

# Los Angeles County Community Health Improvement Plan

Service Planning Area 4  
The California Endowment  
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# Welcome!

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# Goals for Today

- Form a network of local stakeholders to collaboratively prioritize health issues, identify gaps in service and increase coordination to improve health outcomes.
- Provide input into DPH's Community Health Improvement Plan, a 5-year strategic plan for improving health in Los Angeles County



# Introduction of Stakeholders

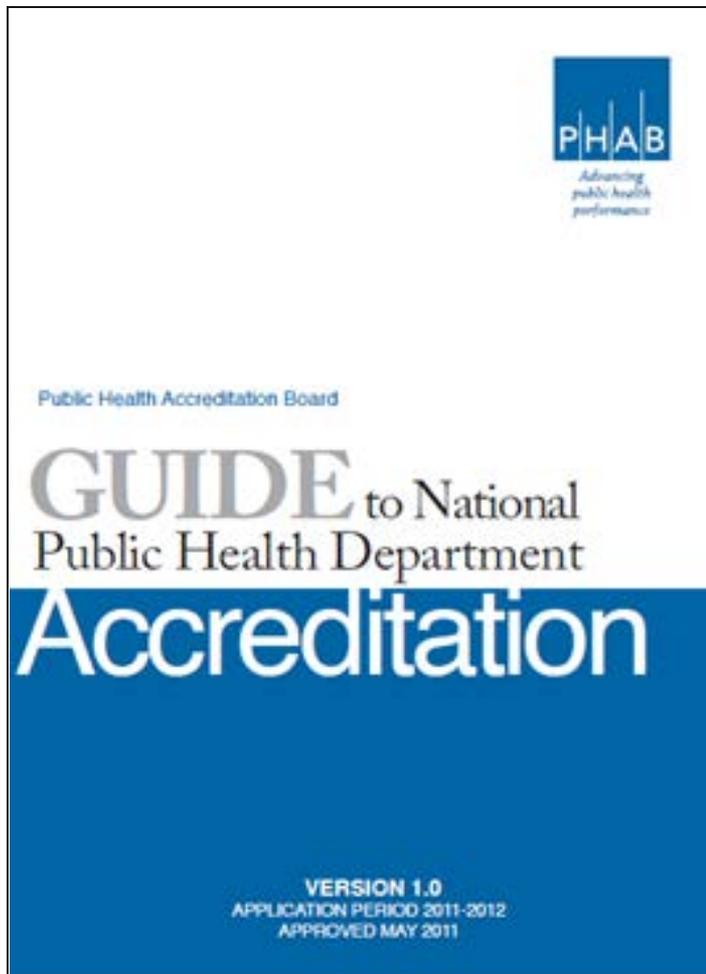


# Strategic Planning for a Healthier Community

- Community Health Assessment (CHA)
  - A report on state of health in the County
- Community Health Improvement Plan (CHIP)
  - A strategic plan for improving health



# Public Health Accreditation



Prerequisites to accreditation:

- Strategic Plan
- Community Health Assessment
- Community Health Improvement Plan



# What is a CHA?

## Community Health Assessment

- Describes the health status of our population
- Specifies areas for health improvement
- Identifies assets and resources that can be mobilized to improve population health
- Collaborative process



# What is a CHIP?

## Community Health Improvement Plan

- A strategic plan for improving health for all residents of Los Angeles County
- Sets health priorities and will form a policy agenda
- Outlines evidence-based activities and strategies to improve health
- A partnership between DPH and community partners
- Makes us accountable as a community- measurable performance measures tied to health outcomes



# Community Health Improvement

- Determine Priority Areas
  - Examples: Active Living, Violence Prevention
- Develop Implementation Plan
  - Actionable
  - Measurable
  - Time limited
  - Also addresses upstream, social determinants!



