

Prenatal Care and Maternal Risk Factors During Pregnancy by Service Planning Area	LA County 2013	LA County 2014	LA County 2015	2013- 2015								
				LA County	Antelope Valley	San Fernando	San Gabriel	Metro	West	South	East	South Bay
				SPA 1	SPA 2	SPA 3	SPA 4	SPA 5	SPA 6	SPA 7	SPA 8	
	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)	(%)
Prenatal Care												
Entered prenatal care after 1st trimester	6.7	9.1	6.3	7.4	13.7	6.0	7.0	2.9	.	11.1	6.0	7.8
Did not get prenatal care as early as wanted	18.0	16.8	18.5	17.8	29.6	19.9	18.2	16.9	10.0	17.9	13.6	15.7
Traveled 15 miles or more for prenatal care	14.5	10.9	12.6	12.7	26.8	16.3	12.2	5.7	5.2	11.4	13.8	10.1
Prenatal care did not meet PHS guidelines ⁵	47.9	44.1	41.1	44.4	49.3	39.8	53.4	49.8	47.0	42.2	39.2	42.9
Dissatisfied with amount of wait time at prenatal care	21.5	20.5	22.0	21.3	27.5	17.9	20.0	21.4	19.0	24.5	19.8	22.0
Dissatisfied with amount of time spent with doctor/nurse	19.0	21.1	17.8	19.3	27.4	17.4	23.7	19.2	16.7	19.4	17.8	15.8
Dissatisfied with advice given at prenatal care	18.6	17.7	19.4	18.6	23.3	16.3	18.9	19.6	18.7	20.0	18.5	16.2
Dissatisfied with understanding/respect received	10.8	11.5	11.4	11.2	17.8	9.0	12.6	13.7	15.2	11.9	11.3	5.5
Needed to see a dentist	17.8	19.3	21.3	19.4	19.1	20.7	12.1	12.4	12.6	20.6	23.7	27.3
Received dental care	N/A	28.1	32.9	28.9	19.0	30.8	30.1	35.5	51.2	20.2	32.8	28.8
Received a seasonal flu vaccine	28.0	33.2	32.8	31.3	20.4	29.1	39.2	44.9	41.3	25.8	25.7	31.7
Medical Conditions During Pregnancy												
Labor pain 3 weeks before due date	34.0	35.2	30.8	33.4	36.9	33.4	24.7	30.7	25.1	37.1	30.9	42.7
High blood pressure	15.0	11.4	11.4	12.6	13.9	15.0	13.2	9.4	9.0	12.4	12.1	12.4
Gestational diabetes	12.8	9.0	13.3	11.7	13.0	10.9	18.3	5.1	11.5	8.0	14.4	13.0
Problems with the placenta ⁶	10.9	15.8	13.3	13.3	10.9	11.2	18.4	8.4	22.8	16.8	9.9	10.5
Urinary tract infection	11.3	17.8	15.5	14.9	18.5	20.1	9.7	13.8	1.6	12.7	18.7	15.9
Water broke more than 3 weeks early	24.9	26.1	22.0	24.4	16.8	22.5	21.0	22.6	23.7	29.4	23.6	28.6
Incompetent cervix ⁷	6.0	3.5	6.5	5.3	3.7	7.8	2.9	9.0	1.8	4.5	3.7	6.4
Sexually transmitted disease	4.3	3.6	5.2	4.3	6.6	1.4	5.4	2.0	.	7.9	5.6	2.2
Bacterial vaginosis	11.0	8.7	11.9	10.5	8.2	10.6	8.5	12.1	4.4	13.8	11.4	7.9
Periodontal disease	11.8	10.9	14.1	12.2	8.7	13.8	9.4	6.2	6.5	15.5	10.3	17.5
Risk Behaviors During Pregnancy												
Smoking	4.1	5.8	3.3	4.4	5.0	4.6	2.8	2.2	.	8.6	4.1	1.8
Exposure to secondhand smoke ⁸	6.8	8.2	5.3	6.8	6.0	8.1	5.9	5.8	1.3	12.1	4.6	1.8
Using illegal drugs or drugs not prescribed by a doctor ⁹	7.3	9.1	5.5	7.4	4.7	8.8	9.8	5.3	11.8	9.7	3.2	4.2
Drinking alcohol	9.6	9.0	5.0	8.0	3.9	11.4	6.3	10.2	13.1	7.1	6.4	6.4
Did not exercise during pregnancy ¹⁰	36.9	36.2	38.8	37.3	47.7	33.0	35.4	36.1	38.8	38.8	34.9	40.8

*Signifies that the estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

⁵Question asked: During your first or second prenatal care visit, were these part of your visit? Blood pressure measured, urine sample given, blood sample taken, height and weight measured, had pelvic exam, health history taken, ultrasound done, doctor asked about prenatal lead exposure. Those who responded "no" to any of the first six items were recoded as "PHS guidelines not met."

⁶Question asked: During your pregnancy, did you have any of these problems? Respondents who answered "problems with placenta (such as abruptio placentae or placenta previa)" were coded as "Problems with the placenta."

⁷Question asked: During your last pregnancy, did you do anything to prevent preterm or early labor? Respondents who answered "yes" to "Doctor sewed my cervix closed (cerclage of incompetent cervix)" were coded as "Incompetent cervix."

⁸Question asked: During your last pregnancy, about how many hours a day, on average, were you in the same room with someone who was smoking? Respondents who indicated more than 0 hours were coded as "Exposed to secondhand smoke."

⁹Respondents who answered "yes" when questioned about use of marijuana, hashish, tranquilizers, hallucinogens, cocaine, heroin, amphetamines or prescription drugs not prescribed by their doctors were coded as "Using illegal drugs or drugs not prescribed by a doctor."

¹⁰Question asked: How often did you exercise for 30 minutes or more in the last three months of pregnancy; women who were told by a doctor, nurse or health care worker not to exercise were excluded from the denominator to calculate the prevalence of exercise during last three months of pregnancy.