

Workshop A: Clinical Screening and Treatment Core:

Focus on Syphilis
 Focus on Gonorrhea and Chlamydia
 Other Looming STI Big Beasts

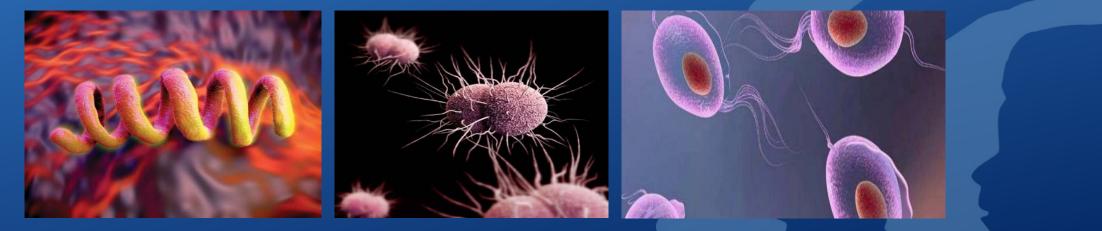
October 30, 2018

Shobita Rajagopalan, MD, MS, MPHSTD Clinical Chief/Associate Medical DirectorDivision of HIV and STD ProgramsLos Angeles County Department of Public Health



E mail: srajagopalan@ph.lacounty.gov

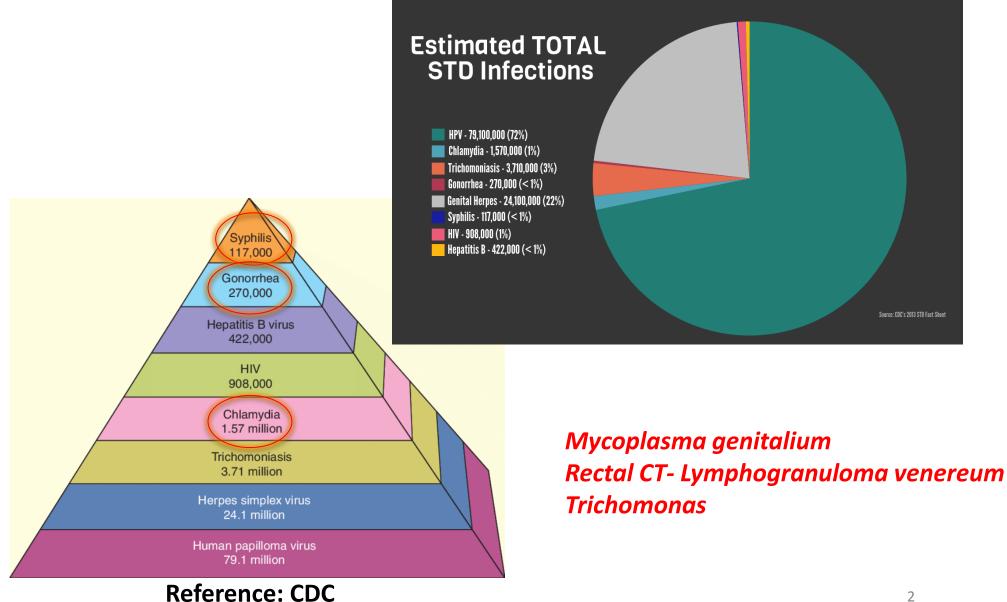
Disclosures: None











Urgent Need for Prevention and Control Efforts



COUNTY OF LOS ANOTHES **Public Health**



control of second se the state of the second state and the state of the

(i) (i) (international)

Will find the spart in the same in the basis of the first the first the same state of the same state o

The particular statements of the second

and the second second second second

Internet in the local division of

share the number party in 2022

NATION PLANTS IN

All states and

Contraction in the

28 amongoung to

11.5

Press and Apple and Control and Apple

sping these standards in parts and in \$100

1%

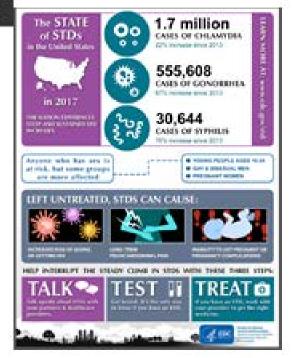
of phases provide same sets reported stars in a second second second

their light and an here the self sector and the sector list in the

non is behavior. Particle much as presents, keeps gaps for her and the data and the group. New and and has also also in which we make it have all finds for second to the mounth has the

S.T.D. Diagnoses Reach Record 2.3 Million New Cases in U.S.



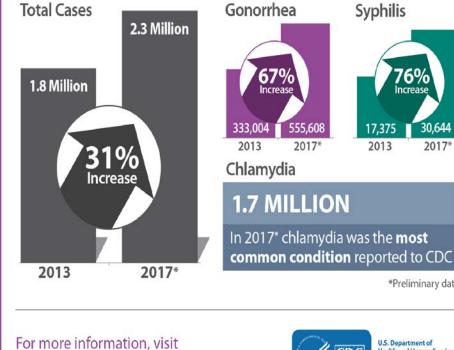


Recent Media hype around STD's



THE U.S. IS EXPERIENCING STEEP, SUSTAINED **INCREASES IN SEXUALLY TRANSMITTED DISEASES**

Combined diagnoses of chlamydia, gonorrhea, and syphilis increased sharply over the past five years



cdc.gov/nchhstp/newsroom



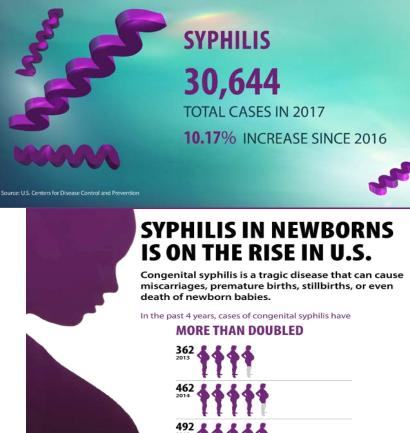
16%

Increas

30,644

*Preliminary data

2017*





The chance of a mother passing syphilis onto her unborn baby if left untested or untreated.

80%

Source: U.S. Centers for Disease Control and Prevention

Outline



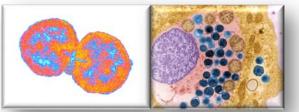
Workshop A: Clinical Screening and Treatment Core

• Focus on Syphilis

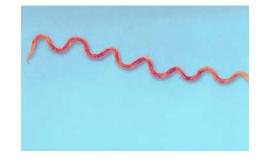
- Clinical highlights, diagnosis and staging
- Treatment and follow up
- Epidemiology key points
- Screening guidelines

Focus on Gonorrhea and Chlamydia

- Clinical highlights, diagnosis and extragenital testing
- Treatment, PDPT, retesting and test of cure
- Epidemiology key points
- Screening guidelines



Role of the Department of Public Health





Case: Missed Opportunities #1

Day 0: 40 year old HIV-infected male presents to PCP with rash on forehead. He is virally suppressed on ARTs.

Day 21: He returns with rash over his back. His provider believes the rash to be pityriasis rosea and treats with acyclovir x 1 week.



Day 28: He returns because the rash is not resolving. Having done independent web-based research, patient requests a syphilis test. RPR was 1:128, no treponemal confirmatory test was done.

Day 30: Provider reports positive result to health department within two days but the lab never reported the positive result.

Day 36: Patient returns for treatment and is treated with 3 shots of Benzathine penicillin. RPR is not drawn.



Source: Bolan-Cohen Meet the Professor Session ID Week 2018



Case: Missed Opportunities #2

Day 0: 34 year-old theology student presented to the student health center with reddish, crusted lesions on his penis. He was treated with valacyclovir and antifungal cream.

Day 7: He returned because the lesions were not getting better and he was prescribed dicloxacillin.

Day 100: He returned with a rash on his trunk. An RPR test was ordered and he was treated with one shot of Benzathine PCN G. RPR came back 1:32.



Source: Bolan-Cohen Meet the Professor Session ID Week 2018

Key takeaways



- Take a sexual history: 5 P's (*P*ast STD's, *P*artners, *P*ractices, *P*revention,
 *P*regnancy plans and HIV prevention)
- Consider syphilis for rashes, genital lesion (s) or warts
- Low threshold to treat empirically when syphilis is suspected
- Collect a titer on the day of diagnosis
- Report case health department will reach out and offer partner services and follow-up with sexual contacts



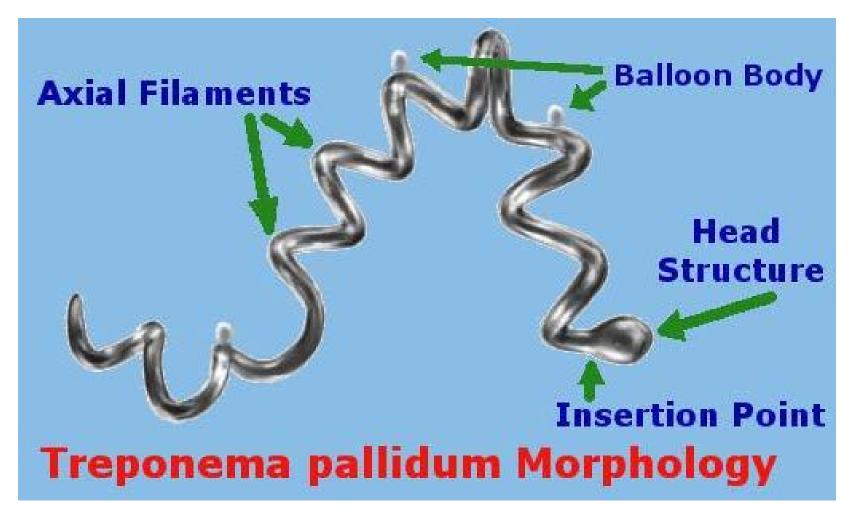
TAKING ROUTINE HISTORIES OF SEXUAL HEALTH: A System-Wide Approach for Health Centers April 2013





COUNTY OF LOS ANGELES Public Health

Clinical Highlights





COUNTY OF LOS ANGELES Public Health

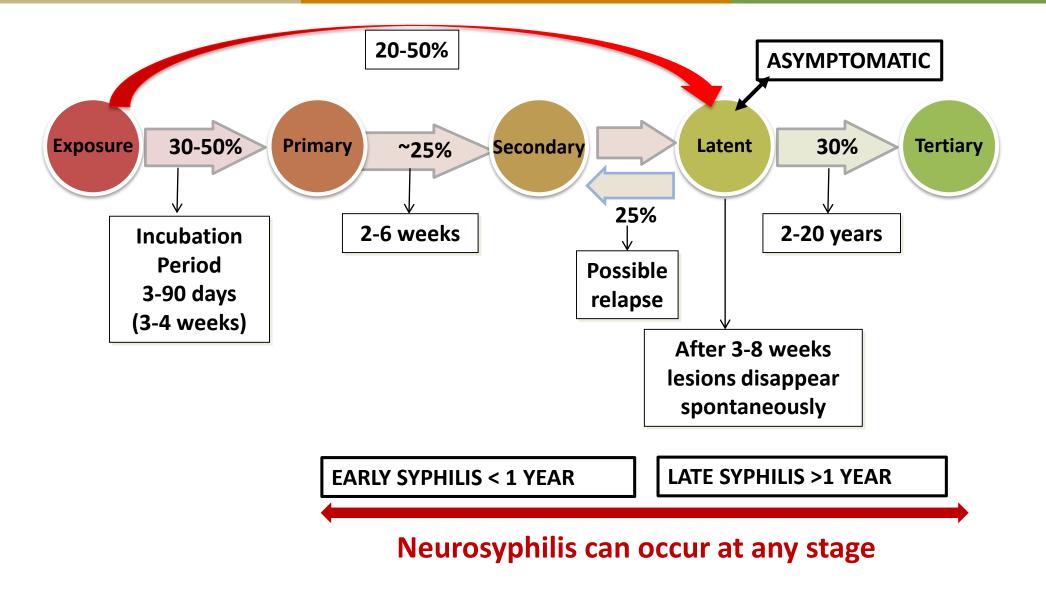
Classical features of human treponematoses

Feature	Yaws	Bejel (endemic syphilis)	Pinta	Venereal syphilis
Causative agent	T. pallidum subsp. pertenue	T. pallidum subsp. endemicum	T. carateum	T. pallidum subsp. pallidum
Geographical distribution	Western/Central Africa, Southeast Asia, Pacific Islands	Sahelian Africa, Saudi Arabia	Central and South America	Global
Climatic conditions	Tropical (hot and humid)	Hot and dry (semiarid/arid)	Warm (semiarid)	All
Age group (peak incidence of lesions)	Children (<15 yr)	Children (2–15 yr)	Children and adults	Adults
Common mode of transmission	Skin-to-skin contact	Mucous membrane and skin-to-skin contact (sharing of eating utensils and drinking vessels)	Skin-to-skin contact	Sexual and congenital; occasionally nonsexual contact

Giocani L, Lukehart S: Clin Microbiol Rev. 2014 Jan; 27(1): 89–115.

Syphilis Natural History



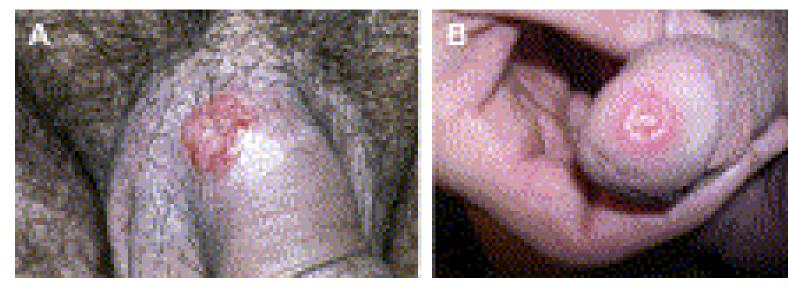


Primary Syphilis



COUNTY OF LOS ANGELES Public Health

Single Penile Chancre



SF City Clinic

Most Infectious – Chancres full of bacteria Person contagious through contact (~30%)

> MCSIY STD Atlas, 2010



Primary Syphilis Multiple Penile Chancres



COUNTY OF LOS ANGELES Public Health



Courtesy: SF City Clinic





COUNTY OF LOS ANGELES Public Health

Healing Penile Chancre



Mcsay STD Atlas, 1997





Multiple Vulvar Chancres





Mosity STD Atlas, 1997

Perinatal transmission possible (70-100%)

Extragenital Primary Syphilis



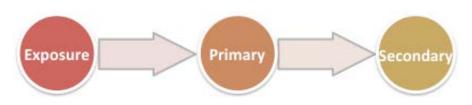




Clinics in Dermatology, 2016; British Dental Journal, 2000; Raguse et al. Ann Int Med March 2012; Mosby

Secondary Syphilis





- Usually occurs (3-90 days) 3-6 weeks after primary chancre
 - Rash (75-90%), involving palms/soles (60%)
 - Generalized lymphadenopathy (70-90%)
 - Constitutional symptoms (50-80%)
 - Mucous patches (5-30%)
 - Condyloma lata (5-25%)
 - Patchy alopecia (10-15%)
 - Symptoms of neurosyphilis (1-2%)
 - Less common: meningitis, hepatitis, arthritis, nephritis



Secondary Syphilis Body Rash



Mosiny STD Atlas, 1997

Secondary Syphilis:



Rash on Palms and Soles-characteristic sx/s



Few differentials for rash that involves the hands and feet

Courtesy: Gregory Melcher, UC Davis Susan Philip, SF DPH & UCSF

Secondary Syphilis Genital Rash









Courtesy: SF City Clinic, Mosby



Person contagious through contact (~30%) Perinatal transmission possible (90-100%) Courtesy: Gregory Melcher, UC Davis Susan Philip, SF DPH & UCSF

Secondary Syphilis: Mucous Patches





Courtesy: Gregory Melcher, UC Davis Susan Philip, SF DPH & UCSF





COUNTY OF LOS ANGELES Public Health

Patchy Alopecia



STD Atlas, 1997

Clinics in Dermatology, 2004



CDC April 2015 Clinical Advisory: Ocular Syphilis Alert- CA, WA, other states

- 24 cases majority HIV-infected MSM
 - Few HIV-uninfected men and women
 - Significant sequelae including blindness
- Be aware of ocular syphilis:
 - Symptoms may include: loss of vision, floaters, a blue tinge in vision, flashing lights and blurring of vision
- Careful neurologic exam in syphilis patients
- Patients with syphilis and ocular complaints need <u>immediate</u> ophthalmologic evaluation!!!
- LP should be performed in patients with syphilis and ocular complaints
- Prior research has documented neuropathogenic strains
 - ?unknown if oculo-tropic strain role in these cases

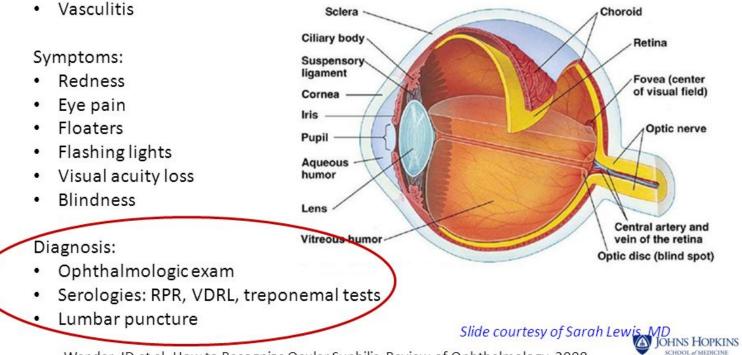




Ocular Syphilis

Manifestations:

- Conjunctivitis, scleritis, and episcleritis
- Uveitis: anterior and/or posterior
- Elevated intraocular pressure
- Chorioretinitis, retinitis



Wender, JD et al. How to Recognize Ocular Syphilis. Review of Ophthalmology. 2008.



Clinical images of ocular syphilis

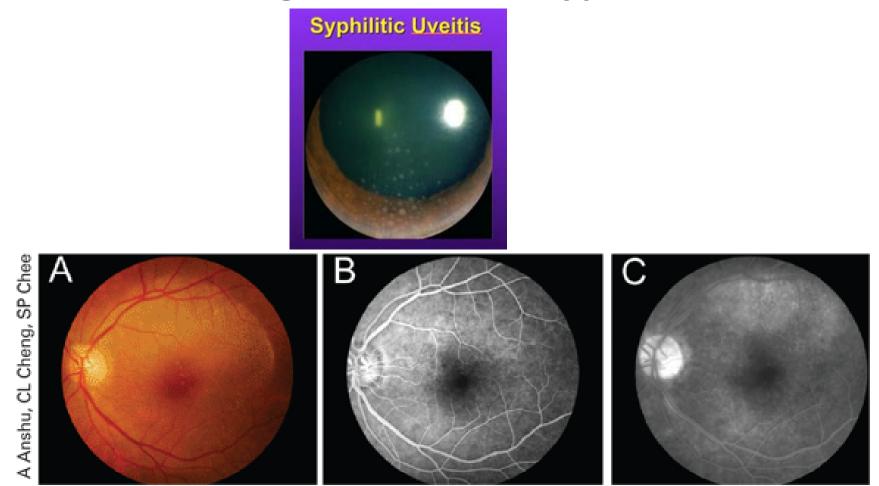


Figure 5. Color fundus photograph (A) and serial fluorescein angiographic images, (B and C) of acute syphilitic posterior placoid chorioretinopathy (ASPPC) showing a characteristic macular lesion and progressive hyperfluorescence.³³







23

Tertiary Syphilis - Clinical Presentation

- Can appear after 10 30 years
- Uncommon and possibly non-infectious
- CNS Involvement (neurosyphilis)



- **Brain** headaches, dizziness, blurred vision, mental disturbances, paresis and dementia.
- **Spinal cord** unsteady gait, bladder disturbance.
- Solitary granulomatous lesions (gummas) found on skin, in the mouth, throat or in bones - small or larges nodules may persist for years

"When it looks like a duck and quacks like a duck, it must be a zebra!"