# What is a Healthy Community?



# What is a Healthy Community?

A Healthy Community provides through all stages of life:

- Meets basic needs of all
- Quality and sustainability of environment
- Adequate levels of economic and social development
- Health and social equity
- Social relationships that are supportive and respectful



# What is a Healthy Community?

The World Health Organization definition of 'health':

*Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.*



# Community Health Assessment SPA 4

## Demographics

Indicator	Los Angeles County	SPA 4
Population	10,019,362	1,140,742
Race/Ethnicity	Latino - 48% White - 28% Black - 9% Asian - 14% Pacific Islander - .2%	Latino - 52%, White -25%, Black - 5%, Asian - 18% Pacific Islander - .1%
Primarily Speak English at Home	61%	52%
Life Expectancy	81.8 years	82.6 years



# Social & Physical Environment

Indicator	Los Angeles County	SPA 4
Homeless population (shelter & street count only)	35,524 people	10,470 people
Severely overcrowded homes	5%	11%
Average Annual Deaths from Firearms	5.4 deaths per 100,000	5.2 deaths per 100,000
Adults who use walking paths, parks, playgrounds, sports fields in their neighborhoods	52%	49%
Adults who do not have walking paths, parks, playgrounds, sports fields in their neighborhoods	14%	19%
Schools with API score greater than or equal to 800	38%	25%



# Health Status

Indicator	Los Angeles County	SPA 4
Adults who perceive their health is fair/poor	21%	25%
Adults diagnosed with depression	12%	13%
Pregnant women who accessed prenatal care in the first trimester	91%	90%
Rate of births (per 1,000 live births) to females 15-19 years	28	36



# Preventive Services

Indicator	Los Angeles County	SPA 4
Women ages 50-74 who received a mammogram in the past 2 years	80%	76%
Adults screened for colon cancer	76%	73%
Kindergarten students with Personal Beliefs Exemption	2.2%	1.3%



# Chronic Disease

Indicator	Los Angeles County	SPA 4
Adults who are obese	24%	20%
Children who are obese	22%	27%
Adults diagnosed with diabetes	10%	7%
Adults diagnosed with hypertension	24%	20%



# Health Behaviors

Indicator	Los Angeles County	SPA 4
Adults who meet physical federally recommended aerobic exercise per week	62%	64%
Adults who consume fast food at least one time per week	40%	32%
Adults who report binge drinking in past month	15%	19%
Adults who smoke cigarettes	13%	15%



# Causes of Death/Premature Death

Causes of Death	Causes of Premature Death
Coronary Heart Disease	Coronary Heart Disease
Stroke	Suicide
Lung Cancer	Homicide
Diabetes	Liver Disease
Pneumonia/Influenza	Drug Overdose



# Hospital CHNA Prioritizations

Indicator	Frequency
Care, Management & Prevention of Chronic Diseases (diabetes, heart disease)	8
Access to Care	7
Mental Health	5
Overweight/Obesity	4
Health Behaviors & Preventive Care (screenings, vaccinations)	4
Nutrition/Healthy Eating/Physical Activity	2
Oral Health	3

\*Barlow Respiratory Hospital, Beverly Hospital, California Hospital Medical Center, Cedars Sinai Medical Center, Children's Hospital, Good Samaritan, Kaiser Sunset, Keck Hospital of USC, St. Vincent, USC Norris, White Memorial Medical Center, Ramona Gardens 2020: Roadmap for a Healthier Community



# Criteria for Prioritization

*To be considered in determining priorities for community health improvement:*

- **Size**: Number of persons affected, taking into account variance from benchmark data and targets
- **Seriousness**: Degree to which the problem leads to death, disability, and impairs one's quality of life
- **Trends**: Whether or not the health problem is getting better or worse in the community over time
- **Equity**: Degree to which specific groups are affected by a problem
- **Feasibility**: Ability of network participants to reasonably combat the problem given available resources. Related to the amount of control & knowledge (influence) network has on the issue



# Strategies, Gaps and Opportunity for Collaboration

1. If you are working on this issue, write your name, organization and **1 – 3** of the strategies your organization implements. Place the post-it in the sector in which you work.
2. List strategy gaps on this issue
3. List suggestions for collaboration



# How to Stay Involved

- Future Meeting: Wednesday, January 21, 2015  
@ The California Endowment
- Check CHA/CHIP website for updates

