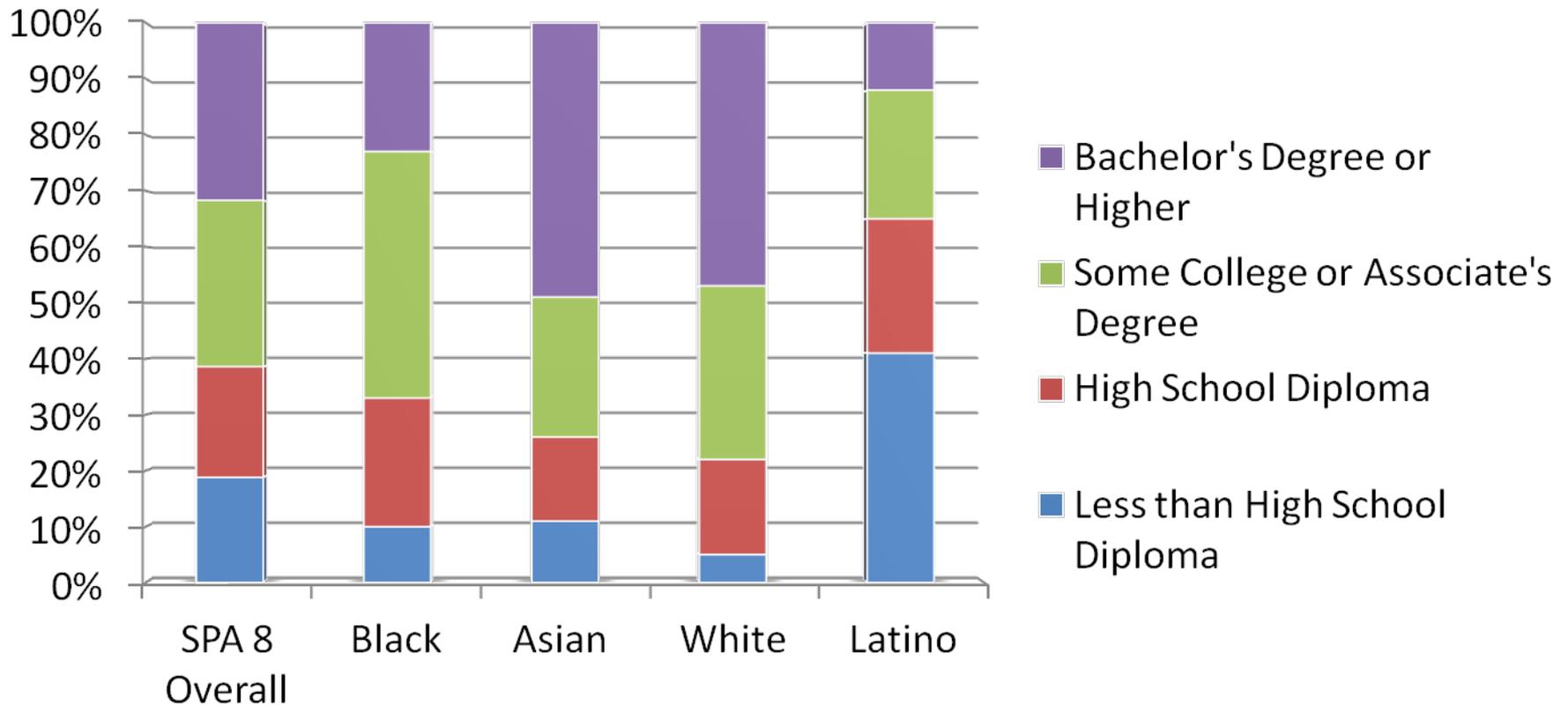
Indicator	Los Angeles County	SPA 8
% of population that lives in poverty	17%	16%
Households with incomes <300% FPL who are food insecure	31%	37%
Children who consume at least one soda/sweetened drink per day	38%	40%
Adults who consume at least one soda/sweetened drink per day	36%	38%
Children who consume fast food at least once per week	51%	53%
Residents use walking paths, parks, playgrounds, or sports fields in their neighborhoods	52%	55%