Syphilis in Pregnancy and Congenital Syphilis







25

Syphilis and Pregnancy

- Infectious at all stages in pregnancy
- Untreated syphilis can be transmitted to the fetus the blood stream during any stage
- Increases in Congenital Syphilis (CS) cases have paralleled the national increase in Primary and Secondary Syphilis among women of reproductive age
 - Estimated 8000 CS cases per year
- Pregnant woman may be more susceptible to infection with syphilis due to cervical ectopy, hyperemia, and friability
- All pregnant females diagnosed with syphilis should also be tested for HIV

Munoz, M. (2017). *Syphilis 101 patho & laboratory interpretation* [PowerPoint slides]. Retrieved from Los Angeles County Division of HIV and STD Program Training.



Complications to Pregnancy

- Spontaneous abortion
- Stillbirth
- Premature delivery
- Low birth weight
- Neonatal death shortly after delivery (CDC, 2017)





Early Congenital Syphilis (<2 years old) Common Presentations

- Lymphadenopathy
- Skin rash (maculopapular, bullous)
- Rhinitis
- Neurologic abnormalities or aseptic meningitis
- Pancreatitis
- Asymptomatic

Congenital Syphilis



- Asymptomatic presentations are common (CDC, 2017)
 - ~2/3 infants born with CS are asymptomatic at birth
 - <u>if untreated will develop symptoms</u>
- In first weeks of life, effects can resemble secondary syphilis including blisters, scaly rash, mucous patches and condyloma lata (highly infectious)
- Deformed and inflamed bones







Figure 3:

Figure Source: CDC, 2017 Public Health Image Library by Robert Sumpler Osteoperiostitis of the tibia leads "saber shins" congenital syphilis

Figure 1: Source Caserta, M. T. (2015). Merck Manual - vesiculobullous rash on palm, axilla, and face of a newborn with congenital syphilis. http://www.merckmanuals.com/professional/pediatrics/infections-in-neonates/congenital-syphilis Figure 2: Source: CDC, 2011 Public Health Image Library. Congenital syphilis exhibiting classic skin rash













Congenital Syphilis: Later Manifestations

- Signs appear after 2 years of age
- Later signs include:
 - 8th nerve deafness (puberty adulthood)
 - Interstitial keratitis (5 years old adulthood)
 - Mucocutaneous lesions (up to age 5)
 - Neurosyphilis: "paresis" or seizures (puberty) or tabes (young adulthood)
 - Bone or tooth abnormalities (saber shins, frontal bossing, Hutchinson's teeth, etc.)

Late Congenital Syphilis

- Hearing loss
- Interstitial keratitis, vision loss
- Bone or tooth abnormalities (Hutchinson's teeth, Sabor shins, Clutton's joints)
- Neurologic abnormalities
- Gummas in the skin or mucous membranes



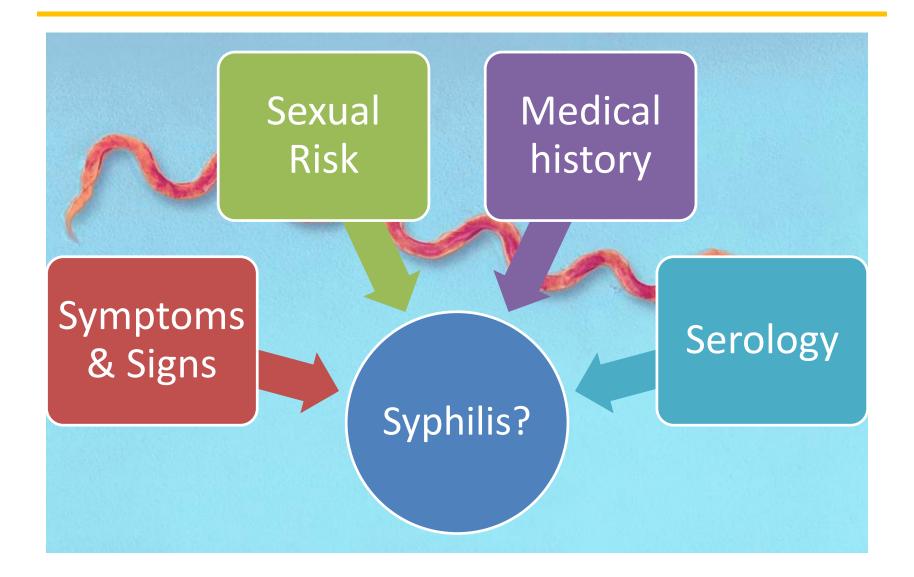
COUNTY OF LOS ANGELES





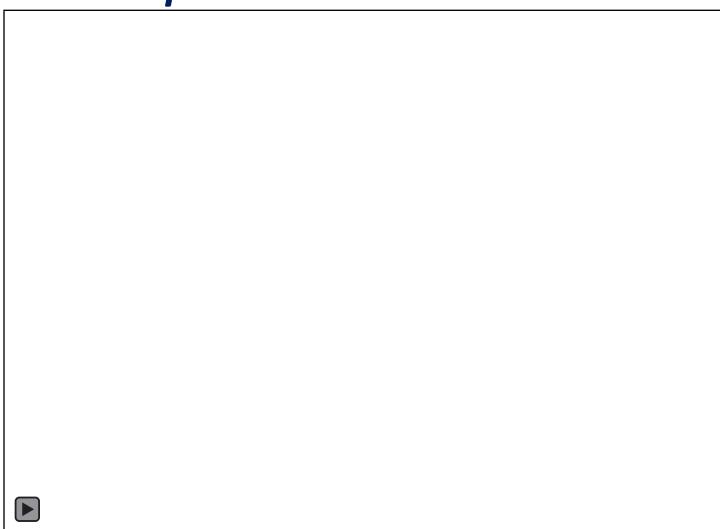
Photos courtesy of Public Health Image Library, CDC/Susan Lindsley, Robert Sumpter, CDC/J. Pledger

Diagnosing and Staging Syphilis





Treponema pallidum dark field microscopy



Source: CDC and UW STD Prevention Training Center

Serological Tests for Syphilis



Nontreponemal tests

- Rapid plasma reagin (RPR) test
- Venereal Disease Research Laboratory (VDRL) test
- Toluidine red unheated serum test (TRUST)

• Treponemal tests

- Fluorescent treponemal antibody absorbed (FTA-ABS) test
- Treponema pallidum particle agglutination (TP-PA) test
- Enzyme immunoassays (EIAs)
 - Trep-Check
 - Trep-Sure
- Chemiluminescence immunoassays (CIAs)
 - LIAISON
 - Architect
- Microbead immunoassays (MBIA)
 - BioPlex 2200 Syphilis IgM and IgG



Treponemal tests :

- Test for antibodies (IgM & IgG) directed against *T. pallidum* antigens by particulate agglutination (TP-PA) or immunofluorescence (FTA-abs)
- More specific and typically used to confirm positive nontreponemal tests
- Detects antibody due to past or present infection with *T. pallidum*
- Not used to guide response to therapy or revaluate possible reinfection
- Remain reactive regardless of treatment or disease activity



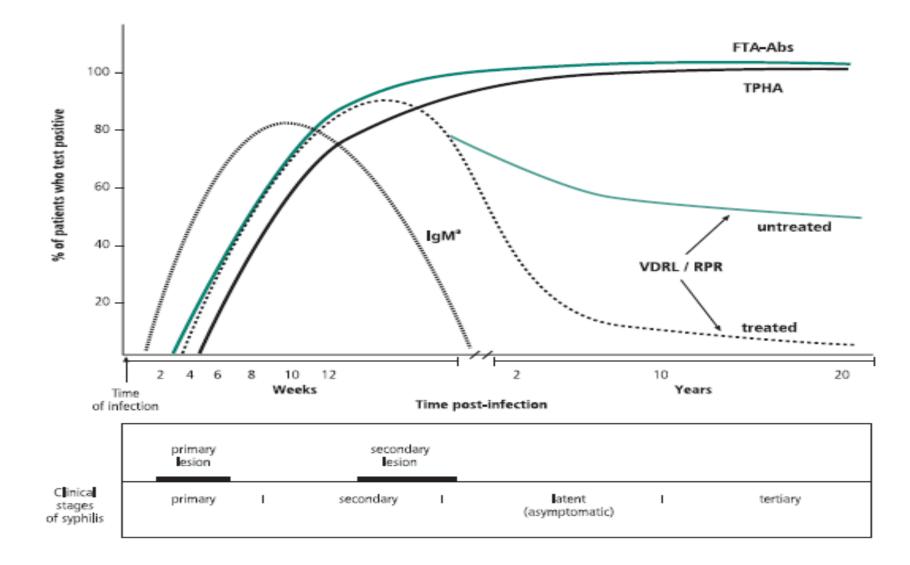
Reactive non-treponemal test with a non-reactive treponemal test

- Non-treponemal tests measure antibodies which may be produced in other acute or chronic condition with connective tissue damage
- Common causes of BFP
 - Pregnancy
 - Non-venereal treponemes or spirochetes
 - Viral illnesses (HSV, HIV, Hepatitis)
 - Recent Vaccination
 - Autoimmune/connective tissue diseases
 - Injection drug use
 - Age

Munoz, M. (2017). *Syphilis 101 patho & laboratory interpretation* [PowerPoint slides]. Retrieved from Los Angeles County Division of HIV and STD Program Training.

33





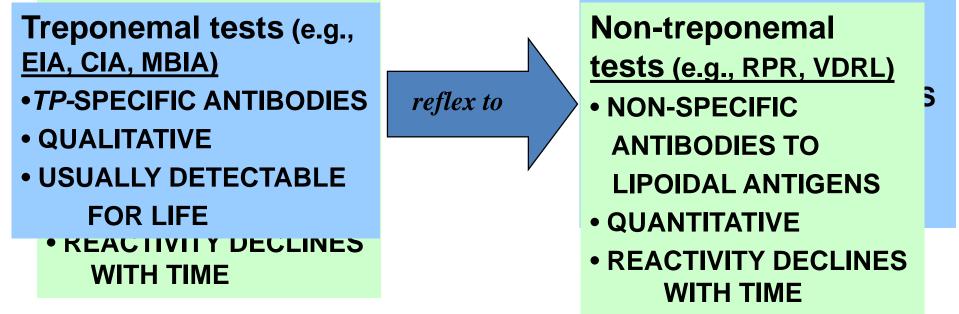
Peeling et al. / Bulletin of the World Health Organization / 2004 / Vol. 82 / No. 6

Slide Courtesy of Sarah Lewis, MD, MPH, Santa Clara County



Syphilis Screening Paradigm

TRAUTIONAL SEQUENCE

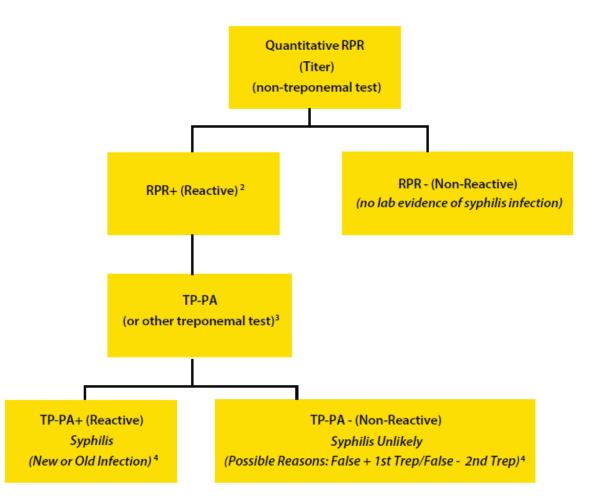


Need both types of serologic tests to make syphilis diagnosis; Use of only one type of test is insufficient.

Slide Courtesy of Sarah Lewis, MD, MPH, Santa Clara County



Traditional Syphilis Serologic Screening Algorithm ¹



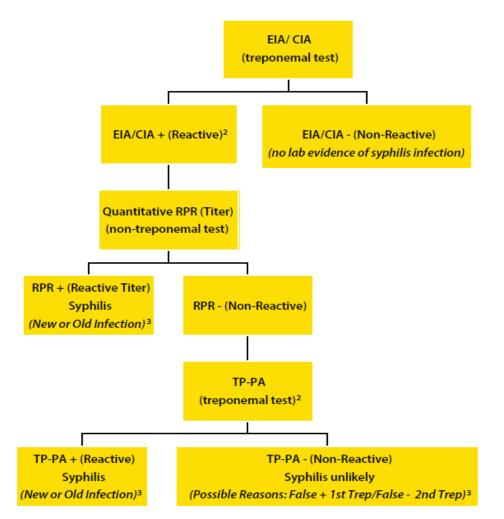
Interpreting Traditional Algorithm



- Need a positive treponemal test to confirm diagnosis
- If RPR is >=4 fold higher than previous RPR, then it is most likely a new infection
- RPR can be non reactive when the titer is higher than the dilution is able to test (prozone phenomenon)
- If RPR reactive and trep test negative ~ BFP test
- Causes of BFP
 - Viral illnesses (HSV, HIV, Hepatitis)
 - Recent vaccination
 - Autoimmune/connective tissue diseases
 - Injection drug use
 - Aging and pregnancy



Reverse Sequence Syphilis Serologic Screening Algorithm¹



New Point-of-Care Syphilis Tests



Rapid Immunochromatographic Assays: lateral flow immunoassays (e.g. rapid HIV-antibody tests, urine HCG)



- Syphilis Health Check (Trinity Biotech)
- Treponemal only (3rd gen EIA format, detects IgG and IgM)
- Results in 10 min
- FDA approved, recently CLIA waived



- DPP Syphilis Screen and Confirm (ChemBio)
- Combined treponemal and non-treponemal results
- Results in 15 min
- Not yet available in US



Syphilis Serology may be NEGATIVE in Primary Syphilis

Testing Approach	Overall	Sensitivity: HIV-	Sensitivity: HIV+	P Value
Арргоасн		Bottom line:		
VDRL with reflex to TPPA	Order <u>BOTH</u> Non-trep <u>and</u> Trep tests if primary syphilis is suspected		.05	
TPPA as first- line test	0070	0070	0370	.53

Creegan et al. STD 2007: 34: 1016-8.

Slide Courtesy of Sarah Lewis, MD, MPH, Santa Clara County



Assay	Sensitivity by Stage				Overall Sensitivity	Overall Specificity
	Primary (n = 55)	Secondary (n = 98)	Early Latent (n = 41)	Late Latent (n = 68)	(n = 262)	(n = 403)
TA-ABS	78.2 ^a (65.0-88.2)	92.8 ^a (85.7–97.0)	100 (90.7–100)	92.6 (83.7–97.6)	90.8 ^a (86.7–94.0)	98.0 (96.1–99.1
ГРРА	94.5 (84.9–98.9)	100 (96.2–100)	100 (90.7–100)	86.8 ^b (76.4–93.8)	95.4 (92.1–97.6)	100 (99.0–100)
Centaur CIA	94.5 (84.9–98.9)	100 (96.2–100)	100 (90.7–100)	94.1 (85.6–98.4)	97.3 (94.6–98.9)	95.5 (93.0–97.3
rep-Sure EIA	94.5 (84.9–98.9)	100 (96.2–100)	100 (90.7–100)	98.5 (92.1–99.9)	98.5 (96.1–99.6)	82.6 ^c (78.4–86
IAISON CIA	96.4 (94.5-98.2)	100 (96.2–100)	97.6 (87.4–99.9)	92.6 (83.7–97.6)	96.9 (94.1-98.7)	94.5 (91.8–96.5
Bioplex MBIA	96.4 (94.5–98.2)	100 (96.2–100)	95.1 (83.8–99.4)	94.1 (85.6–98.4)	96.9 (94.1–98.7)	96.7 (94.4–98.2
NNO-LIA	96.4 (94.5-98.2)	100 (96.2-100)	100 (90.7-100)	91.1 (81.7-96.7)	96.9 (94.1-98.7)	98.5 (96.8-99.5

Sensitivity and Specificity of Treponemal Assays for Detection of Syphilis, by Stage and Overall

Park IU, Fakile YF, Chow JM, et al. <u>Performance of treponemal tests for the diagnosis of</u> <u>syphilis</u>. [published online July 9, 2018]. *Clin Infect Dis, 2018*



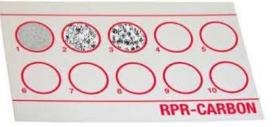
Diagnostic Challenges

False negatives

Early primary and late latent stages

Serology may be negative in up to 25% of primary syphilis cases

Prozone reaction (RPR/VDRL



Discordant serology

(EIA or CIA + and RPR –)

Untreated late latent

Non-syphilis treponemal infection

Biologic False Positives

- Non-treponemal test positive with confirmatory Treponemal test negative
- Viral illnesses including HIV, recent immunizations, autoimmune and chronic diseases

Reinfection vs. Treatment Failure

□ Four-fold rise in RPR/VDRL

Positive non-trep test after resolution

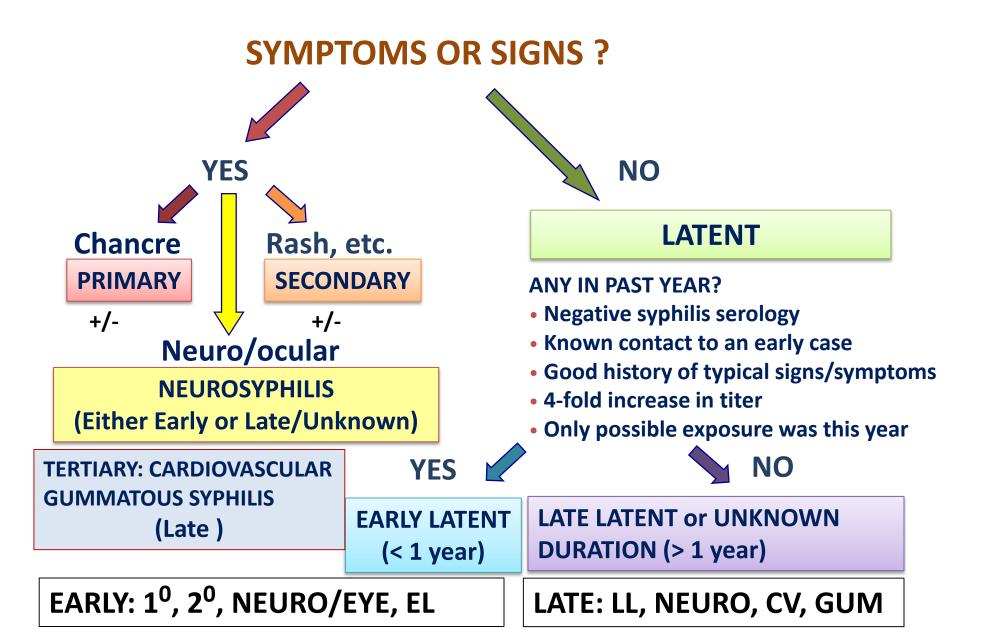
□ Failure to fall four-fold after 1-2 years

Jurado RL et al. *Arch Intern Med* 1993, **153**:2496–2498. Geisler MG. *South Med Jour* 2004, **97**: 327-328.

Slide Courtesy of Sarah Lewis, MD, MPH, Santa Clara County

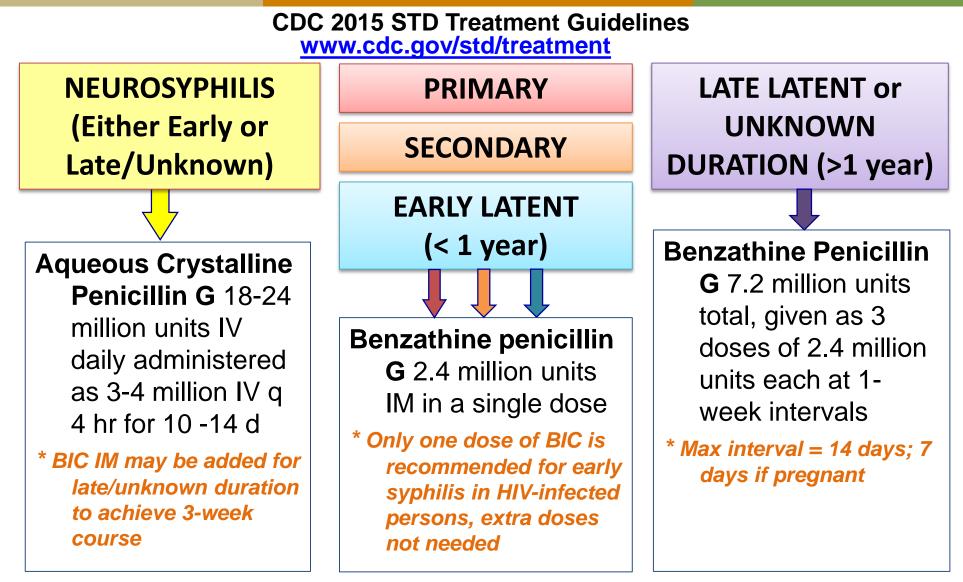
Syphilis Staging Flowchart





Syphilis Staging \rightarrow Treatment





*Always order an RPR on the day of treatment!



Treatment of Syphilis in Pregnancy

- The only treatment for syphilis in pregnancy is penicillin. <u>There are no available alternatives</u>.
- Pregnant women should be treated with the penicillin regimen appropriate for their stage of infection.
- Pregnant women with penicillin allergy should be desensitized.
 - Desensitization occurs in a hospital setting because of the risk for serious IgE –mediated hypersensitivity reactions (CDC, 2015).



Syphilis in Pregnancy: Time Between Doses for Latent Syphilis

Adherence to 7 day interval between doses in pregnancy is necessary

- 40% of pregnant woman are below treponemicidal levels after 9 days
- Restart entire series (3 weekly doses) if dose is missed (interval >7 days) (LADPH-DHSP, 2017).

Los Angeles County STD Treatment Guidelines for Adults & Adolescents, 2017



California STD Treatment Recommendations in Pregnancy 2017

These treatment regimens reflect recent updates in the 2015 CDC STD Treatment Guidelines and are specific to PREGNANT WOMEN. Nonpregnant women and men may have different recommended regimens. See <u>CDC 2015 STD Treatment Guidelines</u> (www.cdc.gov/std/ treatment) for comprehensive recommendations. Call the local health department for assistance with management of pregnant women with syphilis and confidential notification of sexual partners of patients with syphilis, gonorrhee, chlamydia, or HIV infection. For STD clinical management consultation, submit your question online to the <u>STD Clinical Consultation Network</u> at www.stdccn.org.

DISEASE	RECOMMENDED REGIMENS	DOSE / ROUTE	ALTERNATIVE REGIMENS: To be used if medical contraindication to recommended regimen
CHLAMYDIA (CT) ¹	Azithromycin	1 g po once	Amoxicillin 500 mg po tid x 7 d or Erythromycin base 500 mg po qid x 7 d or Erythromycin base 250 mg po qid x 14 d or Erythromycin ethylsuccinate 800 mg po qid x 7 d or Erythromycin ethylsuccinate 400 mg po qid x 14 d
GONORRHEA (GC) ^{1,2,3}	Dual therapy with: Ceftriaxone PLUS Azithromycin	250 mg IM once 1 g po once	Cefixime ⁴ 400 mg po PLUS Azithromycin 1 g po If cephalosporin allergy or IgE mediated penicillin allergy, consult with specialist, see footnotes, ¹
CERVICITIS 5,6,7	Azithromycin	1 g po once	
PELVIC INFLAMMATORY DISEASE 5.8	Clindamycin PLUS Gentamicin	900 mg IV q 8 hours 2 mg/kg IM or IV loading dose followed by 1.5 mg/kg IM or IV q 8 hours Discontinue parenteral therapy 24 hours after patient improves clinically and contin- ue with oral clindamytin 450 mg po gid for a	
		total of 14 d	
SYPHILIS 9,10 Primary, Secondary, Early Latent 11	Benzathine penicillin G	2.4 million units IM once	NONE
Late Latent and Unknown Duration	Benzathine penicillin G	7.2 million units, administered as 3 doses of 2.4 million units IM each, at 1-week intervals	NONE
Neurosyphilis and Ocular Syphilis ¹²	Aqueous crystalline penicillin G	18-24 million units daily, administered as 3- 4 million units IV q 4 hours x 10-14 d	Procaine penicillin G 2.4 million units IM qd for 10-14 d PLUS Probe <u>necid 500 mg</u> po qid for <u>10-14 d</u>
CHANCROID	Azithromycin or Ceftriaxone or Erythromycin	1 g orally once 250 mg IM once 500 mg po tid x 7 d	
LYMPHOGRANULOMA VENEREUM 13	Erythromycin base	500 mg po qid x 21 d	
TRICHOMONIASIS 14,15	Metronidazole	2 g po once	
BACTERIAL VAGINOSIS	Metronidazole or Metronidazole gel or Clindamycin cream ¹⁶	500 mg po bid x 7 d 0.75%, one full applicator (5 g) intravaginally qd x 5 d 2%, one full applicator (5 g) intravaginally qh x 7 d	Clindamycin 300 mg po bid x 7 d or Clindamycin ovules ¹⁶ 100 mg intravaginally qhs x 3 d
ANOGENITAL HERPES 17 First Clinical Episode	Acyclovir or Acyclovir or	400 mg po tid x 7-10 d ¹⁸ 200 mg po five times daily x 7-10 d	
Episodic Therapy for Recurrent Episode	Acyclovir or Acyclovir or Acyclovir	400 mg po tid x 5 d 800 mg po bid x 5 d 800 mg po tid x 2 d	
Suppressive Therapy (from 36 weeks gestation until delivery)	Acyclovir or Valacyclovir	400 mg po tid 500 mg bid	
ANOGENITAL WARTS ¹⁹ External Genital/Perianal	Cryotherapy or Trichloroacetic acid (TCA) 80%-90% or Bichloroacetic acid (BCA) 80%-90% or Surgical removal	Apply ance q 1-2 weeks Apply ance q 1-2 weeks Apply ance q 1-2 weeks	
Mucosal Genital Warts 20	Cryotherapy or Surgical removal or TCA or BCA 80%-90%	Vaginal, vulvar, anal Vaginal, vulvar, anal Vaginal, vulvar, anal	

• CDC has provided detailed guidance on treatment of infants born to mothers with syphilis :

- Treatment decisions are based on:
 - Identification of syphilis in the mother
 - Adequate maternal treatment
 - Clinical, lab, x-ray evidence of syphilis in neonate
 - Comparison of maternal (at delivery) and neonatal
 non treponemal titers (same test-preferably same lab)
 - Umbilical cord blood is not recommended
 - Treponemal tests are not recommended
 - Maternal non-trep and trep IgG antibodies can transfer via placenta thus complicating interpretation of neonatal serologies







Scenario	Definition	Minimum Evaluation	Treatment
Proven or Highly Probable CS	 Exam c/w CS, OR Infant RPR 4x Maternal RPR OR Darkfield or PCR+ lesion 	 Serum RPR LP: VDRL, cell ct, protein CBC with diff Long bone x-rays Neuroimaging, ophtho, auditory, CXR, LFTs 	Aqueous PCN G 100K-150K U/kg/day divided q12h until 7d old then then q8h for 10 days total.
Possible CS	 Maternal Tx not done, not documented, not recommended regimen, or inadequate <i>OR</i> Maternal Tx <4weeks before delivery 	 Serum RPR LP: VDRL, cell ct, protein CBC with diff Long bone x-rays 	 Aqueous PCN G 100K-150K U/kg/day divided q12h until 7d old then then q8h for 10 days total, OR Bicillin 50K U/kg IM once (if all eval normal/negative)
CS Less Likely	 Full maternal Tx documented >4 weeks before delivery <i>AND</i> No evidence maternal relapse/reinfection 	 Serum RPR Normal neonatal eval 	 Bicillin 50K U/kg IM once, OR Infant RPR q2-3mo x6mo (if documented maternal response to treatment)
CS Unlikely	 Documented full maternal Tx before pregnancy AND Maternal RPR remained low and stable 	 Serum RPR Normal neonatal eval 	No Tx recommended (If infant RPR+, monitor until NR, and can consider Bicillin 50K U/kg IM once)



Syphilis Treatment Alternatives for Penicillin Allergic Non-Pregnant Adults

Primary, Secondary, and Early Latent Syphilis

- Doxycyline 100 mg po twice a day x 14 days
- Tetracyline 500 mg po twice a day x 14 days
- Ceftriaxone 1 gm IV (or IM) daily x 10-14 days

Late Latent Syphilis

- Doxycyline 100 mg po twice a day x 28 days
- Tetracyline 500 mg po twice a day x 28 days

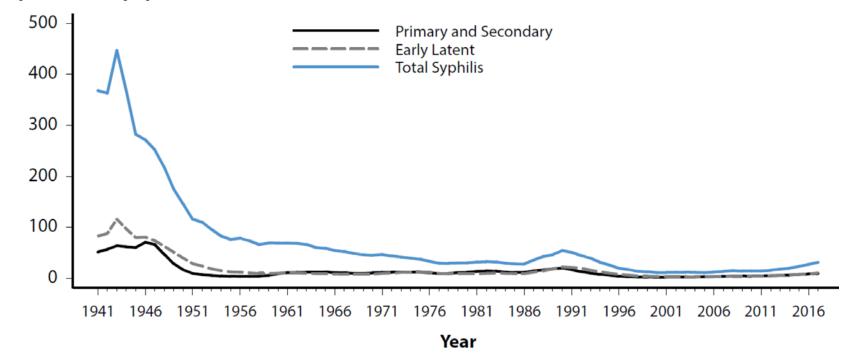
(Los Angeles County STD Treatment Guidelines for Adults & Adolescents, 2017

Epidemiology Key Points



Syphilis Rates of Reported Cases by Stage of Infection, United States, 1941–2017

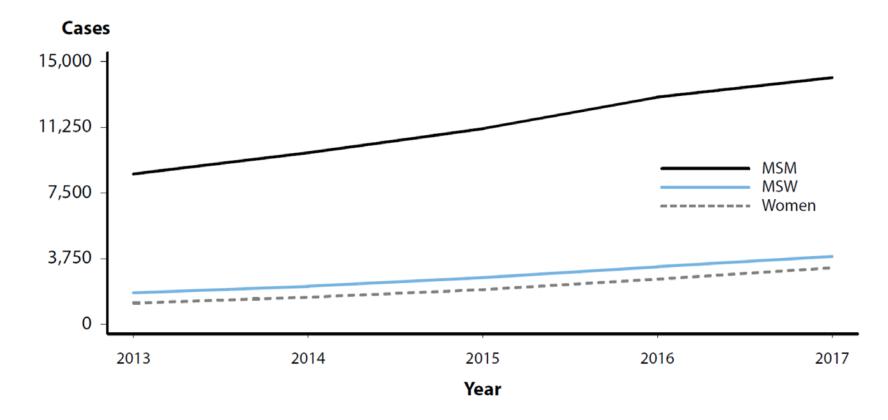
Rate (per 100,000 population)



NOTE: Data collection for syphilis began in 1941; however, syphilis became nationally notifiable in 1944. Refer to the National Notifiable Disease Surveillance System (NNDSS) website for more information: <u>https://wwwn.cdc.gov/nndss/conditions/syphilis</u>/.



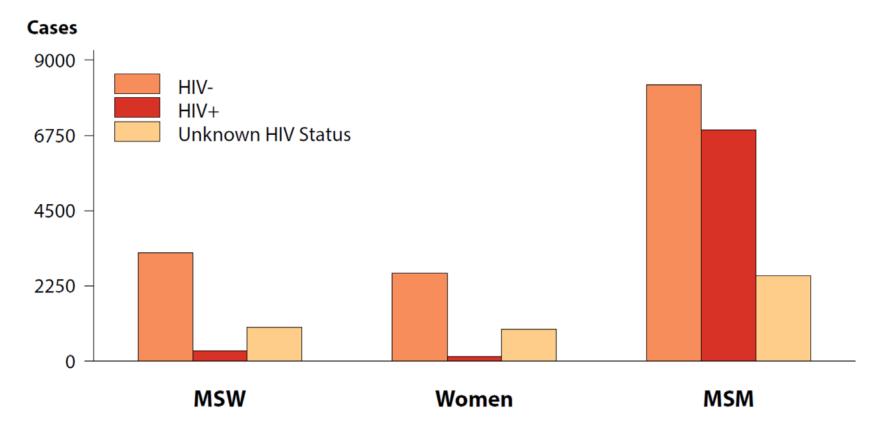
Primary and Secondary Syphilis — Reported Cases by Sex and Sexual Behavior, 37 States*, 2013–2017



* 37 states were able to classify ≥70% of reported cases of primary and secondary syphilis as either MSM, MSW, or women for each year during 2013–2017. ACRONYMS: MSM = Gay, bisexual, and other men who have sex with men (collectively referred to as MSM); MSW = Men who have sex with women only.



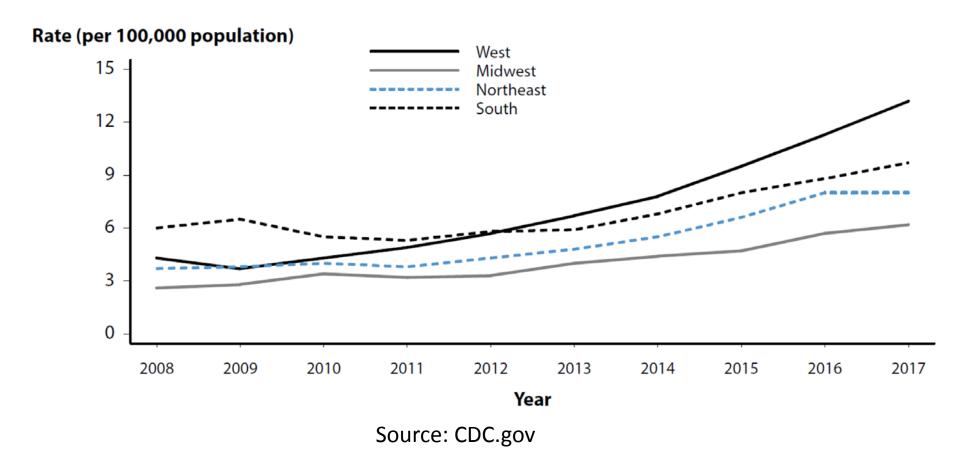
Primary and Secondary Syphilis — Reported Cases by Sex, Sexual Behavior, and HIV Status, United States, 2017



ACRONYMS: MSM = Gay, bisexual, and other men who have sex with men (collectively referred to as MSM); MSW = Men who have sex with women only.

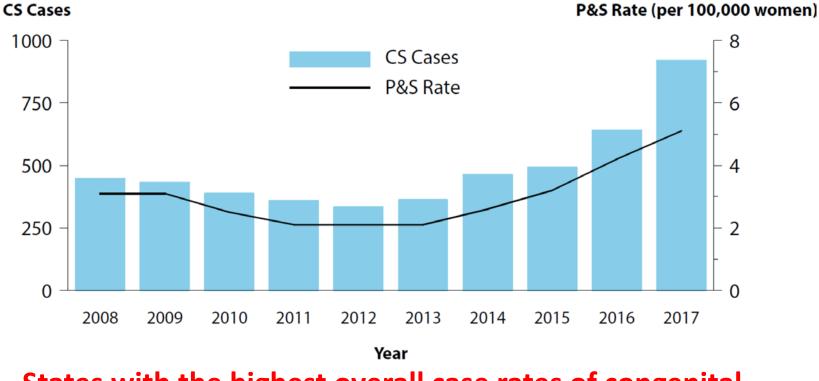


Primary and Secondary Syphilis — Rates of Reported Cases by Region, United States, 2008–2017



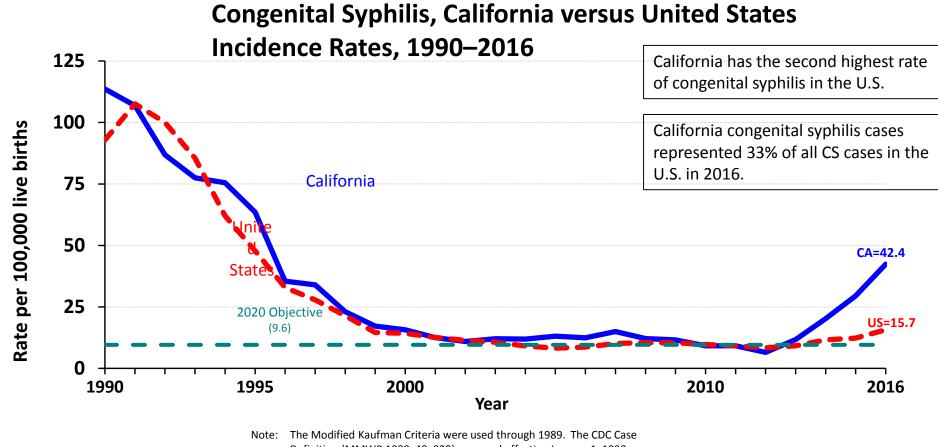


Congenital Syphilis — Reported Cases by Year of Birth and Rates of Reported Cases of Primary and Secondary Syphilis Among Women Aged 15–44 Years, United States, 2008–2017



States with the highest overall case rates of congenital syphilis are Louisiana, California and Texas- CDC 2017 data

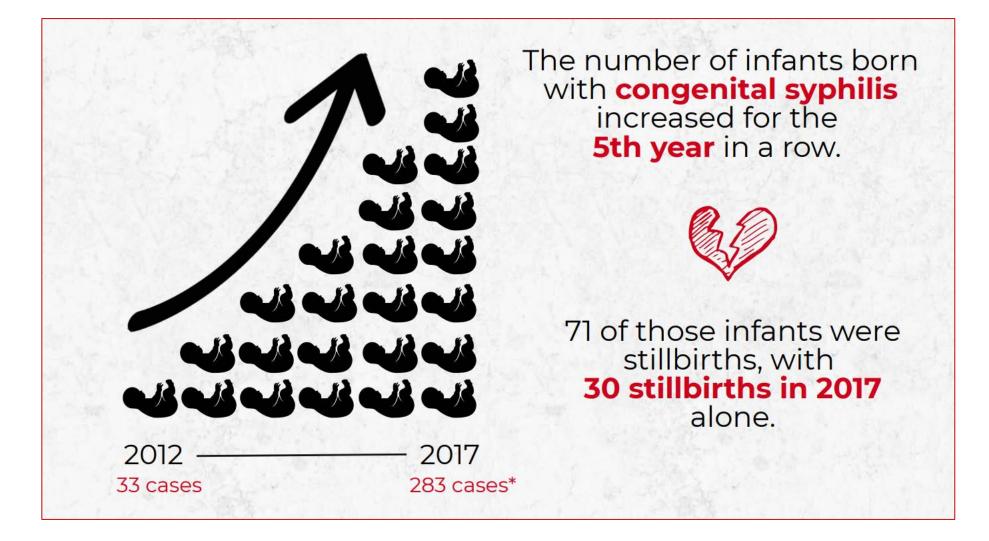




Definition (MMWR 1989; 48: 828) was used effective January 1, 1990. California data prior to 1985 include all cases of congenital syphilis, regardless of age.