Percent of Obese Adults by Highest Education Level, Los Angeles County 2011



Highest Education Level, SPA 8

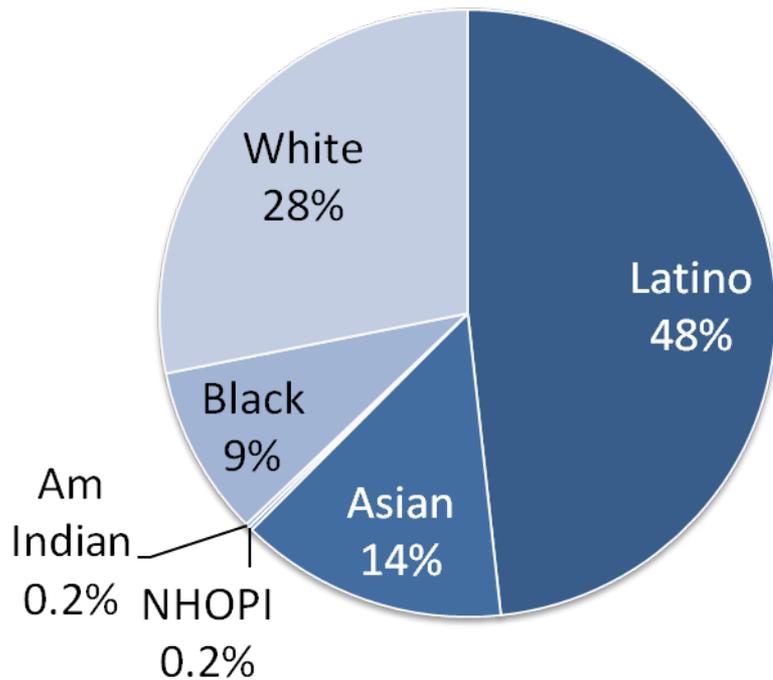


Community Health Assessment SPA 8

Population by Race/Ethnicity

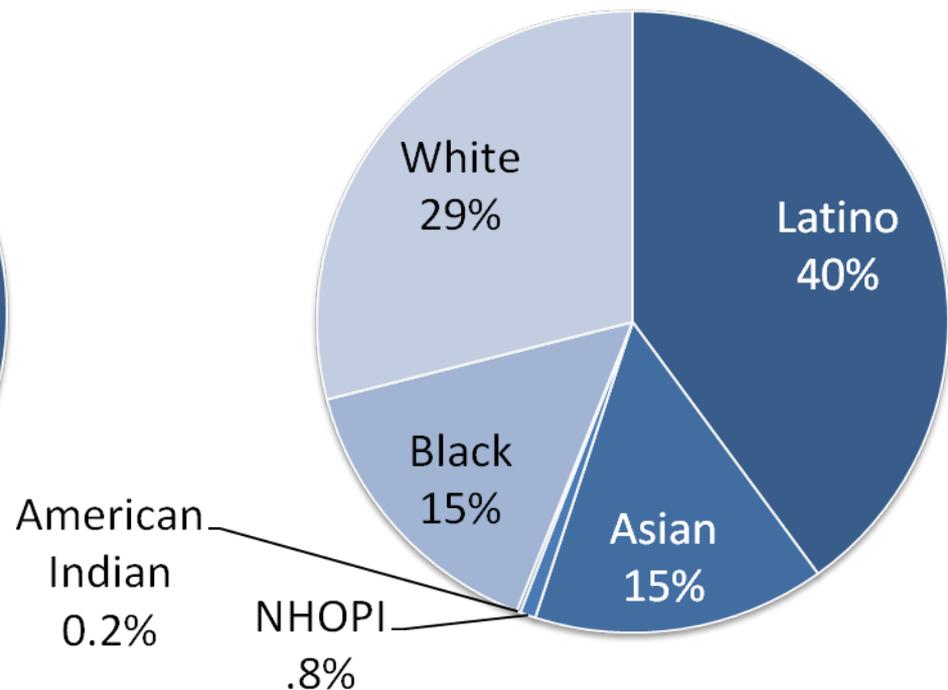
Los Angeles County

Population 10,019,362



SPA 8

Population 1,550,198



Community Health Assessment

Indicator	Los Angeles County	SPA 8
Average annual death rate from firearms	5.4 deaths per 100,000	6.4 deaths per 100,000
Adults who perceive their neighborhoods to be safe from crime	84%	86%
Adults who smoke cigarettes	13%	13%
Adults who binge drink in past month	15%	16%
Children with asthma	9%	12%