Rev. 6/2017

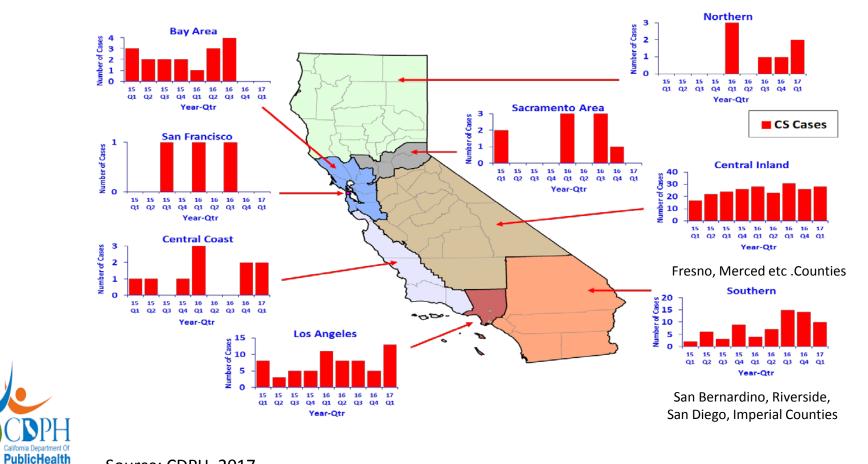




Courtesy of Heidi Bauer, MD, MS, MPH, Chief, STD Control Branch, CDPH



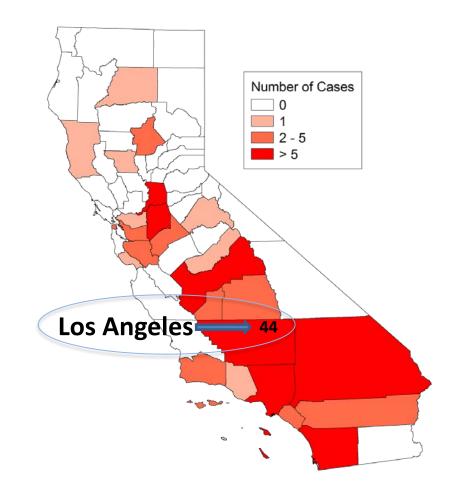
Number of Congenital Syphilis Cases by Region and Year-Quarter of Birth







Congenital Syphilis Number of Cases – Los Angeles County 2017





Alarming rise of Congenital Syphilis in Los Angeles County

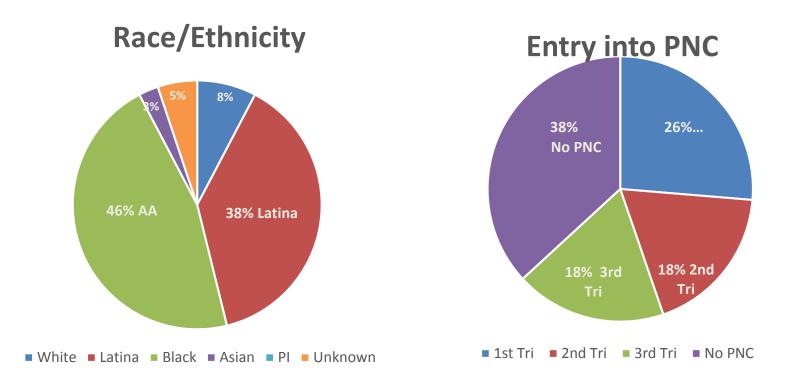
- 733% Increase of CS Cases in 2017 compared to numbers reported in 2012
- 600% Increase of early syphilis among females of childbearing age 2017 compared to numbers reported in 2012



Courtesy of M. Munoz, NM, LAC, DHSP



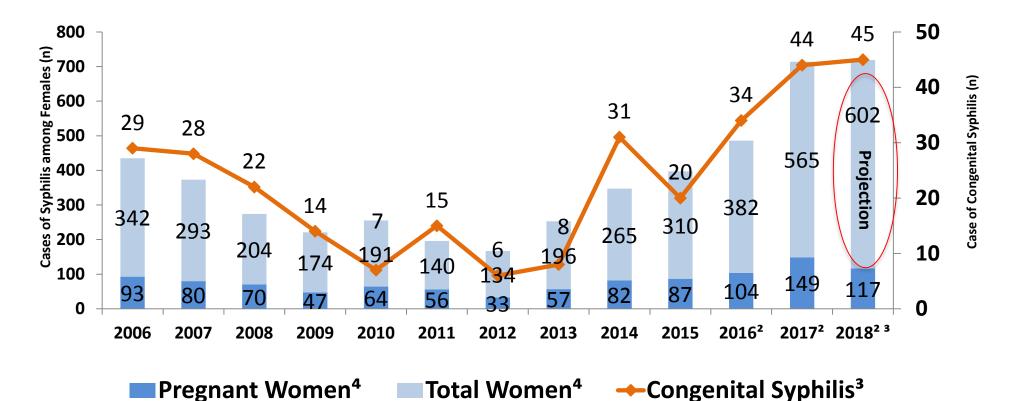
2017 Maternal Characteristics (n=40) Median Age: 29.2 years (range 16-38)



Contributing factors: drug use, incarceration, displacement Courtesy of M. Munoz, NM, LAC, DHSP



Number of Female Syphilis and Congenital Syphilis (CS) Cases, LAC, 2006-2018¹



Source: Division of HIV and STD Programs

¹ Data are from STD Casewatch as of 07/17/2018 and excludes cases from Long Beach and Pasadena

² 2016-2018 data are provisional due to reporting delay. 2018 projections are based on provisional data. As of 7/31/18, 26 congenital syphilis cases have been reported.

³ Congenital Syphilis includes syphilitic stillbirths

⁴ Syphilis among females of childbearing age (ages 15-44) including all cases staged as primary, secondary, early latent and late latent



Possible causes for Increasing syphilis infection rates among-WOMEN

- Multiple partners or partner(s) with multiple partners
- Reinfection during pregnancy
- Lack of or late access to prenatal care
- Inadequate or delayed treatment during before or pregnancy
- Exchange sex for money/shelter/other things of value
- Displacement
- Serious mental illness
- Drug abuse
- Emerging birth tourism (2014)



Possible causes for Increasing syphilis infection rates among-MEN

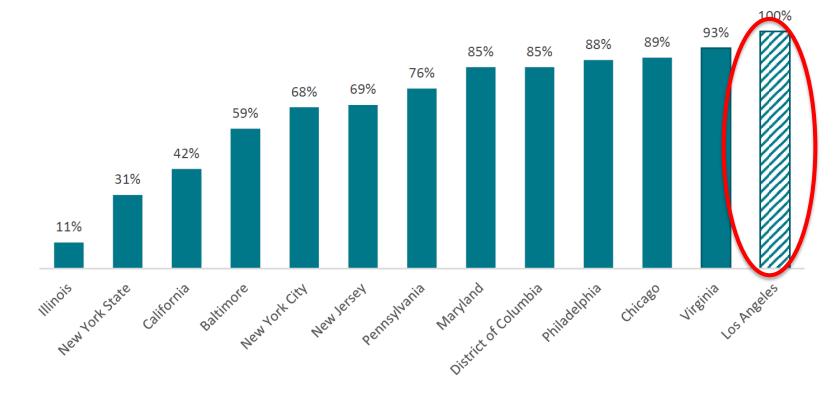
- Missed syphilis screening opportunities
- Having multiple partners
- No treatment or inadequate treatment
- Exchanging sex for money or other things of value to a person
- Drug Use
- Using internet and mobile hook up apps.



Syphilis screening among MSM in HIV care

Syphilis screening rates among MSM in HIV care, 2016

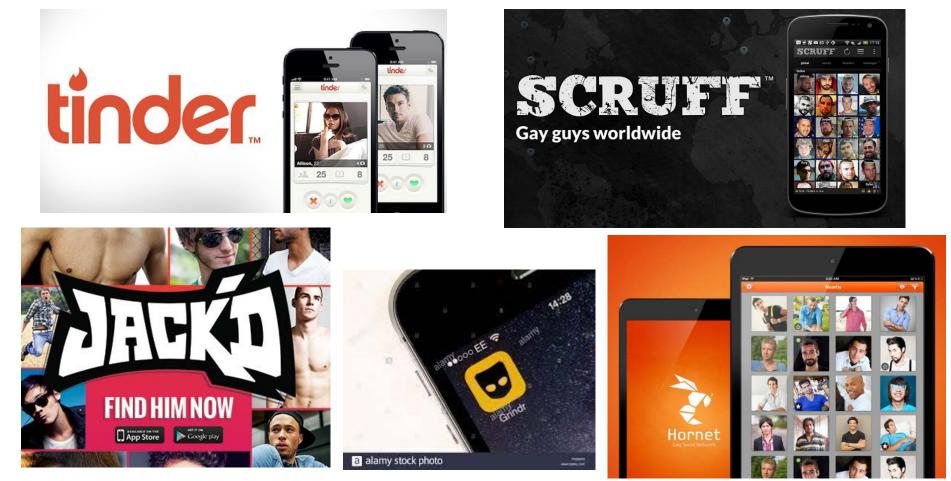
Shaded bars: The denominator included all males, not only MSM



Source: STD AAPPS Program Outcome Measures 2016 | Syphilis screening among MSM in HIV care



Mobile Hook-up Apps



Pictures Source: Bauer, H. M. (2017). *Stemming the rising tide of syphilis in california* [PowerPoint slides]. Retrieved from http://publichealth.lacounty.gov/dhsp/PresentationsSyphilisConf2017.htm

Rotblatt, H. & Wohlfeiler, D. (2017). *MSM and syphilis: what's the message?* [PowerPoint slides]. Retrieved from http://publichealth.lacounty.gov/dhsp/PresentationsSyphilisConf2017.htm





From: Screening for Syphilis Infection in Pregnant WomenUS Preventive Services Task Force Reaffirmation Recommendation Statement

JAMA. 2018;320(9):911-917. doi:10.1001/jama.2018.11785

Population	Pregnant women	
Recommendation	Screen early for syphilis infection in all pregnant women.	
	Grade: A	

Risk Assessment	All pregnant women are at risk. All pregnant women should be tested for syphilis as early as possible when they first present to care. If a woman has not received prenatal care before delivery, she should be tested at the time she presents for delivery.	
Screening Tests	Screening for syphilis infection is a 2-step process. The traditional approach is to perform an initial "nontreponemal" antibody test (ie, Venereal Disease Research Laboratory [VDRL] or rapid plasma reagin [RPR] test), followed by a confirmatory "treponemal" antibody detection test (ie, fluorescent treponemal antibody absorption or Treponema pallidum particle agglutination test). A newer alternative is the reverse sequence screening algorithm: an automated treponemal antibody test (eg, enzyme-linked, chemiluminescence, or multiplex flow immunoassay) is performed first, followed by a nontreponemal VDRL or RPR test. If the test results are discordant, a second treponemal test is performed.	
Treatments and Interventions		
Relevant USPSTF Recommendations	The USPSTF has made recommendations on screening for other sexually transmitted infections, including chlamydia and gonorrhea, hepatitis B virus, genital herpes, and HIV.	

For a summary of the evidence systematically reviewed in making this recommendation, the full recommendation statement, and supporting documents, please go to https://www.uspreventiveservicestaskforce.org.





Clinical Summary: Screening for Syphilis Infection in Pregnant Women USPSTF indicates US Preventive Services Task Force.

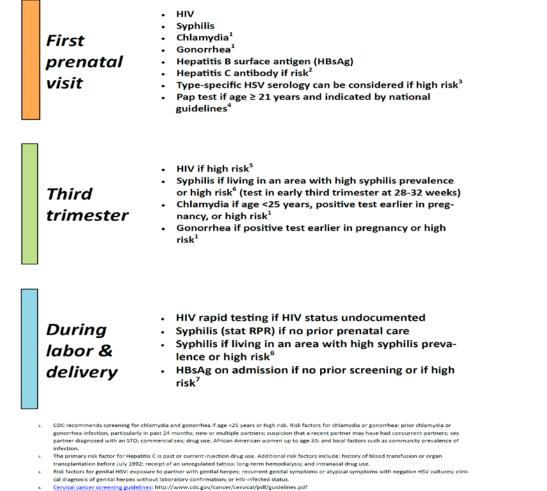


Syphilis Screening Guidelines

Syphilis	
Pregnant Women	 All pregnant women at the first prenatal visit¹¹ Retest early in the third trimester and at delivery if at high risk¹²
Men Who have Sex With Men (MSM)	 At least annually for sexually active MSM¹³ Every 3 to 6 months if at increased risk⁷
Persons with HIV	 For sexually active individuals, screen at first HIV evaluation, and at least annually thereafter^{14,15,16} More frequent screening might be appropriate depending on individual risk behaviors and the local epidemiology¹³



Recommendations in Pregnancy 2017



- 8. Risk factors for HIV: illicit drug use; new STD diagnosis during pregnancy; new or multiple partners; living in an area with high HIV prevalence; or HIVinfected partner.
- Risk factors for syphilis among pregnant women: receiving late or limited prenatal care; new or multiple partners; suspicion that a recent partner may have had concurrent partners; partner with male partners; new STD diagnosis in pregnancy; sex partner diagnosed with an STD; commercial sex; drug use; and living in an area with high syphilis prevalence among women.
- Risk factors for hepatitis B: injection drug use; new STD diagnosis in pregnancy; new or multiple partners; or HBsAg-positive partner.

Recommended vaccinations during pregnancy: Tdap and influenza.



Developed by the California Prevention Training Center and California Department of Public Health STD Control Branch Updated June 2017

CAPTC

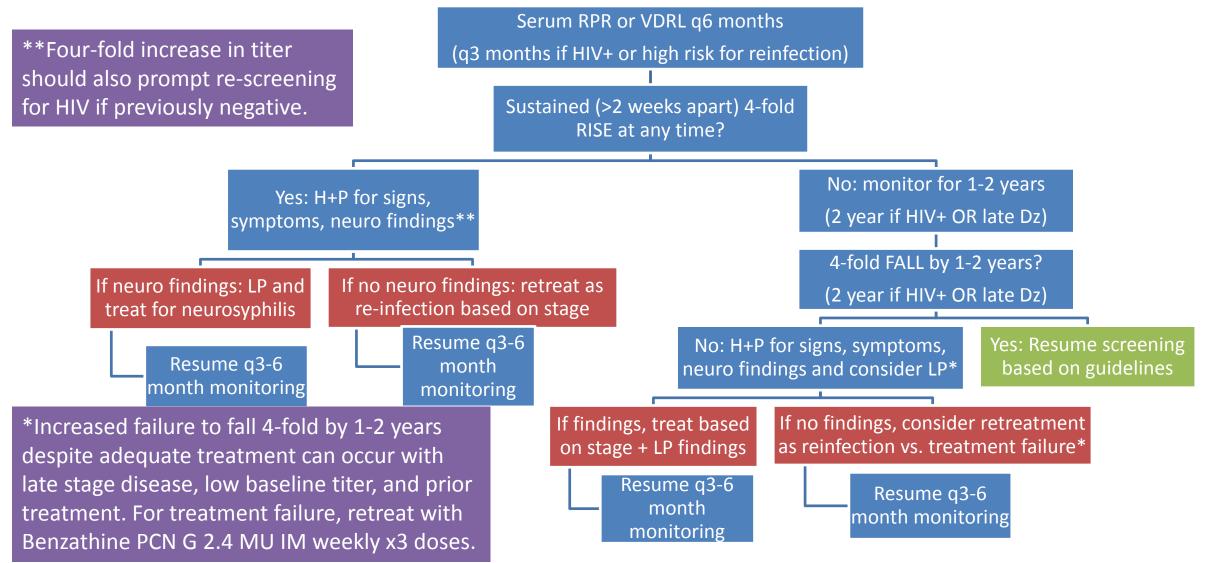
Syphilis Follow-up and Serologic Response



- Patients with lesions should be re-examined within 1 week and 1 month to assess clinical response
- 1° and 2° and EL recheck non-treponemal serology at 6 and 12 months; adequate response is fourfold decrease in serology within 6-12 months
- Titers should be compared to the non-treponemal titer obtained on day of treatment
- Latent recheck non-treponemal serology at 6, 12 and 24 months; adequate response is fourfold decrease in serology in 12-24 months (if titer initially <u>></u>1:32)
- Pregnant women: Serologies should be re-checked at 28-32 weeks of gestation, at delivery, and following recommendations for stage of disease.
 - May follow titers monthly in high-risk women.



Monitoring after treatment



Key Take Home Points: Syphilis

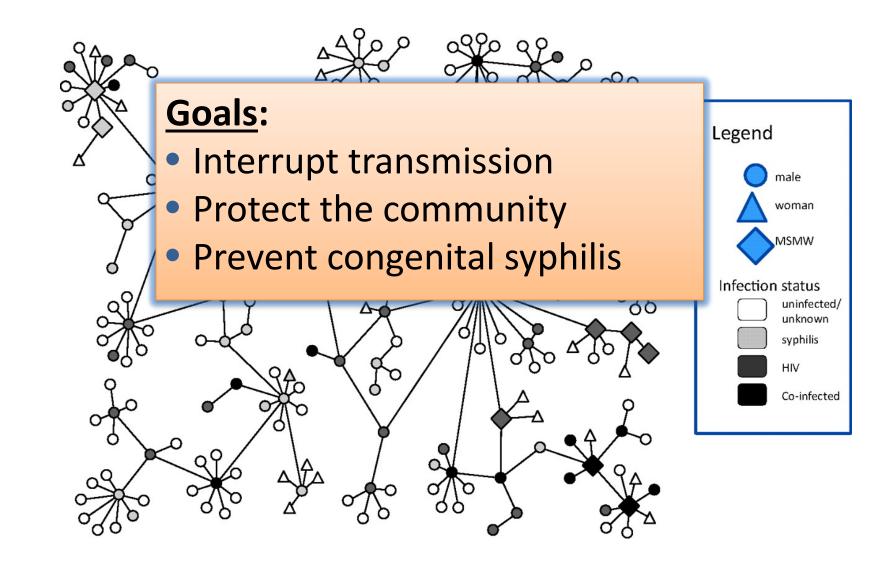


- Rates are increasing (MSM, MSW and women)
- Congenital syphilis is preventable
- Recognize symptoms and signs
 - Evaluate for neuro/ocular symptoms/signs
 - Empiric treatment if high suspicion
- Assess risk and screen
- Determine stage of disease to guide treatment
 - Get day-of-treatment titer
 - Follow titers to assess treatment
- Report to local health department



Case Investigation and Contact Tracing







Role of Public Health

- 1. Strategic planning for prevention and control
- 2. Mandatory reporting
- 3. Clinical consultations via the warm line
- 4. Assistance with partner follow up
- 5. Prevention through education

Addressing Rising Congenital Syphilis rates in LAC



- Social media platforms to enhance CDC STD messaging;
- Broad mass marketing about rising rates of syphilis with focus on women

Community Engagement & Media Advocacy

Collaborations

- Nurse Family Partnership (MCAH) program to promote third trimester screening;
- CS trainings at LAC perinatal health programs;
- Implementation of rapid syphilis testing in women's jail with DHS

Disease Investigation & Core Surveillance

LAC CS Prevention Strategy

> Strengthen the Healthcare Provider-Public Health Partnership

Local Case

Review

- Enhanced Partner Services for female cases conducted by Public Health Nurses;
- Training of Public Health Nurses and Public Health Investigators
 - Regular CS morbidity and mortality review

- Public Health Provider
 Detailing to engage over
 500 medical providers to
 increase syphilis detection
 and proper treatment
- Includes comprehensive STD and DPH resources and CME

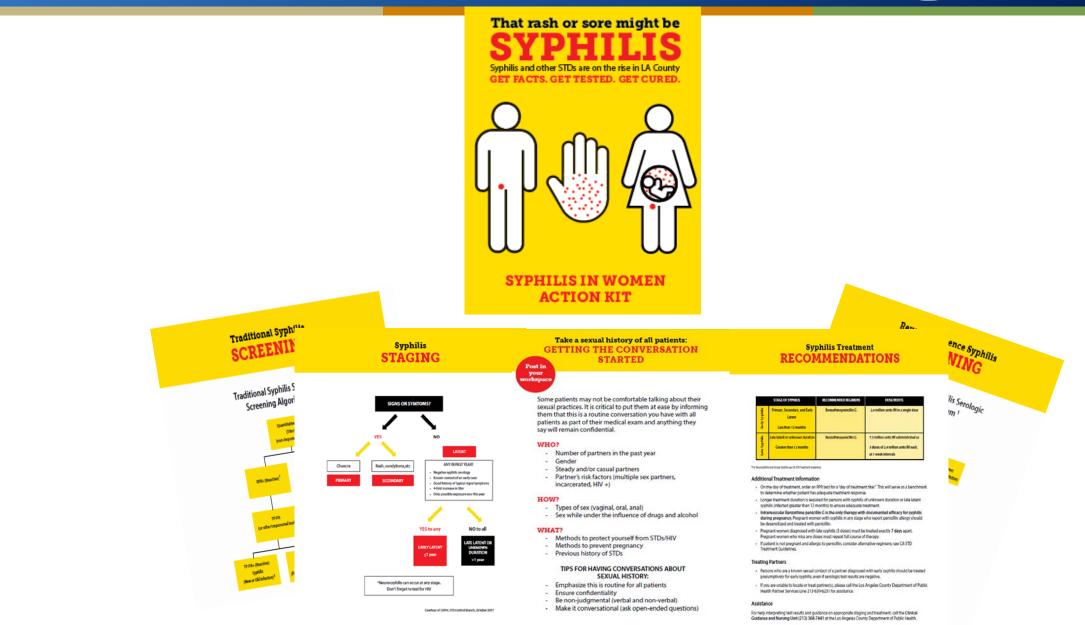


Congenital Syphilis Trends and Interventions

Most women of child bearing age at risk for syphilis not screened prior to pregnancy	 Increase syphilis screening for women (15-44 years) in LAC Syphilis control in men is syphilis prevention for women
Many pregnant women with syphilis delay or do not seek prenatal care	 Increase engagement in prenatal care among women at elevated risk of syphilis CS Morbidity and Mortality Reviews
Some women are infected between 1 st trimester and delivery or are re-infected	 Decrease number of CS cases due to lack of follow-up or repeat screening Recommend universal third trimester screening

Public Health Detailing with Syphilis in Women Action Kit





All cases of syphilis must be reported to the Department of Public Health within one working day pathwavalmentative de cases came, http://publichealth.lacounty.gov/dhsp/ReportCase.htm



State Law Mandate for 5 reportable STI's

• Required to report:

 Medical Doctors, Osteopaths, Coroners, Podiatrists, Dentists, Nurse Practitioners, Infection Control Practitioners, Health Facility/School Administrators knowing of or suspecting a case of a communicable disease.

• Reportable STI's:

- Chlamydia (including LGV)
- Chancroid
- Gonorrhea
- Syphilis
- HIV

- Reporting STD cases does not require patient consent and does not contradict the Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule.
- The privacy rule allows covered entities to disclose protected health information to public health authorizes when required by federal, tribal, state, or local laws[45 CFR 164.512(a)].

Reporting of STI's



- 1. The laboratory reports all positive reportable STI's
- 2. The clinician <u>also</u> reports and completes a confidential morbidity report (CMR) which includes:
 - Clinical Diagnosis
 - Demographics
 - Pregnancy status
 - Treatment
 - Any partner treatment
- 3. Timeline for reporting:



www.publichealth.lacounty.gov/dhsp/Reportcase.htm STD Reporting Call (213) 368-7441 HIV Reporting Call (213) 351 - 8516

- Laboratory confirmed chlamydia and gonorrhea cases within 7 calendar days of diagnosis
- Syphilis within 1 working day of diagnosis





Clinical Nursing and Guidance Unit Warm Line

The Division of HIV and STD Programs is here to help you

Available Mon-Fri 8:00 am-5:00 pm

Record Searches

Respond to CMR-related questions

Verify patient previous history (diagnosis and/or treatment)

Provide guidance for clinical questions

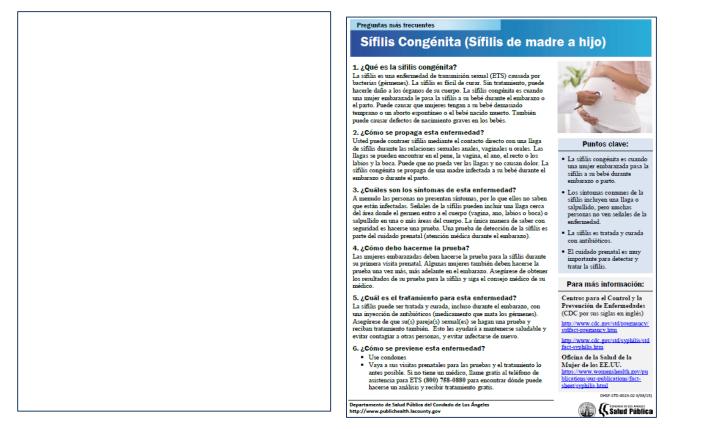
Process consultations for the Office of Clinical and Quality Management's Nursing and Guidance Unit/STD Clinical Chief





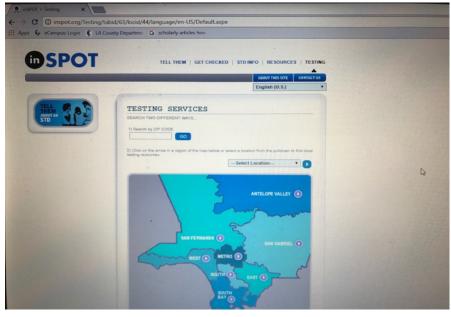
Prevention through Education

Patient Education Sheet on Congenital Syphilis



©SPOTLA

Anonymous Partner Notification via Internet through an electronic postcard



http://inspot.org/Testing/tabid/63/locid/4 4/language/en-US/Default.aspx

Los Angeles County Department of Public Division of HIV and STD Programs, (LADPH, DHSP), 2015). http://publichealth.lacounty.gov/dhsp/Syphilis.htm

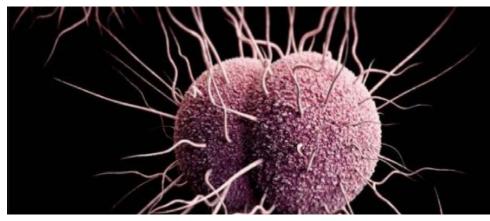


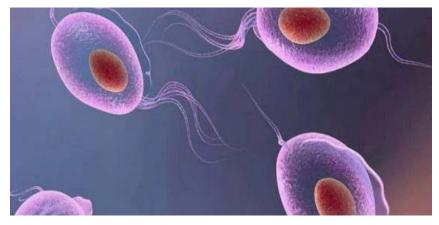




Focus on Gonorrhea and Chlamydia: Overview

- Clinical highlights, diagnosis and extragenital testing
- Treatment, PDPT, retesting and test of cure
- Epidemiological key points
- Screening guidelines



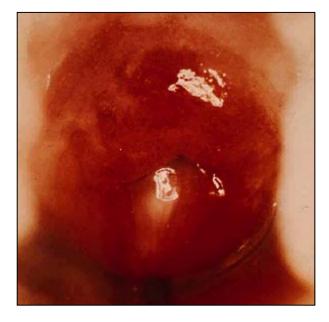


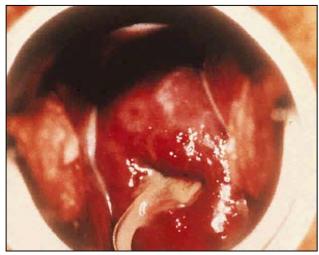
Antibiotic Resistance Vaccine ?

LGV Proctitis

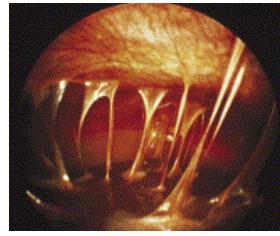
Clinical Manifestations: Cervicitis

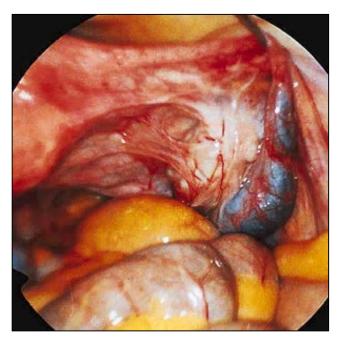






PID









Clinical Manifestations: Urethritis







Epididymitis





Pharyngitis

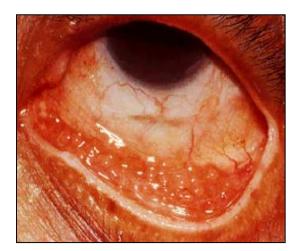
Proctitis

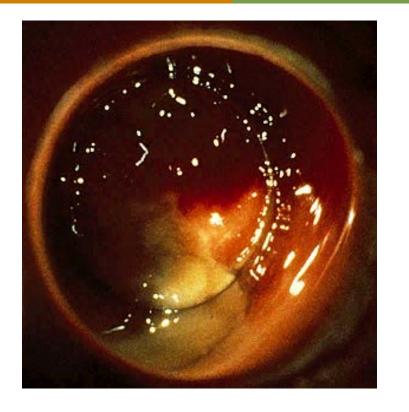






Conjunctivitis





STD Atlas, 1997



Disseminated Gonococcal Infection







Reactive Arthritis



Conjunctivitis, Keratoderma Blennorhagica, Circinate Balanitis, Oligoarthritis





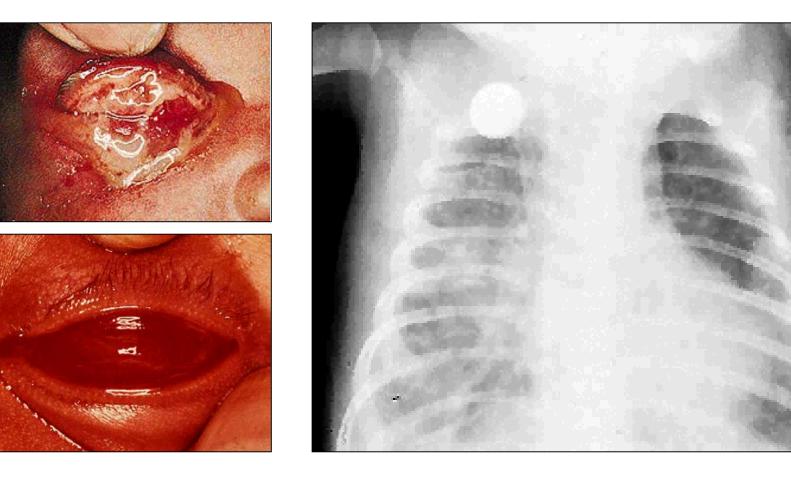
DOIA Website, 2000 Clinics in Dermatology, 2014



Neonatal Conjunctivitis and



Pneumonitis



STD Atlas, 1997



Chlamydia and Gonorrhea NAAT:



- Nucleic Acid Amplification tests have not been cleared by FDA for the rectum and pharynx
- Several commercial laboratories have undergone validation procedures to use them off label
- Similar validation steps apply for self-collected swabs
- CDPH can assist with lab protocols, billing codes
 - <u>https://www.cdph.ca.gov/programs/std/Documents/MSMToolkit.pdf</u>







NAAT Laboratory Ordering and Billing Codes

	Company-Specific Ordering Codes for Combined GC/CT Nucleic Acid Amplified Tests (NAATs)		Company-Specific Ordering Codes for CT test only
	LabCorp*	Quest*	LabCorp
Rectal	188672	16506	188706
Pharyngeal	188698	70051	188714
NAATs are offered at (or from) any location in the country with these two codes.			

For information on specimen collection and transportation, clinicians should contact the local reference laboratory representative.

CPT Billing Codes		
CT detection by NAAT	87491	
GC detection by NAAT	87591	

*CDC does not endorse these laboratories, however, they represent the largest laboratories nationally. There may be other private laboratories that have verified rectal and pharyngeal testing with NAATs. Many PHLs have also verified rectal and pharyngeal testing.

Vaginal Swabs versus Urine for Women



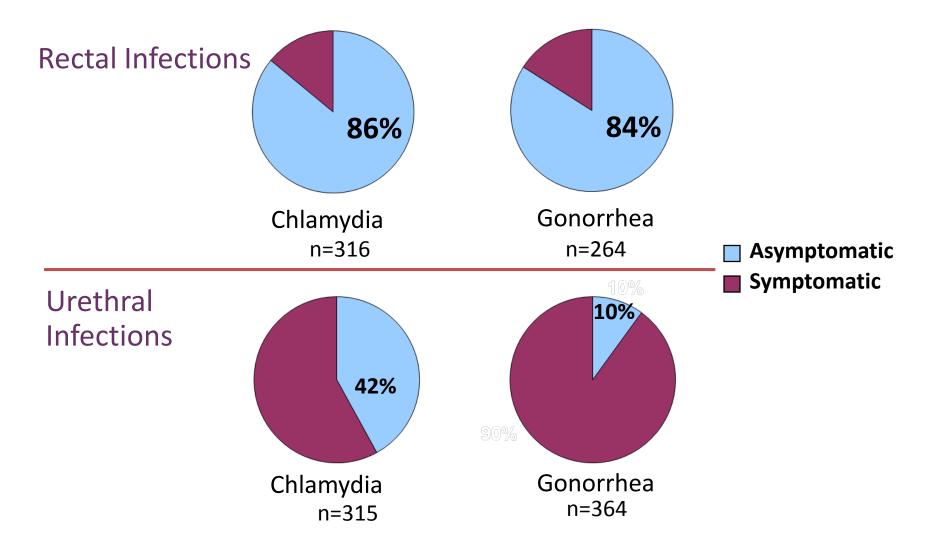


- Nucleic acid amplification tests are recommended
- Sample type: self- or clinician-collected vaginal swab
- A first catch urine specimen is acceptable but might detect 10% fewer infections when compared with vaginal and endocervical swab samples.



Majority of Rectal Infections in MSM

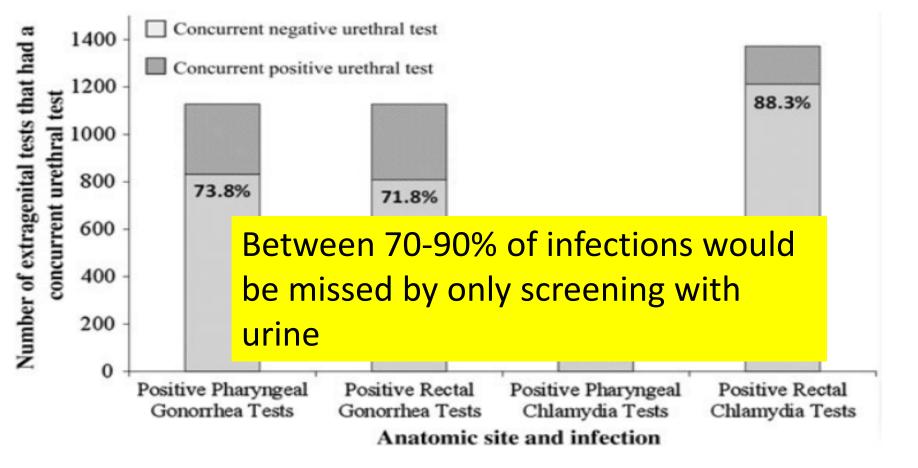
are Asymptomatic



Kent, CK et al, Clin Infect Dis July 2005



High % of Pharyngeal and Rectal CT/GC Associated with Negative Urine test, STD Surveillance Network (n=21994)



Patton et al CID 2014



What About Extra Genital CT/GC Screening in Women?

- No clear recommendations for women
 - No studies to see if reduces adverse reproductive health outcomes
 - -Few studies on burden of infection
 - -No FDA approved NAATs
 - Some providers are using a hierarchy to guide extra genital screening based on sexual practices
 - Cervical then rectal then pharyngeal



Family PACT Update:

- Frequency limits for chlamydia and gonorrhea nucleic acid amplification testing (NAAT) laboratory billing codes have been updated to 3 units/day as of September 1, 2018. Prior to this update, only one test (i.e. one anatomical site) was allowed per day. Under this new update, more than one anatomical site can be tested for chlamydia and gonorrhea on the same day. For billing codes and more information, see the August 2018 Family PACT Update.
- As of May 1, 2018, Family PACT also covers trichomonas vaginalis NAAT testing



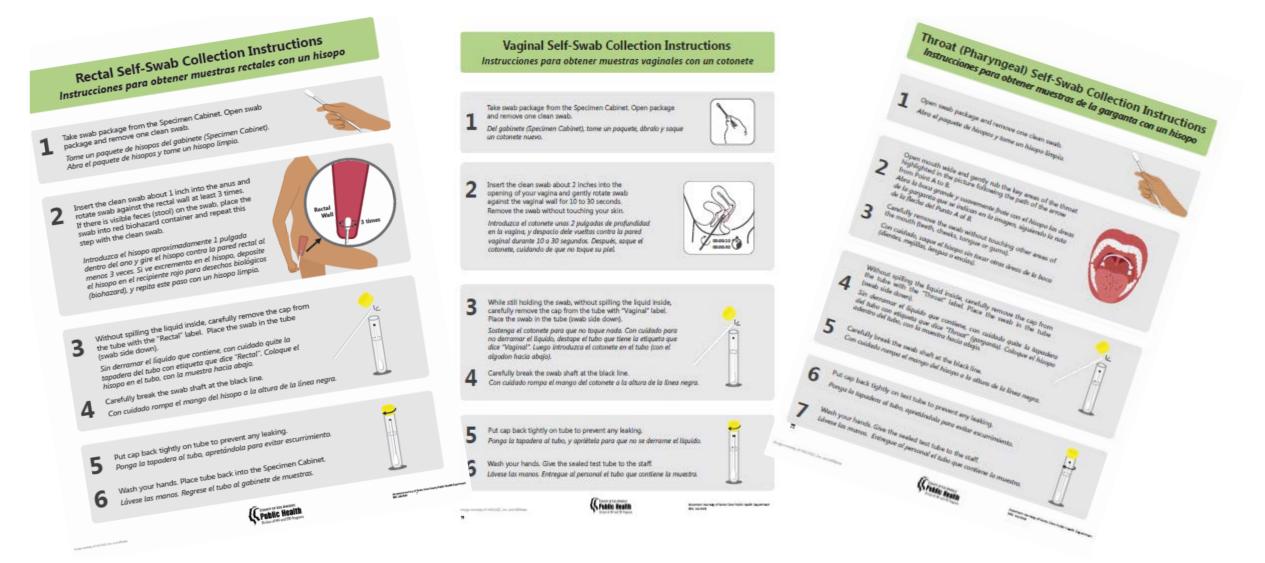
Self-collected rectal/pharyngeal STI testing

- Highly acceptable, similar performance compared to clinician-collected specimens
- Self-collection can be performed at laboratory along with blood draw/urine collection or in the exam room before/after the provider visit
- May save patient an office visit
- Saves the provider time

Van der helm, 2009, STD; Sexton, 2013 J Fam Pract; Dodge, 2012 Sex Health Freeman 2011, STD; Alexander 2008, STI; Moncada 2009, STD

SELF-SWAB INSTRUCTION SHEETS





Source: Santa Clara County Department of Public Health



Case Scenario: Tony

- 19 yo male presents for STD screening
- He reports exclusively male partners, 3 in past 6 months, oral sex, insertive and receptive anal sex 'sometimes', 1 anonymous partner
- Good health, no complaints, h/o GC last year

What STD testing is indicated? Which vaccines are important to provide?