Preventive Services

Indicator	Los Angeles County	SPA 8
Women ages 50-74 years who had a mammogram within the past 2 years	80%	76%
Adults age 50 and older ever screened for colon cancer	76%	79%
Kindergarten students with Personal Beliefs Exemptions	2.2%	1.9%



Health Status

Indicator	Los Angeles County	SPA 8
Adults who perceive their health is fair/poor	21%	18%
Adults ever diagnosed with depression	12%	11%
Pregnant women who access prenatal care in the first trimester	82%	80%
Rate of births (per 1,000 live births) to females 15-19 years	28	26



Life Expectancy and Causes of Death/Premature Death

Life Expectancy 81.1 years

Causes of Death	Causes of Premature Death (before age 75 years)
Coronary Heart Disease	Coronary Heart Disease
Stroke	Homicide
Lung Cancer	Suicide
Emphysema/COPD	Drug Overdose
Alzheimer's Disease	Liver Disease



Hospital CHNA Prioritizations

Indicator	Frequency
Mental Health	8
Access to Care	7
Obesity	5
Preventive Care	4
Chronic Disease	3
Dental Health	2
Wellness Education	2
Linking People to Services	2
Services that Allow Seniors to Live at Home	2

CHNAs reviewed: Community Hospital of Long Beach, Miller Children’s Hospital, Kaiser Permanente South Bay, Little Company of Mary Hospital San Pedro, Little Company of Mary Hospital Torrance, Long Beach Memorial Medical Center, St. Mary Medical Center Long Beach, Torrance Memorial Medical Center





Mobile Panel: Local Highlights in Tobacco Control



Spectrum of Prevention

SPECTRUM LEVEL	LEVEL DEFINITION
1. Strengthening Individual Knowledge and Skills	Enhancing an individual's capability of preventing injury or illness and promoting safety
2. Promoting Community Education	Reaching groups of people with information and resources to promote health and safety
3. Educating Providers	Informing providers who will transmit skills and knowledge to others
4. Fostering Coalitions and Networks	Convening groups and individuals for broader goals and greater impact
5. Changing Organizational Practices	Adopting regulations and shaping norms to improve health and safety
6. Influencing Policy and Legislation	Developing strategies to change laws and policies to influence outcomes

adapted from the Prevention Institute, www.preventioninstitute.org



Wellness Activity & Personal Break



What Issues Are People Working On?

Eventbrite survey results

- 1) Obesity/healthy living (29)
- 2) Health services/access to care (11)
- 3) Mental health (10)
- 4) Youth development & well-being (7)
- 5) Chronic disease prevention/management (7)
- 6) Homelessness (4)
- 7) Health disparities/social determinants of health (4)
- 8) Mobility access (3)
- 9) Asthma, substance abuse, tobacco, access to parks (2)



What Issues Are People Working On?

Eventbrite survey results

- 10) Tongan language materials development/interpretation (1)
- 11) Fall prevention (1)
- 12) Toxic stress (1)
- 13) HIV- AIDS (1)
- 14) Workforce development for health (1)
- 15) Child abuse prevention (1)
- 16) Maternal and child health (1)
- 17) Parenting support (1)



Spectrum of Prevention Activity

1. If you are working on one or more of the top 3 issues, write the name of your organization on a colored post-it.
 - Blue is for: **Hospitals**
 - Green is for: **Schools**
 - Yellow is for: **Health Clinics**
 - Orange is for: **Non-profit Organizations**
 - Pink is for: **Other**
2. Place the post-it on the chart paper that corresponds to the issue you work on AND in the appropriate Spectrum of Prevention level.





Group Discussion: What Should Our Network Do?



Goals for Network

- Convene community stakeholders in SPA 8 to form an ongoing network to share resources, examine best practices, and improve coordination



Collaboration & Coordination Brainstorm

What kind of:

1) **Resource sharing** with other stakeholders/agencies would be helpful to you?

2) **Coordination** with other stakeholders/agencies would be helpful to you?

- *Coordination = inter-agency linkages, referral mechanisms, communication processes, etc.*

3) Information about **best practices** would be helpful to you?



Next Steps

- Set up an Advisory Committee to help plan future network meetings
- DPH will send out slides, meeting notes, and list of participants from today's meeting
- Please give us your feedback on today's meeting...and return badges

Thank You!



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