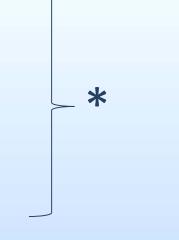
STD Screening for MSM



- HIV
- Syphilis
- Urethral GC and CT
- Rectal GC and CT (if RAI)
- Pharyngeal GC (if oral sex)
- HSV-2 serology (consider)
- Hepatitis B (HBsAg)
- Hepatitis C (if high risk)
- Anal Pap (consider for HIV+)

* At least annually, more frequent (3-6 months) if at high risk (multiple/anonymous partners, drug use, high risk partners)

> CDC 2015 STD Tx Guidelines www.cdc.gov/std/treatment



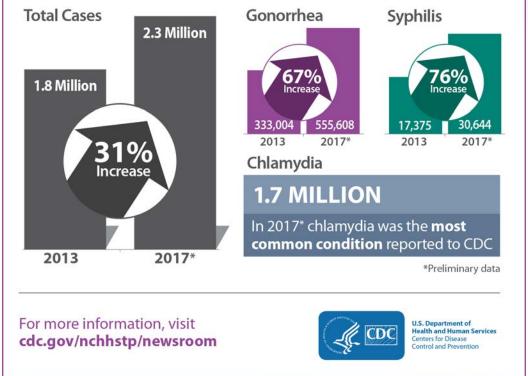
Epidemiology key points

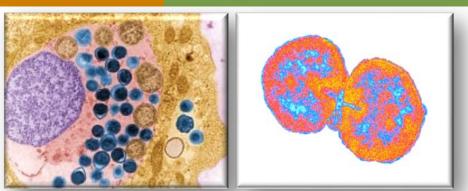


COUNTY OF LOS ANGELES

THE U.S. IS EXPERIENCING STEEP, SUSTAINED **INCREASES IN SEXUALLY TRANSMITTED DISEASES**

Combined diagnoses of chlamydia, gonorrhea, and syphilis increased sharply over the past five years





CONTINUED CONCERNS ABOUT ANTIBIOTIC RESISTANT GONORRHEA



Gonorrhea



Lab tests show a small is expected to but growing fraction of gonorrhea samples have eventually wear down our last highly signs of emerging effective antibiotic antibiotic resistance



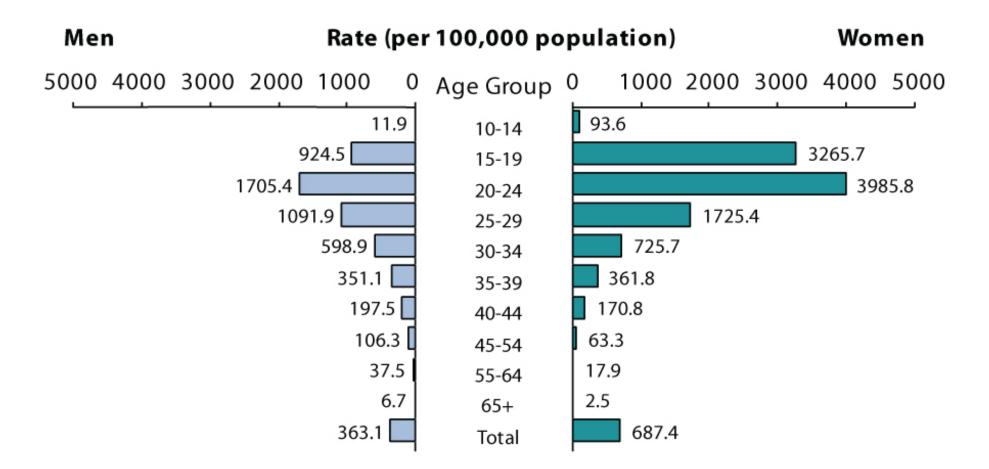
CDC recommends a two-drug combination to preserve our last highly effective antibiotic

For more information, visit cdc.gov/nchhstp/newsroom



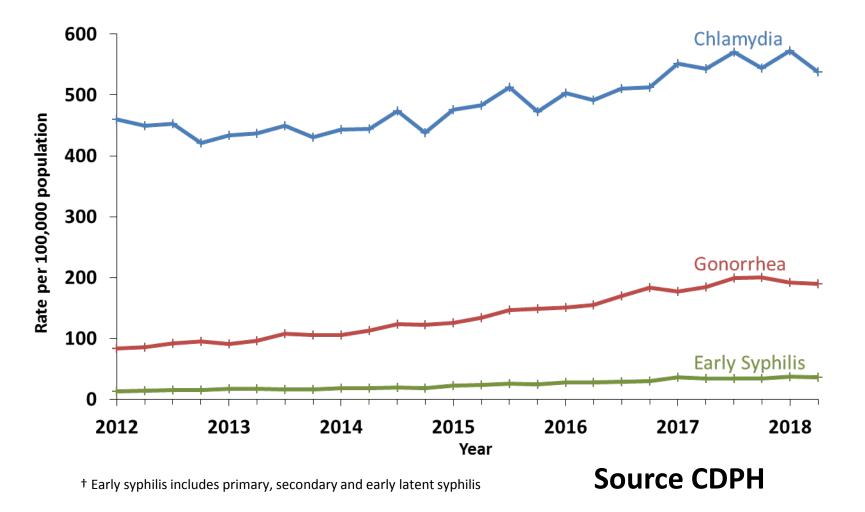


Chlamydia — Rates of Reported Cases by Age Group and Sex, United States, 2017



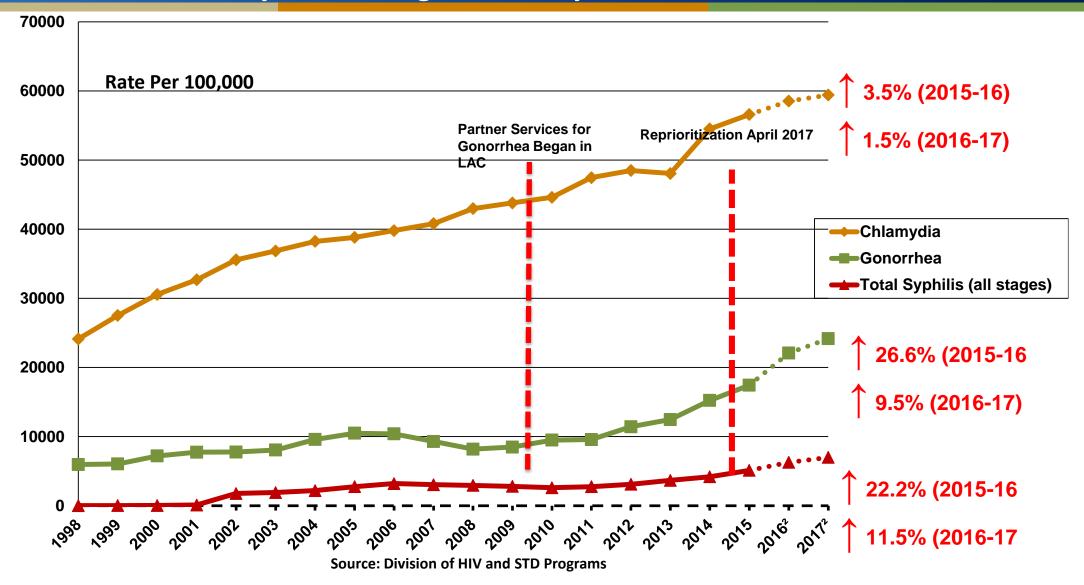


Chlamydia, Gonorrhea, and Early Syphilis[†] California Rates by Year-Quarter, 2012–2018*



Number of Reported Cases of Syphilis (all stages),

Gonorrhea, and Chlamydia, Los Angeles County, 1998-2017¹



COUNTY OF LOS ANGELES

1. Does not include cases reported in the cities of Long Beach and Pasadena; total syphilis includes all cases staged as primary, secondary, early latent, late latent, and unknown duration 2. 2016 and 2017 data are provisional due to reporting delay.

Pop Quiz



Which of the following patients does NOT need a screening test for CT and GC?

- a) Amanda, asymptomatic cisgender woman with male and female sex partners. She screened positive for chlamydia and negative for GC and HIV, 3 months ago.
- b) Jeff, a cisgender man who has receptive and insertive anal sex with exclusively male sex partners. He had a negative urine, throat, and rectal screen for CT, GC, syphilis, and HIV, 3 months ago.
- c) Dave, a cisgender man with exclusively female partners. He screened negative for CT, GC, and HIV, 3 months ago. He has had no new partners, no symptoms, and no high risk exposure such as contact with sex workers.
- d) Martha, a transgender woman with exclusively male partners. She is on PrEP for HIV prevention and screened negative for CT, GC, syphilis, and HIV, 3 months ago. She has had no new partners and no symptoms.

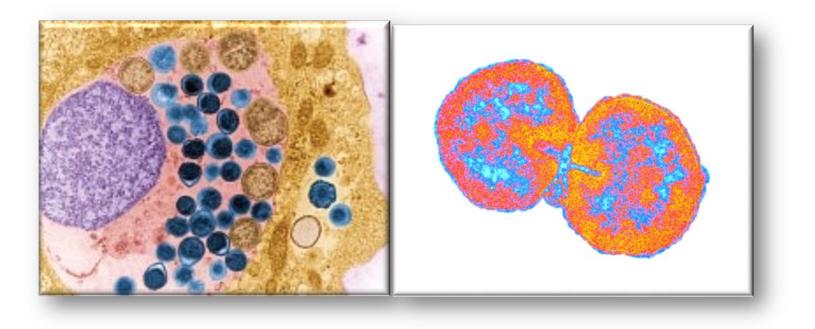
Who Should be Screened for CT/GC?



Females	 < 25 annually, 25+ if at risk Pregnant (first trimester)
MSM	 At least annually Exposed sites: genital, rectal, throat
Hetero males	 High prevalence settings (corrections, STD clinics)
HIV +	 At least annually All exposed sites
Patients on PrEP	• Every 3 months
Post-Tx	• All patients, 3 months after treatment

CDC 2015 STD Tx Guidelines <u>www.cdc.gov/std/treatment</u> Plus: Guidelines for HIV care and PrEP





CT/GC Treatment



Adolescents and Adults

	Recommended	Alternatives (new)
Non-pregnant	Azithromycin 1 g orally in a single dose Doxycycline 100 mg orally twice daily for 7 days	Doxycycline (delayed release) 200 mg QD x 7 d
Pregnant*	Azithromycin 1 g orally in a single dose	Amoxicillin 500 mg po TID x 7 days

* Test of cure at 3-4 weeks only in pregnancy

CDC 2015 STD Treatment Guidelines www.cdc.gov/std/treatment



Case: When it Rains it Pours

- 52 yo HIV+ MSM, not in care and not on ART, presents with complaints of rectal discharge and bleeding and abdominal pain
- Physical exam: Bloody rectal discharge; resolving patchy hair loss; No rash or anogenital lesions.

10 weeks prior:

- Contact to Gonorrhea (GC)
- Patchy alopecia
- Treated empirically for secondary syphilis with Benzathine penicillin G (BPG) 2.4 mu IM x 1 and GC with ceftriaxone 250 mg IM x 1 and azithromycin 1 g PO x 1
- RPR 1:128, TP-PA positive, and rectal NAAT positive for GC (negative for CT)





How would you manage this patient?

Order lab studies, including RPR and rectal GC and CT NAAT, and:

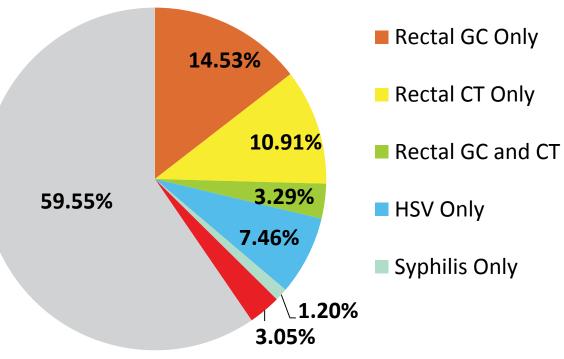
- 1) Wait for results
- 2) Treat with ceftriaxone 250 mg IM x 1 and azithromycin 1 g po x1
- 3) Treat with ceftriaxone 250 mg IM x 1 and doxycycline 100 mg PO BID x 7 days
- 4) Treat with ceftriaxone 250 mg IM x 1 and doxycycline 100 mg PO BID x 21 days
- 5) Treat with ceftriaxone 250 mg IM x 1, doxycycline 100 mg PO BID x 21 days and benzathine penicillin G 2.4 mu IM x 1

Source: Bolan-Cohen Meet the Professor Session ID Week 2018



Clinical Issue #1: Evaluation and Management of Proctitis

Microbiologic Etiology of Proctitis Cases, 2004-2012 (n=1246)¹



- Diagnosis:
 - Anoscopy
 - RPR
 - Rectal GC and CT
 NAAT
 - Rectal HSV PCR
 - If possible: LGV PCR

¹Cohen SE, ISSTDR 2013

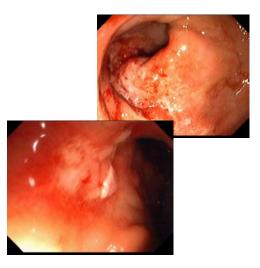
Red: multiple diagnoses; Grey: No diagnosis

Source: Bolan-Cohen Meet the Professor Session ID Week 2018



Evaluation of and Management LGV Proctitis

- Caused by L-serovars (L1, L2, L3) of *Chlamydia trachomatis (CT)*
- Anorectal syndrome: Asymptomatic to hemorrhagic proctocolitis
- Rectal CT NAAT will be positive does not further specify whether LGV serovars are the cause
- MSM with acute proctitis and bloody rectal discharge, perianal ulcers or mucosal ulcers, and either a positive rectal chlamydia NAAT or HIV infection should be offered presumptive treatment for LGV with doxycycline 100 mg PO BID for 21 days.





Photos: J Engelman, SFCC; de Vrieze Expert Review Anti-infective therapy 2014. Source: Bolan-Cohen Meet the Professor Session ID Week 2018



Clinical Controversies and LGV

- % of rectal CT that is caused by LGV varies by jurisdiction and region (8-18%)¹
- No RCT data to guide treatment of LGV
- Unclear if asymptomatic LGV requires a prolonged course of treatment²
- *BASHH guidelines recommend that all positive rectal Chlamydia be reflex tested for LGV, and if positive, treated with 3 weeks of doxycycline regardless of symptoms

¹Schillinger Nat'l STD Prev Conf 2018; Saxon Emerg Infect Dis 2016; de Vrieze STI 2013; Leeyaphan STD 2017.

²Simons STD 2018; Handsfield STD 2018.

* BASHH British Association for Sexual Health and HIV



Azithromycin versus Doxycycline for Treatment of Urogenital CT

- RCT comparing azithromycin with doxycycline
- Directly observed treatment of CT among teens in correctional facilities
- Measured treatment failure at 28 days after treatment initiation
 - Treatment failure determined on basis of NAAT, sexual history, and genotyping of CT strains
- Results: (N=155 in each group)
 - Azithromycin 97% effective
 - Doxycycline 100% effective



Is azithro adequate treatment for rectal CT infection?

Population	Treatment	Repeat positive
MSM in Australia (N=85)	Azithro 1 g	13%
MSM in Seattle (N=407)	Azithro 1 g	22%
(N=95)	Doxy 100 BID x 7	8%

Based on retrospective uncontrolled observational clinical data: Dummond, Int J STD AIDS 2011; 22:478 Khosropour, STD 2014; 41:79



Case Continued

- Treated for proctitis with ceftriaxone 250 mg IM x 1 and doxycycline 100 mg PO BID x 21 days
- Referred to HIV navigator for assistance with relinkage to care
- Results:
 - Rectal NAAT positive for GC and CT
 - Rectal LGV PCR positive
 - Rectal HSV PCR negative
 - RPR 1:64



Clinical Issue #2: Optimal management of concurrent rectal LGV+GC

LGV treatment differs from recommended rectal GC treatment

- First-line treatment for rectal GC is: Ceftriaxone 250 mg IM x1 *plus* Azithromycin 1 g PO x1
- CTX *plus* doxycycline 100 mg PO BID x 7 days downgraded to alternative due to high prevalence of tetracycline resistant GC

Source: Bolan-Cohen Meet the Professor Session ID Week 2018

Gonorrhea Dual Therapy Uncomplicated Genital, Rectal, or Pharyngeal Infections

Ceftriaxone 250 mg IM in a single dose PLUS Azithromycin 1 g orally

- Azithro recommended regardless of CT test result
- Dual treatment = ceftriaxone and azithromycin administered <u>on the same day</u> preferably simultaneously and under direct observation

CDC 2015 STD Treatment Guidelines <u>www.cdc.gov/std/treatment</u>

Gonorrhea Treatment Alternatives Anogenital Infections

ALTERNATIVE ORAL TREATMENT:

Cefixime 400 mg *PLUS* Azithromycin 1 g

IN CASE OF SEVERE ALLERGY:

Gentamicin 240 mg IM + azithromycin 2 g PO
OR

Gemifloxacin 320 mg orally + azithromycin 2 g PO

Per-protocol efficacy in RCT of adults with urethral or cervical gonorrhea:

- gentamicin + azithromycin = 100% (202/202)
- gemifloxacin + azithromycin = 99.5% (198/199)

Kirkcaldy, CID 2014;59:1083-91

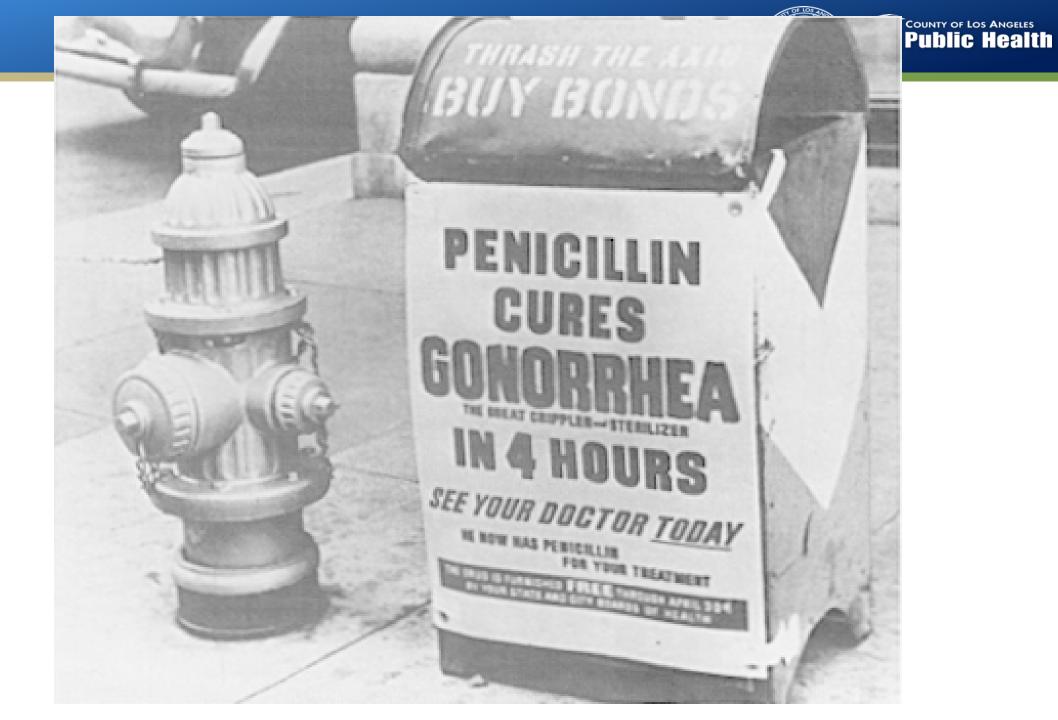
CDC 2015 STD Treatment Guidelines <u>www.cdc.gov/std/treatment</u>



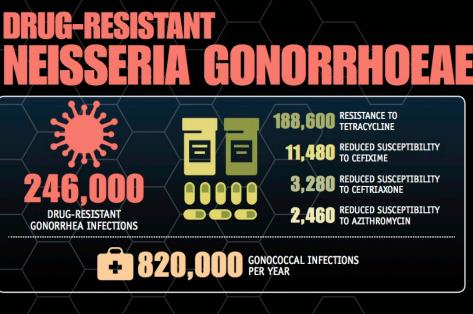
Any downside to the alternative regimens?

	Gentamicin Regimen	Gemifloxacin Regimen
Route	IM or IV	Oral
Nausea	27%	37%
Vomiting (<1 hour)	3%	7%
Availability	ОК	FDA reported shortage in May 2015
Volume	Need 6 cc (40mg/cc)	









Neisseria gonorrhoeae causes gonorrhea, a sexually transmitted disease that can result in discharge and inflammation at the urethra, cervix, pharynx, or rectum.

RESISTANCE OF CONCERN

N. gonorrhoeae is showing resistance to antibiotics usually used to treat it. These drugs include:

- cefixime (an oral cephalosporin)
- ceftriaxone (an injectable cephalosporin)
- azithromycin
- tetracycline

PUBLIC HEALTH THREAT

Gonorrhea is the second most commonly reported notifiable infection in the United States and is easily transmitted. It causes severe reproductive complications and disproportionately affects sexual, racial, and ethnic minorities. Gonorrhea control relies on prompt identification and treatment of infected persons and their sex partners. Because some drugs are less effective in treating gonorrhea, CDC recently updated its treatment guidelines to slow the emergence of drug resistance. CDC now recommends only ceftriaxone plus either azithromycin or doxycycline as first-line treatment for gonorrhea. The emergence of cephalosporin resistance, especially ceftriaxone resistance, would greatly limit treatment options and could cripple gonorrhea control efforts.

In 2011, 321,849 cases of gonorrhea were reported to CDC, but CDC estimates that more than 800,000 cases occur annually in the United States.

Percentage	Estimated number of cases
	820,000
30%	246,000
<1%	11,480
<1%	3,280
<1%	2,460
23%	188,600
	30% <1% <1% <1%

Source: The Gonococcal Isolate Surveillance Project (GISP)–5,900 isolates tested for susceptibility in 2011. For more information about data methods and references, please see technical appendix.



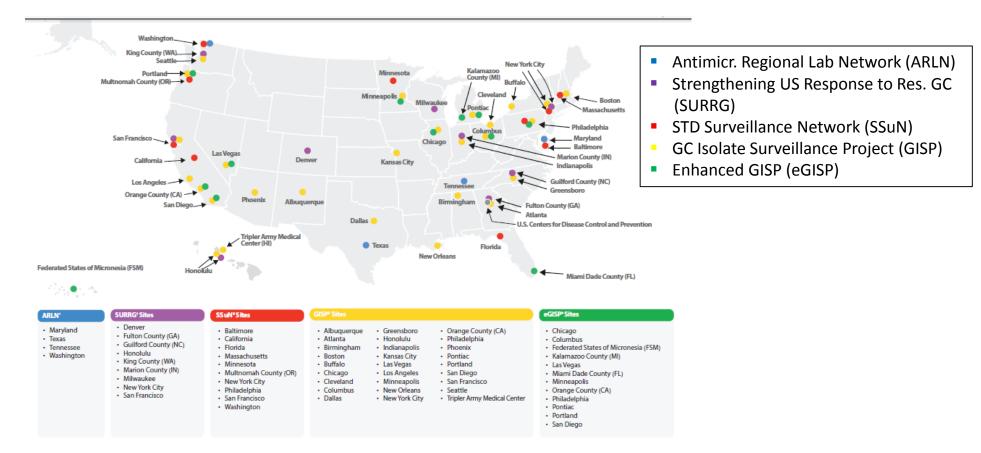
U.S. Department of Health and Human Services Centers for Disease Control and Prevention

of Los Angeles

N. gonorrheae is "naturally competent"



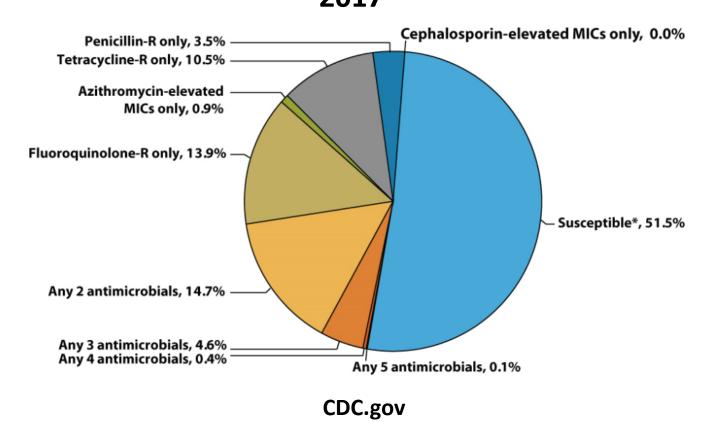
Places Working to Combat Drug-Resistant Gonorrhea



CDC.gov: Revised August 9, 2017



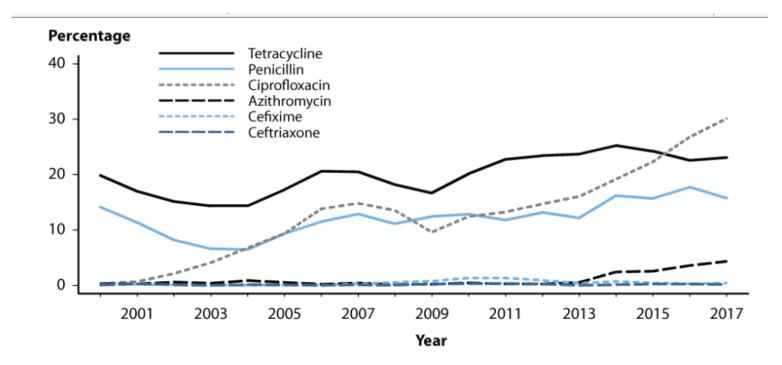
Susceptibility Patterns of *Neisseria gonorrhoeae* Isolates to Antimicrobials, Gonococcal Isolate Surveillance Project (GISP), 2017





Neisseria gonorrhoeae — Prevalence of Tetracycline, Penicillin, or Fluoroquinolone Resistance* or Elevated Cefixime, Ceftriaxone, or Azithromycin Minimum Inhibitory Concentrations (MICs)⁺, by

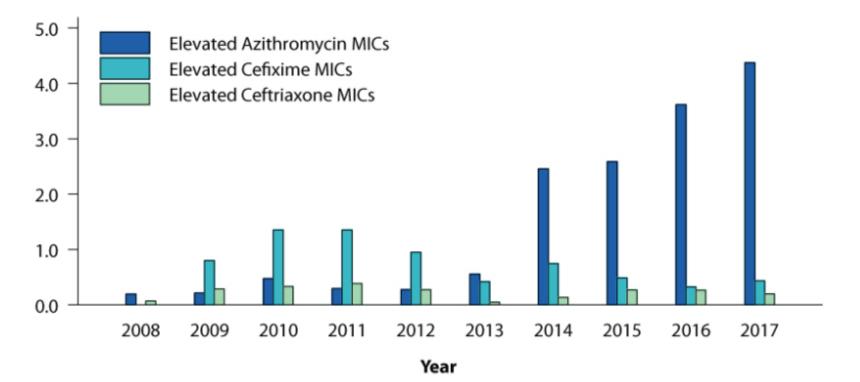




* Resistance: Fluoroquinolone (ciprofloxacin) = MIC \geq 1.0 µg/mL; Penicillin = MIC \geq 2.0 µg/mL or B-lactamase positive; Tetracycline = MIC \geq 2.0 µg/mL. † Elevated MICs: Azithromycin = MIC \geq 1.0 µg/mL (2000–2004); \geq 2.0 µg/mL (2005–2017); Ceftriaxone = MIC \geq 0.125 µg/mL; Cefixime = MIC \geq 0.25 µg/mL. **NOTE:** Cefixime susceptibility was not tested in 2007 and 2008.



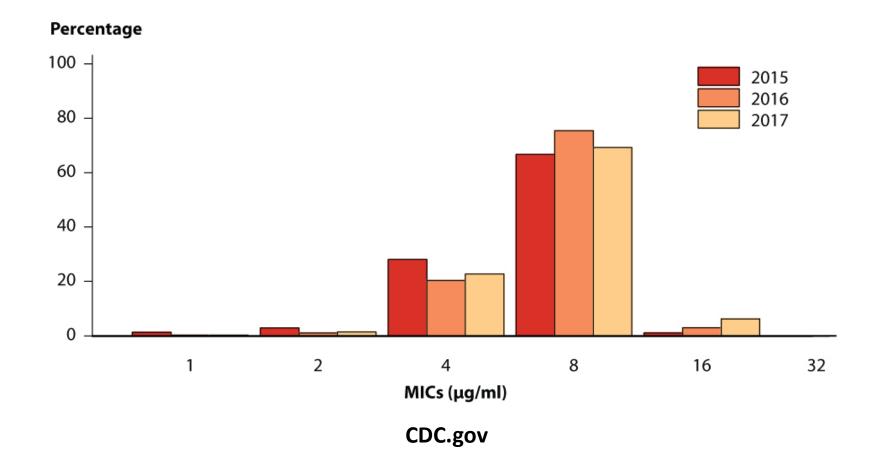
 Neisseria gonorrhoeae — Percentage of Isolates with Elevated Azithromycin Minimum Inhibitory Concentrations (MICs) (≥2.0 µg/ml), Elevated
 Ceftriaxone MICs (≥0.125 µg/ml), and Elevated Cefixime MICs (≥0.25 µg/ml), Gonococcal Isolate Surveillance Project (GISP), 2008–2017 (CDC.gov)



Percentage

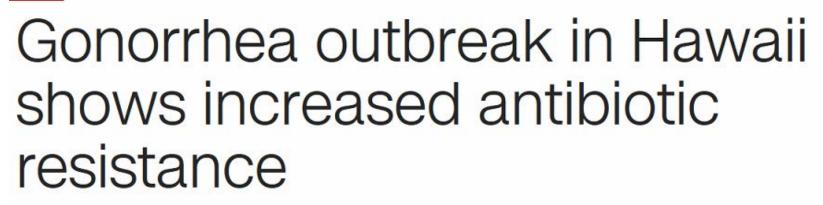


Neisseria gonorrhoeae — Distribution of Gentamicin Minimum Inhibitory Concentrations (MICs) by Year, Gonococcal Isolate Surveillance Project (GISP), 2015–2017





U.S. Edition + me



By Susan Scutti, CNN () Updated 10:50 AM ET, Thu September 22, 2016

Health +

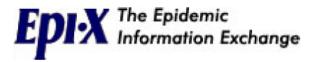
CAN



Live TV







Cluster of Hawaii Gonorrhea Isolates with Diminished Susceptibility to Multiple Antibiotics, Including Very High Azithromycin MIC and Alert-Value Ceftriaxone MIC --April-May, 2016

The Hawaii DOH has identified 7 cases of gonorrhea infection yielding isolates with uncommon antimicrobial susceptibility testing (AST) profiles, including very high azithromycin minimum inhibitory concentrations (MICs), alert-value ceftriaxone MICs, and elevated MICs for 5 other antibiotics.

	azithromycin*	ceftriaxone*	cefixime*	penicillin**	tetracycline**	gentamicin**	ciprofloxacin**
1	> 256	0.125	0.094	> 4	4	8	8
2	> 256	0.125	0.094	> 4	4	8	16
3	> 256	0.190	0.190	> 4	4	8	16
4	> 256	0.125	0.125	pending	pending	pending	pending
5	> 256	0.094	0.094	pending	pending	pending	pending
6	> 256	0.125	0.125	pending	pending	pending	pending
7	> 250	0.405	0.004	nonding	nanding	nonding	nonding

Minimum Inhibitory Concentrations, µg/mL

June 17, 2016

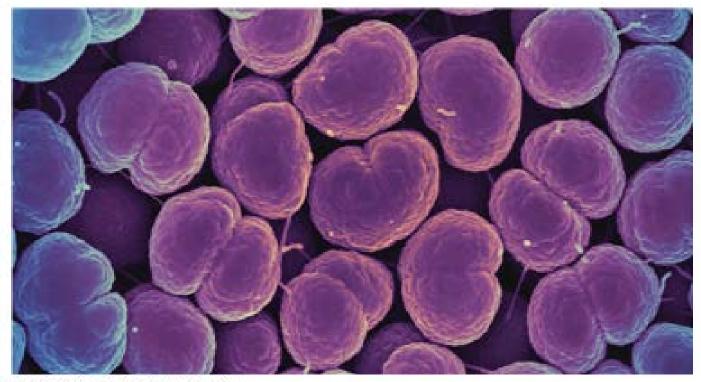
OF LOS



HEALTH

Rare strain of gonorrhea identified in Canada, compounding fears of drug resistance

By HELEN REAMONELL District and 2 MONEMBER 18, 2012



Notwork generitizes benteria, which cause generities, which cause generities, which

Emerging Infectious Diseases, Vol 24 (2), February 2018

Drug-Resistant Neisseria gonorrheae

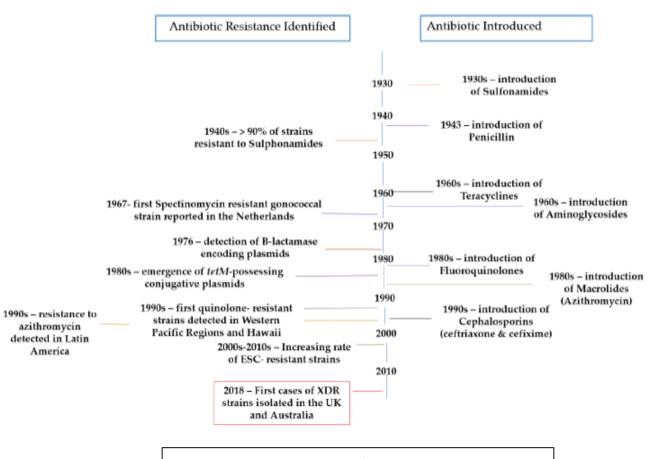


- "This report is one more confirmation of our greatest fear: drug-resistant gonorrhea spreading around the globe," David Harvey, executive director of the National Coalition of STD Directors, <u>told CNN</u>.
 - In early 2018, a heterosexual man who reported one regular female sexual partner in the U.K., and one in Southeast Asia about a month before symptom onset — was reported with the world's first confirmed case of gonorrhea that is resistant to both azithromycin and ceftriaxone. He was treated with spectinomycin and subsequently with an intravenous course of ertapenem according to the National Institutes of Health.
 - Two other cases of multi-drug resistant gonorrhea was reported by the Australian Government Dept of Health in April 2018. One case from Western Australia and a second from Queensland

European Centre for Disease Prevention and Control. Extensively drug-resistant (XDR) *Neisseria* gonorrhoeae in the United Kingdom and Australia – 7 May 2018. Stockholm: ECDC; 2018



Timeline representing the introduction of treatments used against gonorrhea (right) and the first reports of resistance (left)



Suay-Garcia B: Antibiotics 2018, 7, 49



Oral cephalosporin treatment failures reported worldwide
 Japan, Hong Kong, England, Austria, Norway, France, South Africa, Canada
 Ceftriaxone treatment failures in pharyngeal gonorrhea and a few isolates with high-level ceftriaxone resistance reported





Single dose treatment guidelines for gonorrhea worldwide

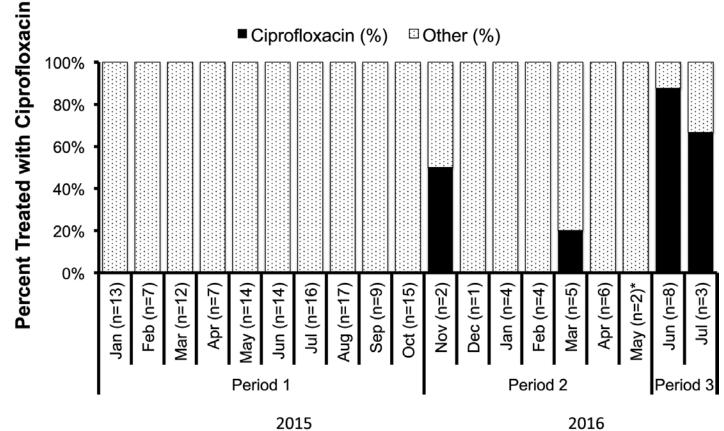
WHO * [11]	Australasia [12]	Canada [13]	USA [14]	UK [15]	EU [16]	New Zealand [17]
Ceftriaxone 250 mg IM +						
Azithromycin 1 g PO Or **	Cetriaxone 500 mg IM +	Ceftriaxone 250 mg IM +	Ceftriaxone 250 mg IM +	Ceftriaxone 500 mg IM +	Ceftriaxone 500 mg IM +	Ceftriaxone 250 mg IM +
Cefixime 400 mg PO + Azithromycin 1 g PO	Azithromycin 1 g PO	Azithromycin 1 g PO	Azithromycin 1 g PO	Azithromycin 1 g PO	Azithromycin 1 g PO	Azithromycin 1 g PO
Ceftriaxone 500 mg IM + Azithromycin 2 g PO Or **				Cefixime 400 mg PO		
Cefixime 800 mg PO + Azithromycin 2 g PO Or **		Cefixime 800 mg PO + Azithromycin 1 g PO Or **	Cefixime 400 mg PO	Azithromycin 1 g PO Or ** Spectinomycin 2 g IM	Cefixime 400 mg PO + Azithromycin 2 g PO Or **	Spectinomycin 2 g IM + Azithromycin 1 g PO Or **
Gentamicin 240 mg IM + Azithromycin 2 g PO Or **		Spectinomycin 2 g IM + Azithromycin 1 g PO	Azithromycin 1 g PO	Azithromycin 1 g PO Or ** Cefotaxime 500 mg IM	Spectinomycin 2 g IM + Azithromycin 2 g PO	Gentamicin 240 mg IM + Azithromycin 2 g PO
Spectinomycin 2 g IM + Azithromycin 2 g PO				Azithromycin 1 g PO		

* WHO (World Health Organization); IM (Intramuscular); PO (Per os-oral) ** An "or" between combinations means that any of those combinations may be prescribed.

Suay-Garcia B: Antibiotics 2018, 7, 49



Use of Ciprofloxacin Increased in Non-Empirically Treated gyrA Wild-Type N. Gonorrhoea cases



Klausner J et. al; Implementation of a Rapid Genotypic Assay to Promote Targeted Ciprofloxacin Therapy of *Neisseria gonorrhoeae* in a Large Health System, *Clinical Infectious Diseases*, Volume 64, Issue 9, 1 May 2017, Pages 1268–1270, <u>https://doi.org/10.1093/cid/ciw864</u>



World Health

Organization

GLOBAL PRIORITY LIST OF ANTIBIOTIC-RESISTANT BACTERIA

INTY OF LOS ANGELES

iblic Health

TO GUIDE RESEARCH, DISCOVERY, AND DEVELOPMENT OF

NEW ANTIBIOTICS

Priority 1: CRITICAL[#]

Acinetobacter baumannii, carbapenem-resistant

Pseudomonas aeruginosa, carbapenem-resistant

Enterobacteriaceae*, carbapenem-resistant, 3rd generation cephalosporin-resistant

Priority 2: HIGH

Enterococcus faecium, vancomycin-resistant

Staphylococcus aureus, methicillin-resistant, vancomycin intermediate and resistant

Helicobacter pylori, clarithromycin-resistant

Campylobacter, fluoroquinolone-resistant

Salmonella spp., fluoroquinolone-resistant

Neisseria gonorrhoeae, 3rd generation cephalosporin-resistant, fluoroquinolone-resistant

Priority 3: MEDIUM

Streptococcus pneumoniae, penicillin-non-susceptible

Haemophilus influenzae, ampicillin-resistant

Shigella spp., fluoroquinolone-resistant

Publication date: February 27, 2017

Antibiotics in the Pipeline



- Solithromycin: novel oral fluoroketolide
- Phase 2 trial (1200 mg and 1000 mg) GC treatment
 - 100% cured (neg culture) with either dose
 - GI side effects common and dose-related
- Two phase 3 trials demonstrate non-inferiority to moxifloxacin for CAP
- Submitted for fast-track FDA approval for CAP

• Drugs in Development

- Zoliflodacin (ETX0914/AZD0914)
 - Topoisomerase II inhibitor (spiropyrimidinetrione)
 - Activity against NG isolates with ciprofloxacin resistance and reduced susceptibility to extended-spectrum cephalosporins



Emerging infections: *Neisseria meningitides* as an STD

- Japanese patient, 2013: Urethritis in MSM with HIV
- Ohio and Michigan, 2015: urethritis in MSW, no capsule, serogroup C
- Associated with urethritis, cervicitis, proctitis, and PID
- Treat as for GC:

Ceftriaxone 250mg IM once AND Azithromycin 1g PO once

> Hayakawa, K et al EID 2014. Bazan, JA et al MMWR 2015.



Effectiveness of a group B outer membrane vesicle meningococcal vaccine against gonorrhea in New Zealand: a retrospective case-control study

 Exposure to MeNZB was associated with reduced rates of gonorrhea diagnosis, the first time a vaccine has shown any protection against gonorrhea. These results provide a proof of principle that can inform prospective vaccine development not only for gonorrhea but also for meningococcal vaccines.

Suspected GC Treatment Failure



TEST WITH CULTURE AND NAAT:

• If GC culture <u>not</u> available, call your local health department

REPEAT TREATMENT:

- Gemifloxacin 320 mg + AZ 2g OR Gentamicin 240 mg IM + AZ 2g
- If reinfection suspected, repeat treatment with CTX 250 + AZ 1g

REPORT:

• To your local health department within 24 hours

TEST AND TREAT PARTNERS:

• Treat all partners in last 60 days with same regimen

TEST OF CURE (TOC):

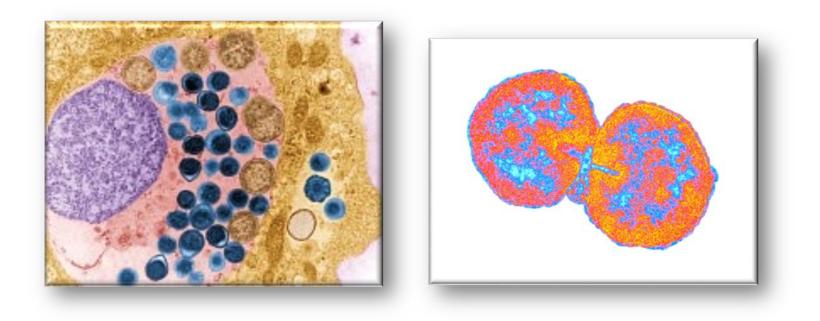
• TOC 7-14 days with culture (preferred) and NAAT

Expert consultation available at www.stdccn.org



Neisseria gonorrhoeae on Thayer Martin Agar





Partner Treatment

CT/GC Partner Management Option



All sexual contacts in past 60 days need treatment

Health department referral

Provider or clinic-based referral

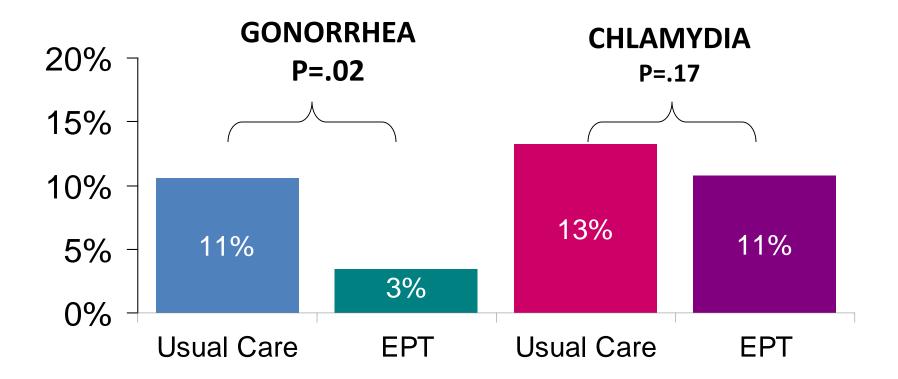
Expedited partner treatment (EPT)

Patient referral

- Suggest patient bring partner to clinic for concurrent treatment ("BYOP" or "CTOP")
- Ask patient to notify partner and ensure treatment
- Suggest anonymous notification via Internet



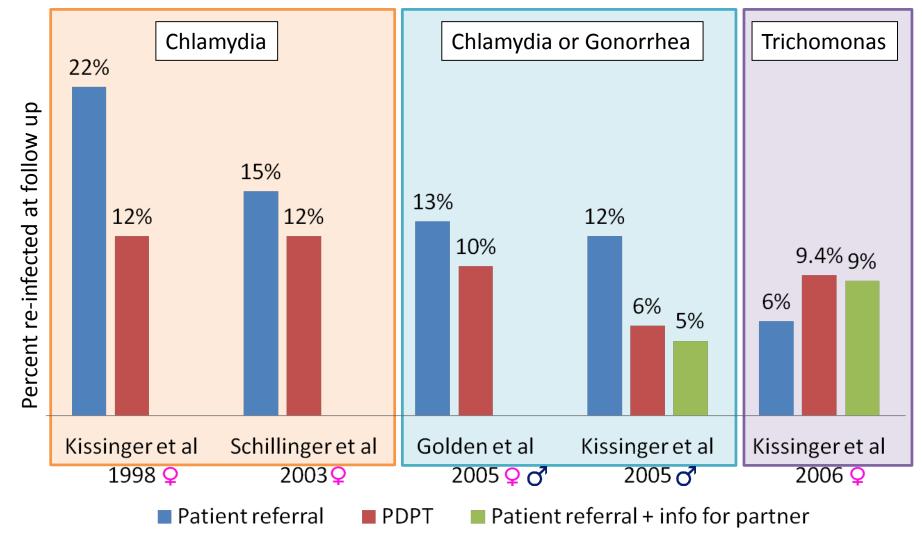
Partner Treatment on Re-Infection Rates



Golden M, et al. N Engl J Med 2005 Feb 17;352(7):676-85.

PDPT Effectiveness in Randomized Control County of Los Angeles

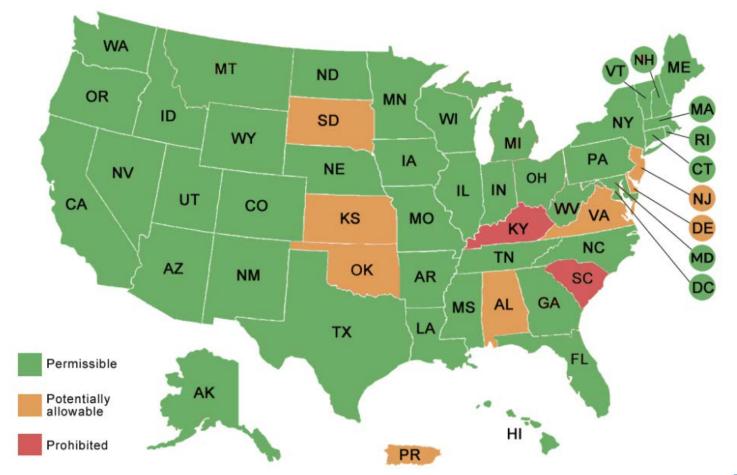
Reduces reinfection with chlamydia & gonorrhea, but not trichomonas



Source: Trelle S, et al. Improved effectiveness of partner notification for patients with sexually transmitted infections: systematic review. BMJ. 2007;334:354.



Legal Status in U.S.



Centers for Disease Control and Prevention. Legal Status of Expedited Partner Therapy. July 2017. <u>http://www.cdc.gov/std/ept/legal/default.htm</u>









Patient-Delivered Partner Therapy (PDPT) for Chlamydia, Gonorrhea, and Trichomoniasis: Guidance for Medical Providers in California

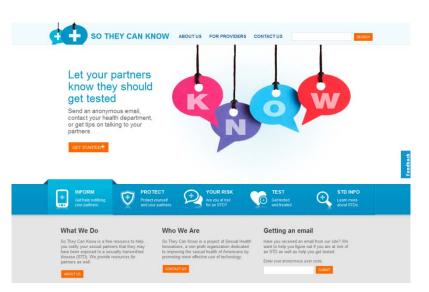
WWW.Std.Ca.gov: <u>https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Clinical-Guidelines-CA-STD-PDPT.pdf</u>

Online Anonymous Partner Referral

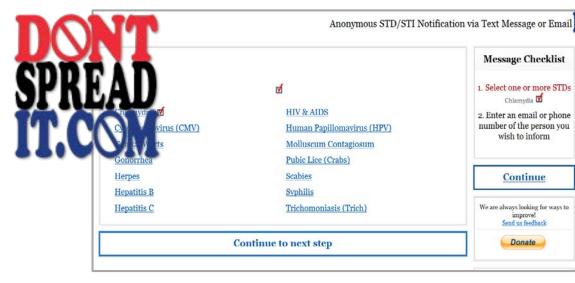


COUNTY OF LOS ANGELES Public Health



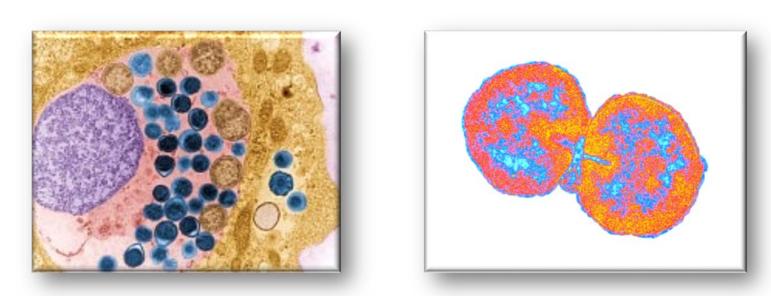


sotheycanknow.org







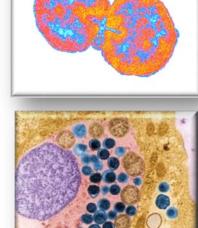


CT/GC Retesting for Repeat Infection

CT/GC Retesting for Repeat Infection

How soon can I retest for CT/GC?

- Need to wait at least **3 weeks** for CT to clear
- GC can clear by 1-2 weeks (2 weeks for pharyngeal infection)
- 3 months is the target, but retest opportunistically whenever patient returns in the next 1-12 months
- Pregnant patients, 14 days after tx, using NAAT
- Obtain test of cure 14 days after tx, using either culture or NAAT
 - Patients with pharyngeal GC treated with an alternative tx
 - Cases of suspected tx failure (culture AND simultaneous NAAT)
 - Consider if using non-recommended or monotherapy





Reinfection is Dangerous

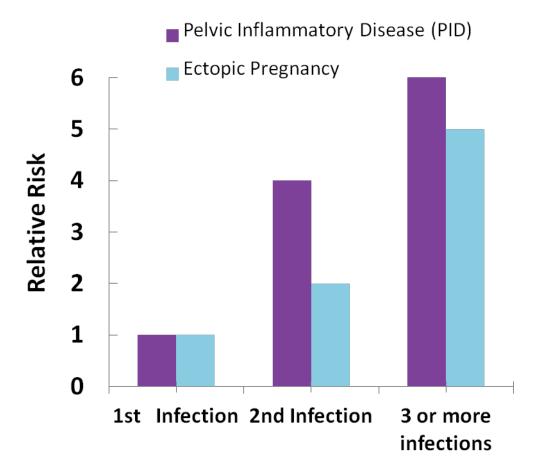


2nd infection:

- •4x risk of PID
- •2x risk of ectopic pregnancy

3+ infections:

6x risk of PID5x risk of ectopic pregnancy



Prepared by: CDPH STD Control Branch Hillis SD, et al. (1997). Am J Obstet Gynecol 176: 103-7

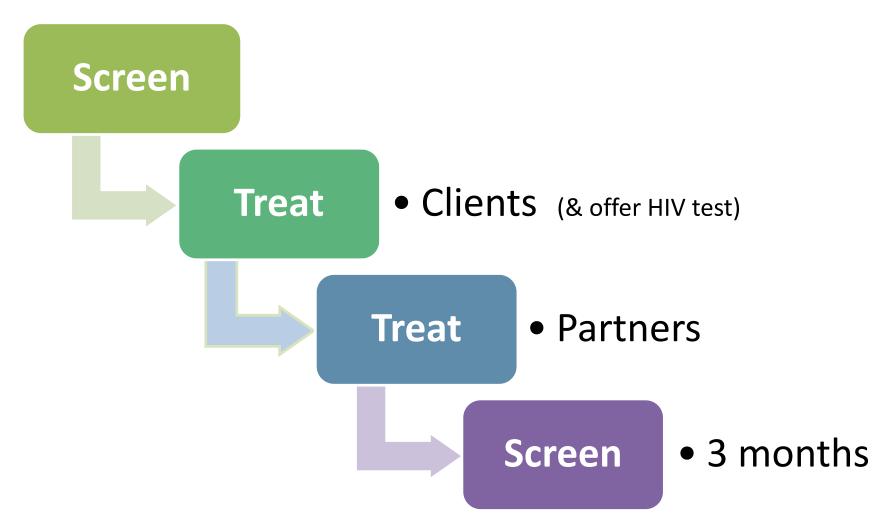


- Women who test positive for CT/GC, or trichomonas should be rescreened three months following treatment
- Men who test positive for chlamydia or gonorrhea should be rescreened at three months after adequate therapy
- All patients with a bacterial STDs or trichomonas should be tested for other STDs including CT/GC, syphilis, and HIV

CDC 2015 STD Treatment Guidelines <u>www.cdc.gov/std/treatment</u>



CT/GC Management in a Nutshell...





Screening Guidelines

Gonorrhea	
Women	 Sexually active women under 25 years of age¹ Sexually active women age 25 years and older if at increased risk⁹ Retest 3 months after treatment¹⁰
Pregnant Women	 All pregnant women under 25 years of age and older women if at increased risk¹¹ Retest 3 months after treatment¹⁰
Men Who have Sex With Men (MSM)	 At least annually for sexually active MSM at sites of contact (urethra, rectum, pharynx) regardless of condom use¹⁰ Every 3 to 6 months if at increased risk⁷
Persons with HIV	 For sexually active individuals, screen at first HIV evaluation, and at least annually thereafter¹⁰ More frequent screening for might be appropriate depending on individual risk behaviors and the local epidemiology¹⁰



Chlamydia	
Women	 Sexually active women under 25 years of age¹ Sexually active women aged 25 years and older if at increased risk² Retest approximately 3 months after treatment³
Pregnant Women	 All pregnant women under 25 years of age¹ Pregnant women, aged 25 and older if at increased risk² Retest during the 3rd trimester for women under 25 years of age or at risk^{3,4} Pregnant women with chlamydial infection should have a test-of-cure 3-4 weeks after treatment and be retested within 3 months¹
Men	 *Consider screening young men in high prevalence clinical settings⁵ or in populations with high burden of infection (e.g. MSM)⁶
Men Who have Sex With Men (MSM)	 At least annually for sexually active MSM at sites of contact (urethra, rectum) regardless of condom use⁶ Every 3 to 6 months if at increased risk⁷
Persons with HIV	 For sexually active individuals, screen at first HIV evaluation, and at least annually thereafter⁸ More frequent screening for might be appropriate depending on individual risk behaviors and the local epidemiology⁸

** USPSTF recommends screening in adults and adolescents ages 15-65

Take home points

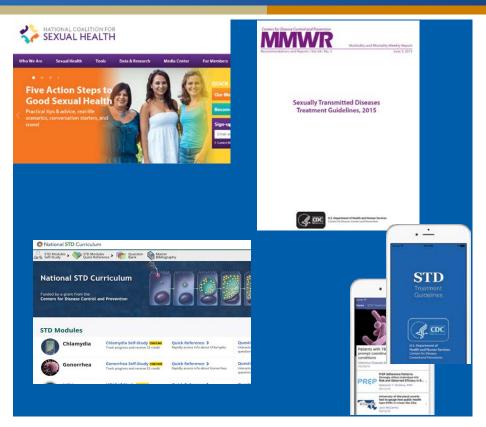


- Upward trends:
 - CT: more than 1.7 million cases diagnosed in 2017, with 45 percent among 15- to 24-year-old females
 - GC: 333,004 cases reported in 2017: ~67% increase from 2013
- STI testing at extragenital sites is key—self collected swabs can help improve screening rates
- *N. gonorrheae* azithromycin resistance increasing-dual treatment indicated, a few new treatment options in the pipeline
- Expedited partner treatment helpful at reducing reinfections with CT/GC
- Remember to retest at 3 months after treatment (anytime after 3 weeks also ok)
- Cases of suspected resistance or treatment failure should be reported to public health and specimens sent for culture.
- *N. meningitidis* can cause urethritis that tests negative for GC on NAAT.
- Contact your local public health department for clinical consultation or go to stdccn.org

Emerging STI issues: N. meningitides, M. genitalium; LGV, trichomonas, Zika

STD Resources





Webinar presented by Dr. Julie Stoltey, STD Control Branch at the California Department of Public Health Available at <u>http://bit.ly/2hYhuME</u> **National Coalition for Sexual Health:** https://nationalcoalitionforsexualhealth.org/

CDC: cdc.gov/std/

STD Treatment Guidelines:

www.cdc.gov/std/tg2015 /default.htm (*Free* app available for download)



Webinar: Update on Syphilis in Women and Congenital Syphilis

Available On Demand – 1 CME credit

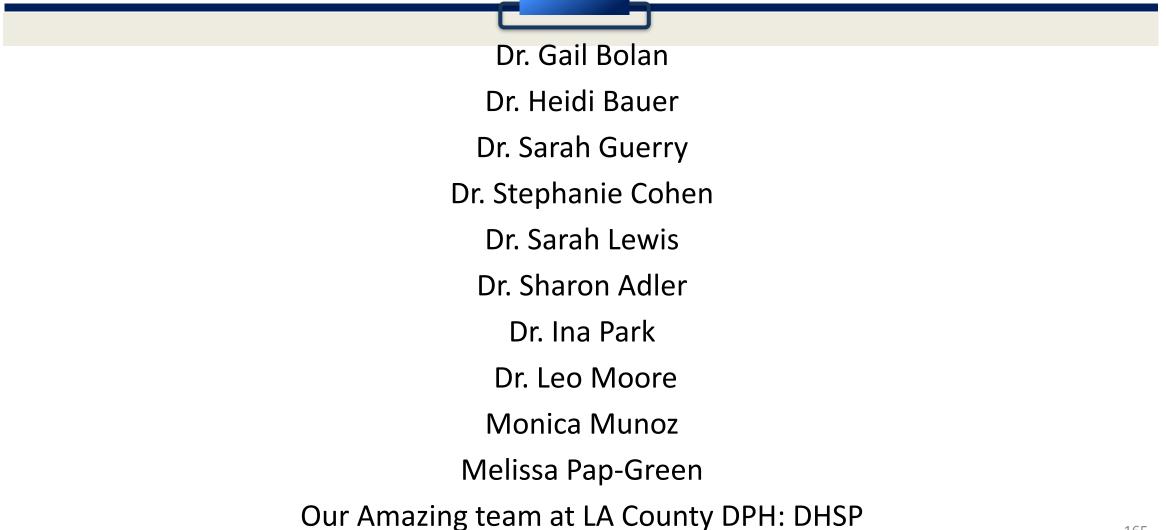
Learn how you can prevent syphilis and congenital syphilis





JC DPLI







Questions?



Downtown Los Angeles with San Gabriel Mountains in the background

By Todd Jones - Flickr, CC BY 2.0, https://commons.wikimedia.org/w/index.php?curid=25960842